

What is Personal Development?



*Then took the other, as just as fair,
And having perhaps the better claim,
Because it was grassy and wanted wear;
Though as for that the passing there
Had worn them really about the same,*

*I shall be telling this with a sigh
Somewhere ages and ages hence:
Two roads diverged in a wood, and I—
I took the one less travelled by,
And that has made all the difference.*

The Road Not Taken, Robert Frost

What is Personal Development?



“To know thyself is the beginning of wisdom.” Aristotle

"The limits of my language mean the limits of my world."

Ludwig Wittgenstein

"A sign of a good leader is not how many followers you have but how many leaders you create." **Mahatma Gandhi**

"The world is a book and those who do not travel read only one page." **Saint Augustine**

Personal Development is the combination of experiences in lessons and beyond which lead to the development of qualities such as...

Curiosity

Confidence

Resilience

insight

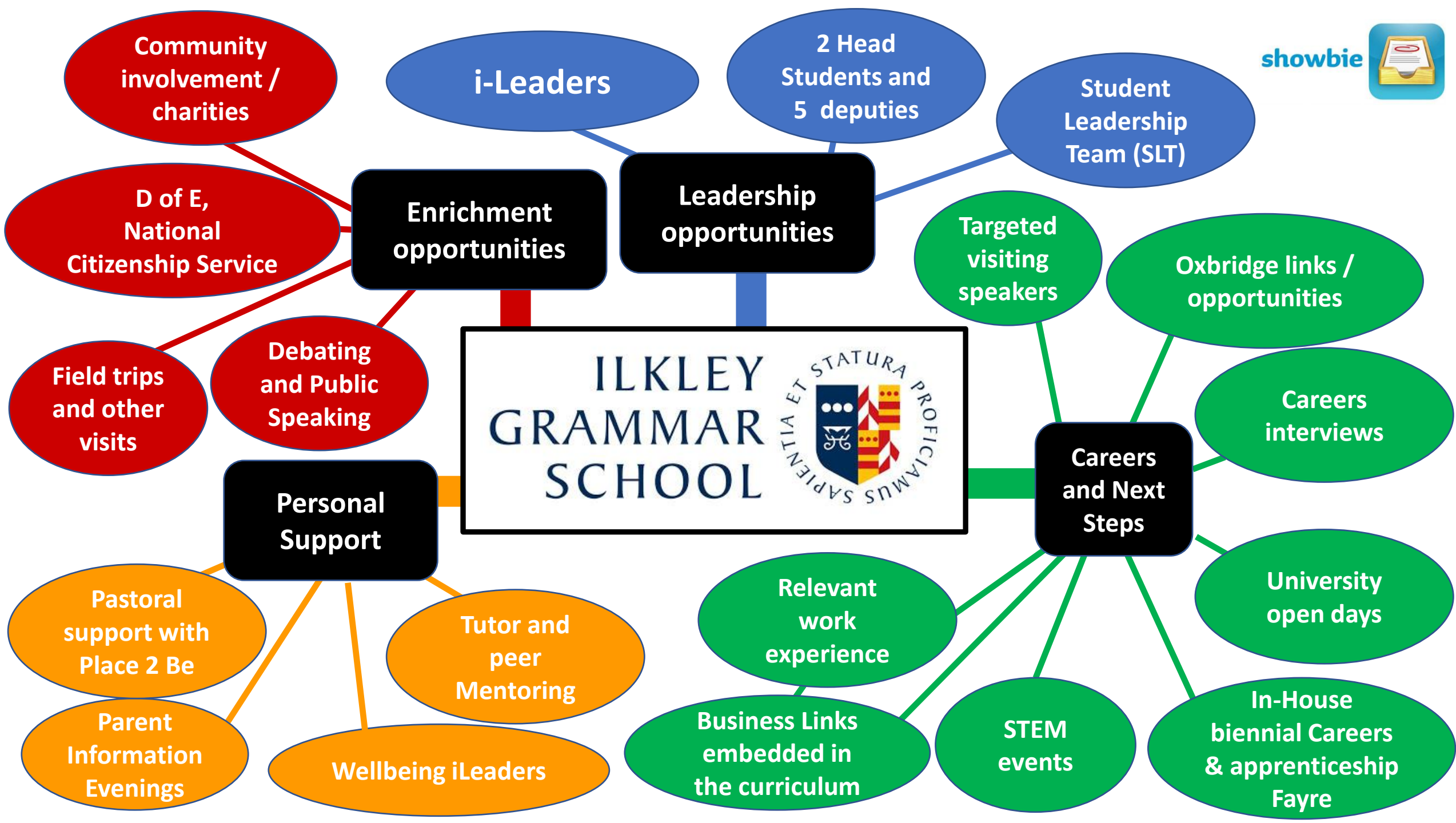
INTEGRITY

Empathy

ASPIRATION

character

It is just as important to focus on your Personal Development as well as on your academic success



Where do you experience 'Personal Development'?

