CURRICULUM: Years 7-11 2019/20

DOUBLE LESSONS

YII - 3 Options for 3 sessions then rotate. Rounders tournaments at end of year.

Y7-9 - Activities change each term:

		Y7	Y8	Y9	YI0
	Autumn	HOCKEY	HOCKEY	HOCKEY/	HOCKEY/
LS				FOOTBALL	FOOTBALL
GIRL	Spring	GYM	GYM	GYM	GYM
U	Summer	ATHLETICS	ATHLETICS	ATH+ROUND	ROUND
S	Autumn	RUGBY	RUGBY	RUGBY	RUGBY
BOYS	Spring	FOOTBALL	FOOTBALL	FOOTBALL	FOOTBALL
BC	Summer	ATHLETICS	ATHLETICS	ATH+ROUND	SOFTBALL

Autumn Term - 6 sessions (then I session Xmas Dancing, starting Mon 9 Dec)

Spring Term - **6 sessions** until end of term.

Summer Term - 4 sessions, then end of term Rounders for the final session

DOUBLE/SINGLE LESSONS

YII - Activities change **each term**.

Y7-10 - 6 Activity Blocks of 6 weeks (not necessarily in same order for each group)

		Y7	Y8	Y9	YI0
	I	NETBALL	XC/FITNESS	NETBALL	FITNESS
S	2	SWIM	NETBALL	VOLLEYBALL	BAD/VOLL
	3	XC/FITNESS	SWIM	FITNESS	BASKETBALL
ত	4	ROUNDERS	TENNIS	SWIM/TENNIS	FIT/SQUASH
	5	TENNIS	ROUNDERS	BBALL/HAND	NETBALL
	6	FOOTBALL	FOOTBALL	FOOTBALL	XC/ORIENT
	ı	GYM	XC/FITNESS	VOLLEYBALL	BADMINTON
S	2	BASKETBALL	GYM	BASKETBALL	FUTSAL
O	3	XC/FITNESS	BASKETBALL	FITNESS	W/ATERPOLO
B	4	CRICKET	SWIM	BAD/TENNIS	XC/ORIENT
	5	SWIM	CRICKET	WATERPOLO	ROUND/CRIK/TEN
	6	HOCKEY	HOCKEY	HANDBALL	ROUND/CRIK/TEN

Activity Block I (6 wks) - Mon 9 Sept Activity Block 2 (6 wks) - Mon 22 Oct Activity Block 3 (6 wks) - Mon 9 Dec Activity Block 4 (6 wks) - Mon 3 Feb Activity Block 5 (6 wks) - Mon 23 Mar Activity Block 6 (6 wks) - Mon I June

Sports Hall II May - 29 June

Fri 20 March Fri 22 May Fri 10 July

Fri 18 Oct

Fri 6 Dec

Fri 31 Jan





PE KIT 2019/20

Boys Kit: Girls Kit: Black Kit: Girls Kit: Black rugby shorts White polo shirt with applicable 'Learning Reversible rugby shirt - black/red with school badge Community' coloured trim I Band - yellow, G Band - red and S Band - blue and school badge Black football socks Black skort with school badge Football boots (plastic studs) Black hockey socks (hockey only) **Trainers** White sports socks Grey hoodie with school badge, available from **Trainers** designated suppliers - no other brand is acceptable Astro boots (optional) Grey hoodie with school badge, available from our In addition, the following protective equipment is strongly recommended: shin-pads and a gum-shield designated suppliers - no other brand is acceptable (rugby only) (optional) Optional: Plain black tracksuit bottoms/jogging pants. Optional: Plain black tracksuit bottoms/jogging pants or IGS (At teacher's discretion usually for outdoor lessons.) leggings. (At teacher's discretion for outdoor lessons, please bring skorts as well.) White Kit: Swimming; White polo shirt with applicable 'Learning Community' coloured trim I Band - yellow, G Band - red and S Swimsuit (one-piece) / towel / goggles Band - blue and school badge White shorts Bring PE kit as well in case the pool is out of action White sports socks Grey hoodie with school badge, available from designated suppliers - no other brand is acceptable (optional) **Swimming:** Swimming trunks/towel/goggles Please bring white kit as well in case the pool is out of action **Boys Curriculum** Girls Curriculum **Black Kit** All kit required is the same for all sports with the addition of hockey socks for hockey. Rugby Football White Kit **Basketball** Cross Country (X/C) Cricket **Athletics** Hockey



