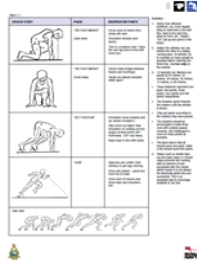
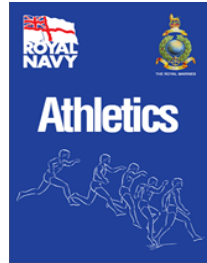
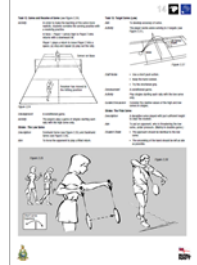
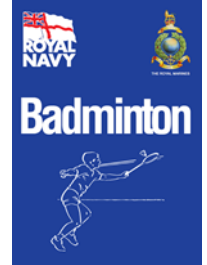


Core PE: Key techniques and teaching points



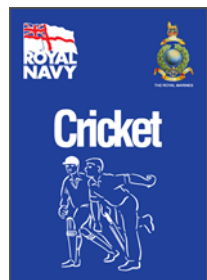
Royal Navy – Athletics, Key techniques and teaching points



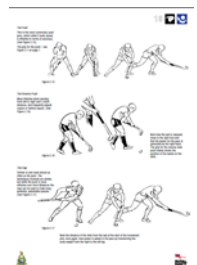
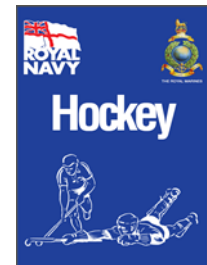
Royal Navy – Badminton, Key skills, laws and teaching points



Royal Navy – Basketball, Key skills, rules and teaching points



Royal Navy – Cricket, Key skills, rules and teaching points

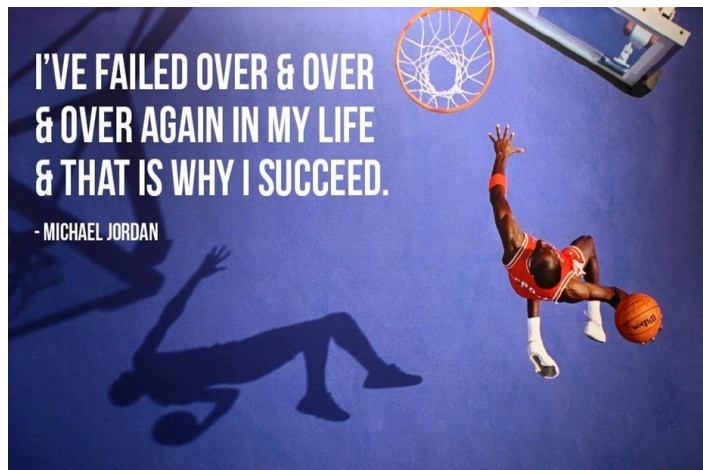


Royal Navy – Hockey, Key skills, rules and teaching points

Websites: National Governing bodies

- Association Football: <http://www.thefa.com/>
- Athletics: <https://www.uka.org.uk/governance/>
- Badminton: <https://www.badmintonengland.co.uk/>
- Basketball: <https://gb.basketball/>
- Cricket: <https://www.ecb.co.uk/>
- Gymnastics: <https://www.british-gymnastics.org/>
- Hockey: <http://www.englandhockey.co.uk/>
- Netball: <https://www.englandnetball.co.uk/>
- Rugby Union: <https://www.englandrugby.com/home/>
- Swimming: <https://www.britishswimming.org/>
- Tennis: <https://www.lta.org.uk/>
- Table tennis: <https://tabletennisengland.co.uk/>
- Volleyball: <https://www.volleyballengland.org/>

INSPIRATION



Ilkley Grammar School
A Moorland Learning Trust Academy

CORE PE

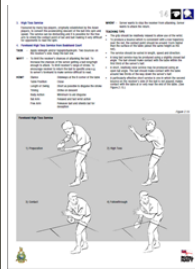
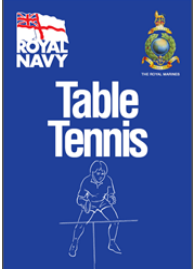
WIDER READING LIST



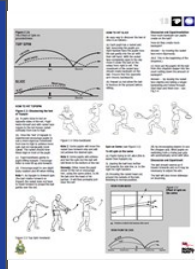
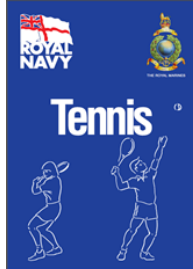
Core PE: Key techniques and teaching points



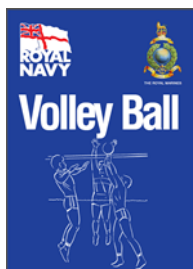
Royal Navy – Netball, Key skills, rules and teaching points



Royal Navy – Table tennis, Key skills, rules and teaching points

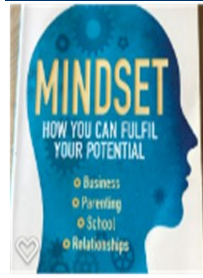


Royal Navy – Tennis, Key skills, laws and teaching points



Royal Navy – Volleyball, Key skills, rules and teaching points

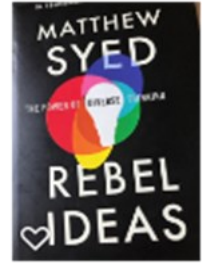
Non Fiction



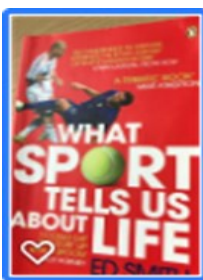
SPORTING BOOKS FROM LEADERSHIP TO COACHING, SKILLS AND MINDSET
CAROL DWEK...fulfil your potential with your mental approach to challenge.



JOHN KERR...leadership and culture.



MATTHEW SYED...proving that diversity of ideas works.



ED SMITH...linking sport to real life!



BILL BESWICK...improve all aspects of your football.

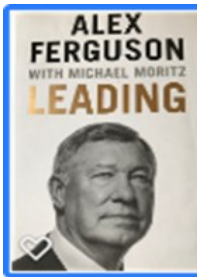
Non Fiction



THE SECRET FOOTBALLER..get behind the real world of professional football.



CLIVE WOODWARD...why England won the Rugby World Cup.



ALEX FERGUSON...inside the leadership mind of AF.



ACB...coaching the Aussie way



RICHARD KENTWELL...coaching the Dutch way.