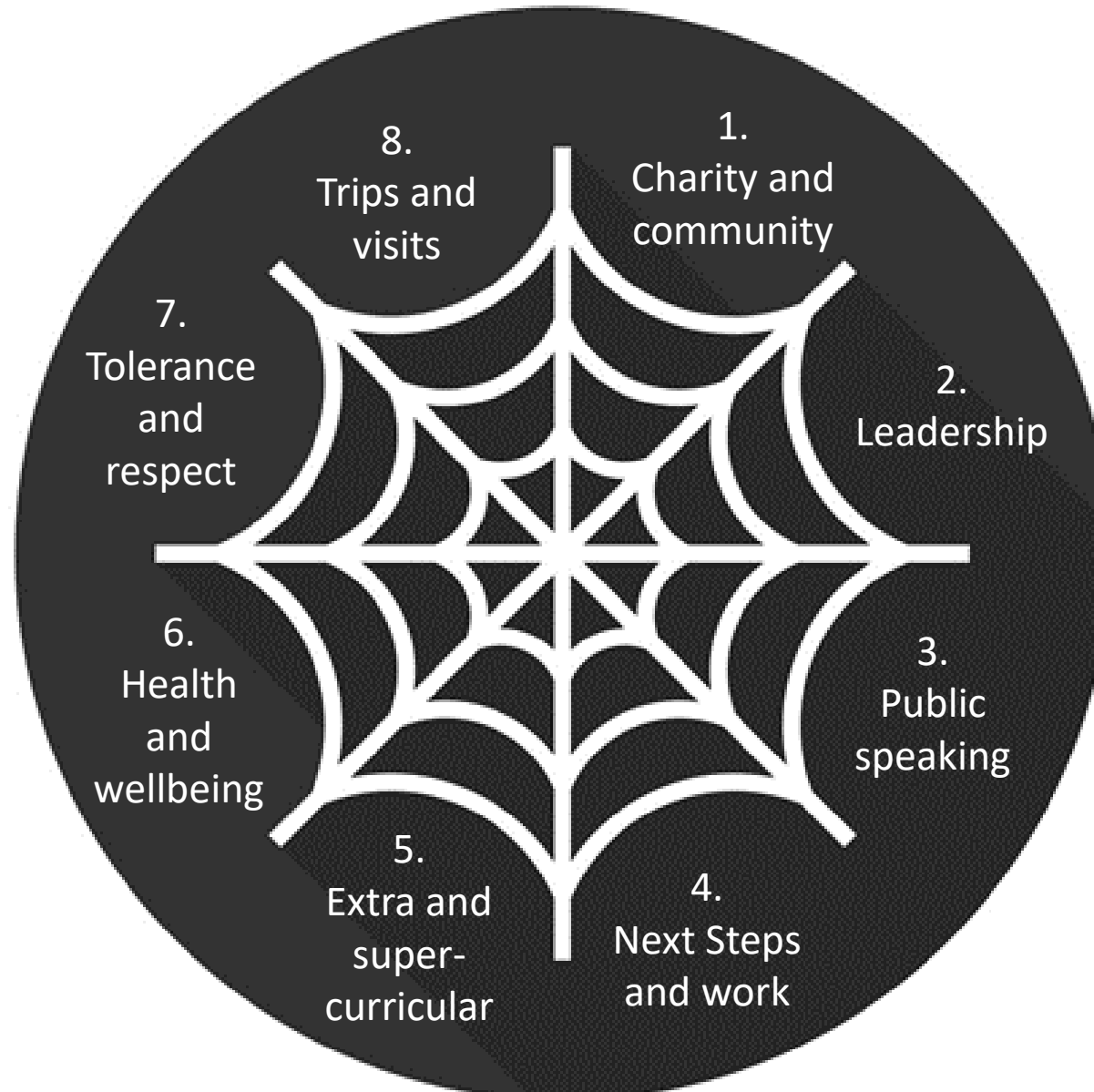
At IGS it is **delivered** through an interconnected 'web' of experiences and opportunities both in and out of school.