Gym Fitness (Fit)



Year 7

Double Lesson	_	C	Gender	Autumn	Term		Spring Term	Sumn	ner Term		
71 Thurs B			Girls		HOCKEY		GYM		ATHLETICS		
7G Mon B3 7S Wed A				Girls kit+Ho			Girls Kit		Girls Kit		
75 Wed A	374		Boys	RUG Black		FOOTBALL Black Kit			ILETICS hite Kit		
			1	Diack							
<u>Double</u>	/Single	<u>e</u>	9 Sept -18	21Oct-6	9 Dec -	31	3 Feb - 20	23 Mar –	1 June – 10		
			Oct	Dec	Jan		Mar	22 May	July		
7IA	Gir	rls	Netball	Swim	X/C		Foot	Tennis	Rounders		
Mon A4	KI	+	Courts	Pool	Moor		3G	Courts	Field		
Thurs	Во	ys	Gym	Basket	X/C		Hock	Cricket	Swim		
A3+4	ACF/	RCB	Gym	SpH	Moor		Astro	Astro	Pool		
			A	<u> </u>	3715		· · ·		 -		
71B	Gir		Netball	Foot	X/C		Swim	Rounders	Tennis		
Mon A4 Thurs	FE/		Courts	3G Hock	Moor X/C		Pool	Field	Crists		
A3+4	Bo y SF		Basket		Moor		Gym	Swim	Cricket		
73.4	31		SpH	Astro	11001		Gym	Pool	Astro		
7IC	Gir	·ls	Net	Foot	Swin	1	X/C	Rounders	Tennis		
Mon A4	JΗ		Courts	3G	Pool		Moor	Field	Courts		
Thurs	Boy	ys	Swim	Basket	Hocke	e y	X/C	Gym	Cricket		
A3+4	SP/J	G	Pool	SH	Astro)	Astro	Gym	Astro		
						-					
7GA	Girls	5	Netball	Swim	X/C		Foot	Tennis	Rounders		
Thurs B4 Thurs	LV		Courts	Pool	Moor		3G	Courts	Field		
A3+4	Boys		Gym	Basket SpH	X/C Moor		Hock Astro	Cricket Astro	Swim Pool		
A3.4	TIVVC	•	Gym	эрп	11001		Astro	Astro	F 001		
7GB	Gir	·ls	Netball	Foot	X/C		Swim	Rounders	Tennis		
Thurs B3	FEA		Courts	3G	Moor	•	Pool	Field	Courts		
Mon	Bo	ys	Basket	Hock	X/C		Gym	Swim	Cricket		
A1+2	RCB	/SP	SpH	Astro	Moor	•	Gym	Pool	Astro		
						1					
7SA	Girl		Netball	Swim	X/C		Foot	Tennis	Rounders		
Mon B4	AJK		Courts	Pool	Moor		3G	Courts	Field		
Tues BI+2	Boy		Gym	Basket	X/C		Hock	Cricket	Swim		
Bitz	RCB/J	G	Gym	SpH	Moor		Astro	Astro	Pool		
7SB	Gir	·ls	Netball	Foot	X/C		Swim	Rounders	Tennis		
Tues B2	 -		Courts	3G	Moor		Pool	Field	Courts		
Tues	Bo		Basket	Hock	X/C		Gym	Swim	Cricket		
B1+2	SF		SpH	Astro	Moor		Gym	Pool	Astro		
			•								
7SC	Boy		Swim	Basket	Hocke	•	X/C	Gym	Cricket		
Mon B4 TueBI+2	AC	F	Pool	SH	Astro)	Astro	Gym	Astro		
IUCDITZ			I	1							





