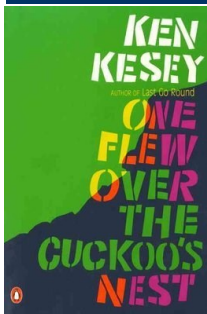
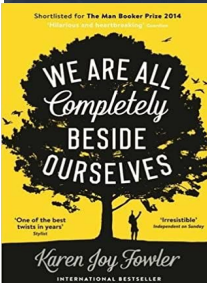


FICTION:

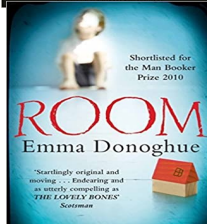


One flew over the Cuckoo's nest by Ken Kesey.

A modern classic. Set in an Oregon Psychiatric hospital the book explores issues such as institutionalization, labelling, behaviorism, Electroconvulsive therapy and drug treatments. –Also a great film

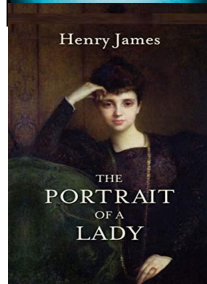


We are all completely beside ourselves by Karen Joy Fowler. This book was inspired by a real-life experiment in the 1930s, in which two scientists, a husband-and-wife team, tried to raise a baby chimpanzee in their home as if she were human, along with their own child.



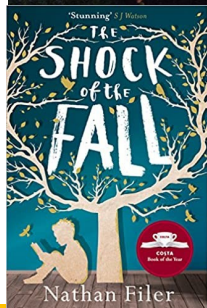
Room by Emma Donoghue

Room tells the story of a young boy and the life he lives inside a small room. He only uses language that he understands and describes things and moments in simple words because of his age.



The Portrait of a Lady by Henry James.

The book delves into the psychology of personality as well as social psychology. It focuses on Isabel, a young woman who is unsure about her future. When she inherits a fortune, she discovers that people aren't always what they seem.



The shock of the Fall by Nathan Filer
An extraordinary portrait of one man's journey through the spinning vortex that is mental illness

WEBSITES:

<https://www.tutor2u.net/psychology>
<https://digest.bps.org.uk/>
<https://www.youtube.com/channel/UCqqlPOTshm8EM8CCWkCy9Pg>
<https://www.physicsandmathstutor.com/psychology-revision/>
<https://www.open.edu/openlearn/health-sports-psychology/psychology/starting-psychology/content-section-0?active-tab=description-tab>
<https://www.psychologytoday.com/gb?scrllybrkr=bc23fddb>
<https://psychcentral.com/?scrllybrkr=c5fcb36b>
<https://mindhacks.com/>

PODCASTS:

Mind changers– BBC Radio4—insights into key areas of Psychology such as attachment

<https://www.bbc.co.uk/programmes/b008cy1j>

The Psychology Podcast—discussions on modern issues in psychology

<https://scottbarrykaufman.com/podcast/>

Hidden brain— a focus on the science behind psychology

<https://www.npr.org/podcasts/510308/hidden-brain?t=1589459931471>

The Psych files— discussions about psychology and its applications e.g. gaming, creativity

<https://thepsychfiles.com/>

INSPIRATION:

“The shoe that fits one person, pinches another; therefore there is no recipe for living that suits all cases” -Carl Jung

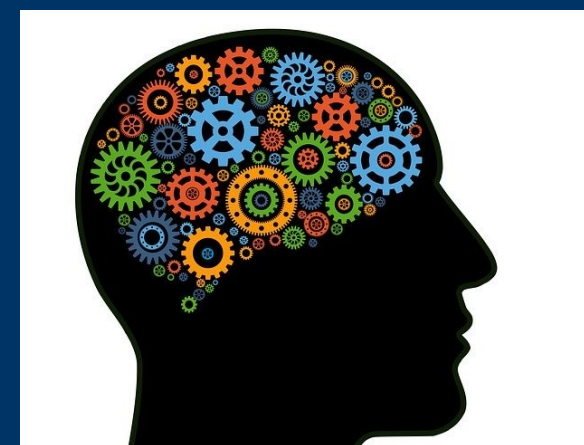
“When I look at the world, I am pessimistic, when I look at people I am optimistic”
Carl Rogers