- **PBT and assemblies**
- **Citizenship/RE lessons**
- **Extra-curricular opportunities at break, lunch and after school, at weekends**
- **Super-curricular opportunities in different subjects**
- **Activities in your main subjects you study each day**
- **Trips and visits at any time (these may or may not be organised by school)**
- **Out of school activities e.g. Sport, scouts, guides, a part-time job...**

There are 8 key strands which contribute to your Personal Development. These are like a *web* as they are all linked...

For example:

- You may develop **leadership skills (2)** by doing **extra-curricular sport (5)**
- You may develop **public speaking skills (3)** by doing an assembly with your form on **Health and wellbeing (6)**
- You may experience the **World of Work (4)** on a **school trip (8)**

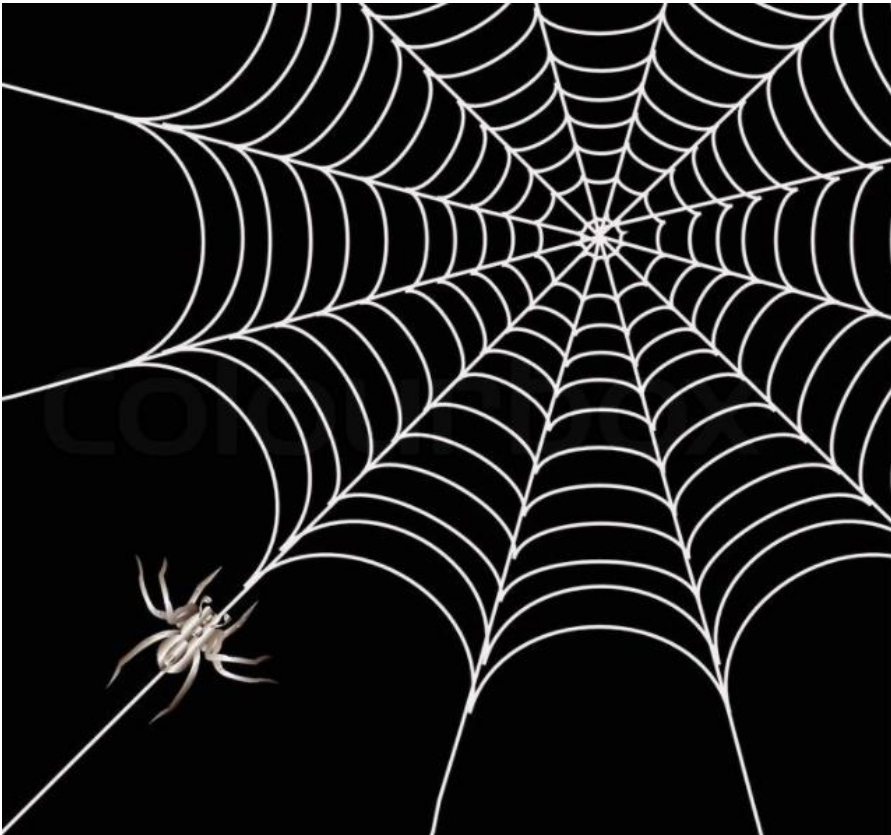


Can you think of any other strands which may link up?