_	Double Gender Autur Lessons		ımn Term	Spring Te	rm	n Summer Term		
8I Tues B3 8G Thurs B		Girls		OCKEY/ OTBALL	GYM		ATI	HLETICS
8S Mon B5		Boys		RUGBY	FOOTBALL		ATHLETICS	
Double/S	ouble/Single 9Sept- 18 Oct		21Oct- 6Dec	9 Dec – 31 Jan	3 Feb - 20 Mar		Mar –22 May	l June – 10 July
8IA	Girl	Net	Swim	Foot	ХС	Ro	unders	Tennis
Tues A4 Thurs	AJK	Courts	Pool	3G	Moor		Field	Courts
A1+2	Boy	XC	Gym	Hock	Basket	O	ricket	Swim
	ACF/J KG	Moors	Gym	Astro	SpH	,	Astro	Pool
8IB	Girls	Net	Foot	Swim	XC	Т	ennis	Rounders
Tues A4 Thurs	LV	Courts	3G	Pool	Moor	C	Courts	Field
A1+2	Boys	ХС	Hock	Gym	Basket	5	Swim	Cricket
	MWC	Moors	Astro	Gym	SpH		Pool	Astro
8IC	Girls	Swim	Foot	Net	ХС	Ro	ouders	Tennis
Tues A4 Thurs	JH	Pool	3G	Courts	Moor		Field	Courts
A1+2	Boys	XC	Basket	Hockey	Swim	(Gym	Cricket
	JG/AF	Moors	SH	Astro	Pool		Gym	Astro
8GA	Girl	Net	Swim	Foot	XC	Ro	unders	Tennis
Wed B2 Wed AI+2	JH	Courts	Pool	3G	Moor		Field	Courts
	Boy	ХС	Gym	Hock	Basket	Cı	ricket	Swim
	JG	Moors	Gym	Astro	SpH	A	Astro	Pool
8GB	Girls	Net	Foot	Swim	ХС	Т	ennis	Rounders
Wed B2 Wed AI+2	AK/KH	Courts	3G	Pool	Moor	C	Courts	Field
	Boys	XC	Hock	Gym	Basket	5	Swim	Cricket
	RCB/A F	Moors	Astro	Gym	SpH		Pool	Astro
8GC	Girls	Swim	Foot	Net	ХС	Ro	ouders	Tennis
Wed B2 Wed A I+2	AJK	Pool	3G	Courts	Moor		Field	Courts
	Boys	XC	Basket	Hockey	Swim		Gym	Cricket
	SP/MC	Moors	SH	Astro	Pool		Gym	Astro
STATURA					•	•		WER WEACHIE

Year 8





8SA	Girl	Net	Swim	Foot	XC	Rounders	Tennis
Thur A6 Tues	AJK	Courts	Pool	3G	Moor	Field	Courts
A1+2	Boy	XC	Gym	Hock	Basket	Cricket	Swim
	RCB	Moors	Gym	Astro	SpH	Astro	Pool

8SB Thurs A6	Girls	Net	Foot	Swim	XC	Tennis	Rounders
Tues Al+2	KH	Courts	3G	Pool	Moor	Courts	Field
	Boys	XC	Hock	Gym	Basket	Swim	Cricket
	SP/AC F	Moors	Astro	Gym	SpH	Pool	Astro