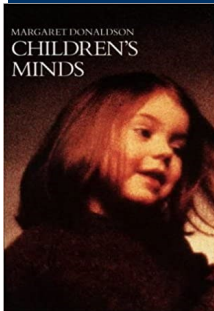
Ilkley Grammar School
A Moorlands Learning Trust Academy

AQA Psychology

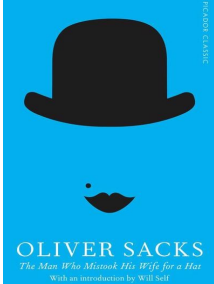
POST 16
SUBJECT ENHANCEMENT



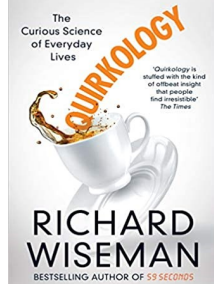
NON-FICTION



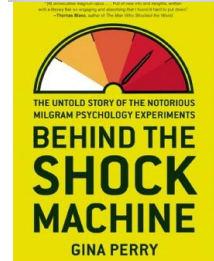
Children's Minds by Margaret Donaldson
Donaldson revisits early theories of child development, notably those of Jean Piaget, to expose flaws in the accepted wisdom on child psychology and to suggest a range of new strategies to help **children** combat difficulties.



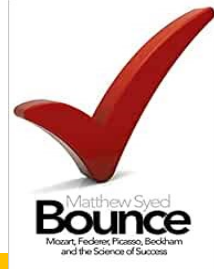
The Man who mistook his wife for a Hat, by Oliver Sacks. Sacks describes the cases of his patients presenting with a fascinating range of neurological problems give a unique insight into how the brain works.



Quirkology by Richard Wiseman
A book full of weird and wonderful psychology experiments helping understand the quirks of human nature.

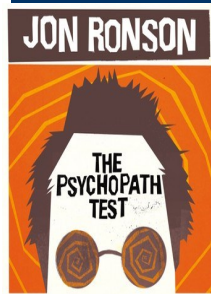


Behind the Shock Machine by Gina Perry – Written by a researcher who has spent her career studying the tapes from Milgram's original research, this book tells the real story of Milgram's infamous and 'shocking' obedience research.



Bounce by Matthew Syed – The myth of talent and the power of practice. Great if you're interested in studying sports psychology in the future or interested in the psychology of success in sport

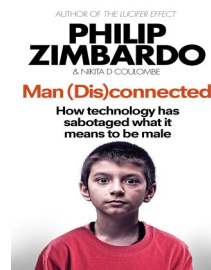
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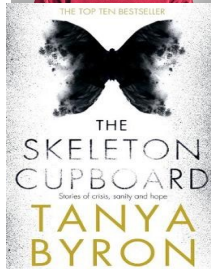
The Psychopath Test by Jon Ronson
Ronson reports on what makes a psychopath and how a diagnosis is made. It focuses on the problems in mental health diagnosis and whether it can be trusted.



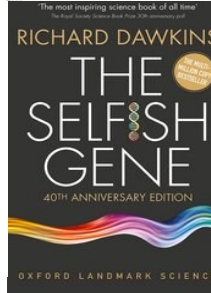
Bad Pharma by Ben Goldacre – A book about how pharmaceutical companies employ sneaky techniques to make their drugs look better than they are.



Man (Dis)connected by Philip Zimbardo – This book is about the reasons why Zimbardo believes men are failing in modern society.



The Skeleton Cupboard by Tanya Byron
Want to be a clinical Psychologist? A collection of short stories from the early career of a clinical psychologist.



The Selfish Gene by Richard Dawkins
A book explaining how our genes shape our brains, make us behave the way we do, and the principles of evolutionary psychology.

SCHOOL INFORMATION

Exam Board: AQA

Subject Leader: Jenny Ibbertson

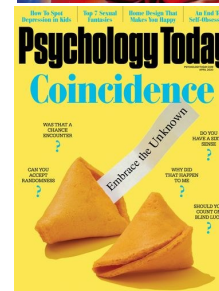
Minimum grade required: Grade 5 in English lang or English Lit
Grade 5 in Maths
Grade 5s in Science

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