A web of experiences



The *virtuous circles* of
Personal Development



All these experiences are inter-related

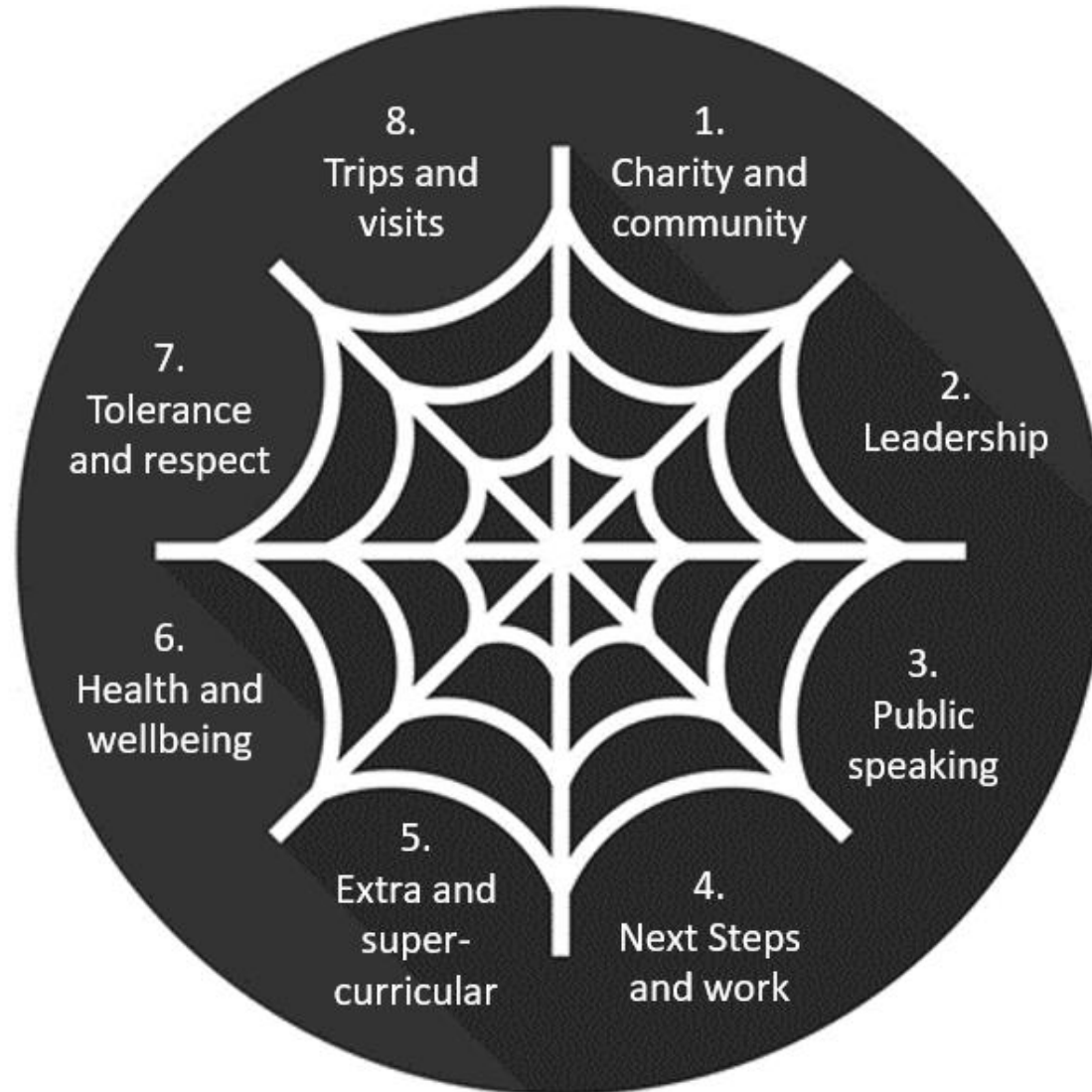


These experiences reinforce each other and
combine to enable students to develop....

What next?

1. From week to week, as normal, your Head of Year and other teachers will let you know about different **Personal Development opportunities**. This may be in tutor time, in an assembly or via email.
2. **Sign up as normal** to these.
3. You will be able to find information about these opportunities on **Showbie**
4. Each half term/term we will ask you to **complete a survey** (Microsoft Form) confirming what Personal Development activities you have done both in and out of school.
5. We plan to share your responses with you and your parents/carers.
6. We will also provide you with a '**summary sheet**' of all the opportunities that have been made available each half term to help you remember.
7. This will give you **a picture of your 'Personal Development'** in the same way as you can see your academic progress in your tracking each term.

There are 8 key Personal Development strands.
These are like a *web* as they are all linked...



Remember that
with Personal
Development ***the
more you do the
more you become***

All your
experiences will
reinforce each
other

Personal Development

A web of inter-related experiences...



“In a real sense all life is inter-related. All are caught in an inescapable network of mutuality, tied in a single garment of destiny.

Whatever affects one directly, affects all indirectly.

I can never be what I ought to be until you are what you ought to be, and you can never be what you ought to be until I am what I ought to be...

This is the inter-related structure of reality.”

Martin Luther King Jr., Letter from Birmingham Jail