Year 9

				rear 7					
<u>Doub</u> Lesso		Gender	Aut	umn Term	Spring	Term	Su	mmer Term	
9I Wed B		Girls	-	HOCKEY	GYI	GYM		H + ROUNDERS	
9G Mon B	31+2	Boys		RUGBY	FOOTBALL			ATH + SOFTBALL	
9S Fri B	+2								
Double/S	<u>single</u>	9 Sept -18	Sept - 18 21Oct-6 9 Dec - 31 3 Feb - 20 23 Mar - 22		I June – 10 July				
		Oct	Dec	Jan	Mar	May	/		
014	Cirl	M. II.	F:4	Nickiali	Food	DD/III		T	
9IA Tues A5	Girls IH	Volley SpH	Fit Gym	Netball Courts	Foot SpH	BB/Ha Gym/BC		Tennis/Swim Courts/Pool	
Wed A5	Boys	Fitness	Basket	W Polo	Hand	Tennis/		Cricket	
	SP	Gym	SpH	Pool	Courts	Courts/		Gym/SpH	
<u> </u>			-					, ,	
91B	Girls	Volley	Fit	Netball	Foot	BB/Ha	ınd	Tennis/Swim	
Tues A5 Wed A5	KH	SpH	Gym	Courts	SpH	G/P		Courts/Pool	
	Boys	Basket	Hand	Fit	W polo	Tennis/	Bad	Cricket	
	JG	Courts	Courts	Gym	Pool	SpH		Gym/SpH	
9IC	Boys	Cricket	W Polo	Fit	Hand	Tennis/	Bad	Basket	
Tues A5	RCB	Courts	Pool	Gym	Courts	Courts/		Bcourt	
Wed A5				- /			- T		
9GA	Girls	Volley	Fitness	Netball	Foot	BB/Ha	nd	Ten/Swim	
Mon AI	AJK	SpH	Gym	Courts	SpH	Gym/co		Courts/Pool	
Wed B5		•	,		•	•			
	Boys	Fitness	ВВ	W Polo	Hand	Tennis/		Cricket	
	ACF	Gym	SpH	pool	Courts	Courts/S	SpH	Gym/SpH	
9GB Mon Al	Girls	Volley	Fit	Netball	Foot	BB/Ha	ınd	Ten/Swim	
Wed B5	KH	SpH	Gym	Courts	SpH	Gym/co	ourt	Courts/Pool	
	Boys	Fitness	WPolo	BB	Hand	Tennis/	Bad	Cricket	
	RCB	Gym	Pool	S _P H/G	Courts	SpH		Court/SpH	
			•						
9SA	Girls	Volley	Fitness	Netball	Foot	BB/H	and	Tennis/Swim	
Tues A3 Fri A1	JH	SpH	Gym	Courts	SpH	Gym/c	ourt	Courts/Pool	
IIIAI	Boys	Fitness	ВВ	W Polo	Hand	Tennis	/Bad	Cricket	
	MWC	Gym	SpH	pool	Courts	Courts	/S _P H	Gym/SpH	
9SB	Girls	Volley	Fitness	Netball	Foot	BB/H	and	Tennis/Swim	
Tues A3 Fri A1	FEA	SpH	Gym	Courts	SpH	Gym/c	ourt	Courts/Pool	
I II AI	Boys	Fitn	BB	W Polo	Hand	Ten/E		Cricket	
ATUR	ACF	Gym	SpH	pool	Courts	Courts	/SpH	Gym/SpH	





				Ye	ar I	0 2	K Half					
	Field lessons Autumn Tern				1 6				Summer Term			
Girls				CK/FOOT			GYM		ROUNDERS			
Boys		RUGB	Y/HO	Y/HOCKEY			FOOTBA	\LL	S	OFTBA	LL	
Double/Sir	_	Sept -18 Oct		Oct-6 Dec	9 De		3 Feb – 20 Mar	23 Mar –2	22 May	l Jur	ee – 10 July	
10XA	Girls	FIELD	FI	ELD	FIE	LD	FIELD	FIEL	D		FIELD	
	Boys	Bad	Fu	ıtsal	W	/P	X/C	Roun/Te	en/Cri	Rou	n/Ten/Cri	
	SP	SH	3	3G	Po	ol	Moors	Field/Co	u/Astr	Fiel	d/Cou/Ast	
10XB	Girls	FIELD	FII	ELD	FIEL	D	FIELD	FIEL	D	F	IELD	
	Boys	Futsal	V	//P	Ba	d	X/C	Roun/Te	n/Cri	Rou	n/Ten/Cri	
	RCB	3G		ool			Moors	Field/Cou			I/Cou/Ast	
	KCD	30		001	31		1 10013	Tield/Cod	//\Sti	i ieid	i/Cou/Ast	
I0XC	Girls	FIELD	FIE	LD	FIEL	D	FIELD	FIEL	D		FIELD	
	Boys	W/P	В	ad	nd Futsal		X/C	Roun/Te	en/Cri	Rou	n/Ten/Cri	
	ACF	Pool	S	Ы	3G		Moors	Field/Co	ı/Astr	Fiol	d/Cou/Ast	
	ACI	1 001	5		30		1 10013	Tield/Col	J//\3ti	1161	d/Cou/Ast	
Double/S	<u>Single</u>	9 Sept		_	ct-6 ec	9 1	Dec – 31 Jan	3 Feb - 20 Mar	23 Ma Ma		I June – 10 July	
I0XA	Girls	Netba	ıll	Fit	ness	В	Bad/Vol	Basket	Fit/S	guash	X/C	
	FEA	Courts/S	SpH	G	ym		SpH	Court		STC	Moor	
	Boys	FIELI	<u>'</u>		, ELD		FIELD	FIELD	FI	ELD	FIELD	
	- / -					<u> </u>					_	
I0XB	Girls	Netba	II	Bad	/Vol	ı	Basket	Fitness	Fit/S	Squash	X/C	
	AJK	Courts/S	рΗ	SF	Н		Court	Gym	IL	STC	Moor	
	Boys	FIELD		FIE	LD		FIELD	FIELD	FI	ELD	FIELD	
					<u></u>							
10XC	Girls	Netba	II	Bas	sket	F	itness	Bad/Vol	Fit/S	quash	X/C	
	KH	Court/Sp	Н	Со	ourt		Gym	SpH	ILS	TC	Moor	
	Boys	FIELD)	FIE	LD	ı	FIELD	FIELD	FIE	LD	FIELD	





				Υe	ear I	0	Y Half					
Field les	sons	Autu	ımn T	erm			Spring Te	rm	Summer Term			
Girls	5	НОС	HOCK/FOOT				GYM			RO	UNDE	RS
Boys	5	RUGBY/HOCKEY					FOOTBA	LL		SC	FTBA	LL
Double/Si	Double/Single 9		210	Oct-6	9 De	ec –	3 Feb –	23 Mar	-22 A	Nay	l Jun	e – 10 July
	_	Oct)ec	31	lan	20 Mar			,		
I0YA	Girls	FIELD	FII	ELD	FIE	LD	FIELD	FI	ELD			FIELD
	Boys	Bad		itsal	W		X/C		Ten/C			n/Ten/Cri
	RCB	SH	3	3G	Ро	ol	Moors	Field/0	Cou/As	str	Fiel	d/Cou/Ast
I0YB	Girls	FIELD	FIE	ELD	FIEI	D	FIELD	FII	ELD		F	IELD
	Boys	Futsal	V	//P	Ва	d	X/C	Roun/	Ten/C	ri	Roui	n/Ten/Cri
	MWC	3G	Po	ool	SH		Moors	Field/C	Cou/Ast	tr	Field	I/Cou/Ast
							l .			I I.		
10YC	Girls	FIELD	FIE	LD FIELD		D	FIELD	FI	ELD			FIELD
	Boys	W/P	Ва	ad	Futsal		X/C	Roun/	Ten/C	Cri	Rou	n/Ten/Cri
	SP	Pool	SI	Н	3G		Moors	Field/Cou/Astr		tr	Fiel	d/Cou/Ast
	01	1 001	0.		30		1 10013	T TOTAL	JOU/7 (3	CI	1101	ar 00arr 150
Double/S	Single	9 Sept -	-18	210	ct-6	9 1	Dec – 31	3 Feb – 2	0 2	23 Mar	-22	1 June – 10
		Oct		D	ec		Jan	Mar		Ma	у	July
IOYA	Girls	Netba	all	Fit	ness	В	Bad/Vol	Baske	t	Fit/Sc	quash	X/C
10171	KH	Courts/S			ym		SpH	Court		ILS	•	Moor
	Boys	FIELI	1		ELD		FIELD	FIELD		FIE		FIELD
	Boys	IILL			LLD	<u>'</u>	ITLLD	111111		1112	LD	TILLD
I0YB	Girls	Netba	II	Bad	l/Vol	ı	Basket	Fitnes	SS	Fit/S	quash	X/C
	JH	Courts/S	рΗ	Sp	ьН		Court	Gym		ILS	TC	Moor
	Boys	FIELD)	FIE	ELD		FIELD	FIELD		FIE	LD	FIELD
10YC	Girls	Netba	II	Bas	sket	F	itness	Bad/Vol		Fit/Sq	uash	X/C
	FEA	Court/Sp	Н	Сс	urt		Gym	SpH		ILST	ГС	Moor
	Boys	FIELD)	FIE	LD		FIELD	FIELD		FIE	D	FIELD





Year II

Double Lessons

(Students select a maximum of 3 options)

CLIP AND CLIMB
TEN PIN BOWLING
ILTSC – SQUASH + GYM
ILTSC – Body Pump Spin
FITNESS at Nuffield Health
FOOTBALL
'SCHOOL' ACTIVITIES' x 2

Single Lessons

	<u>AUTUMN TERM</u>	Sta	<u>aff</u>	<u>SPRING TERM</u>	<u>St</u>	<u>aff</u>
GIRLS	BADMINTON SpH FOOTBALL G/P BASKETBALL G/P	KH FEA	Y JH AJK KH	FITNESS G/P WATER POLO G/P X-COUNTRY SpH	X KH FEA JH	Y JH AJK KH
B O Y S	FITNESS G/P WATERPOLO G/P X-COUNTRY SpH		ACF MWC RCB	BADMINTON SpH FOOTBALL G/P BASKETBALL G/P	MWC SP ACF	MWC RCB ACF





YII Staffing and Dates

IIX	Double Lessons	IIY
Fri Week A		Fri Week B
SP, MWC, ACF KH, JH, FEA		SP, RCB, ACF AJK, JH, KH
MWC	ILTSC - SQUASH + GYM	RCB
JH	TEN PIN BOWLING	JH
FEA	FITNESS AT NUFFIELD HEALTH	AJK
SP	FOOTBALL	ACF
KH/ACF	SCHOOL ACTIVITIES x2	KH/MWC

6 Sept	(X)Free	13 Sept	A(Y)
20 Sept	A (X)	27 Sept	A (Y)
4 Oct	A (X)	II Oct	A (Y)
18 Oct	A (X)	25 Oct	Train D
8 Nov	B (Y)	15 Nov	B (X)
22 Nov	B (Y)	29 Nov	B (X)
6 Dec	B (Y)	13 Dec	B (X)
10 Jan	(Mock exams)	17 Jan	(Mock Exams)
24 Jan	C (X)	31 Jan	C (Y)
7 Feb	C (X)	14 Feb	C (Y)
28 Feb	C (X)	6 Mar	C (Y)
13 Mar	(X) Free	20 Mar	C (Y) Free
27 Mar	(X) Free	3 April	C (Y) Free

24 April (X) and I May (Y) - Inter Tutor Group Rounders - (8 May - YII Leave)



