

# The IGS Personal Development Handbook

2024-25



RESPECT  
COURAGE  
RESPONSIBILITY  
KINDNESS  
RESILIENCE



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# *What is Personal Development?*

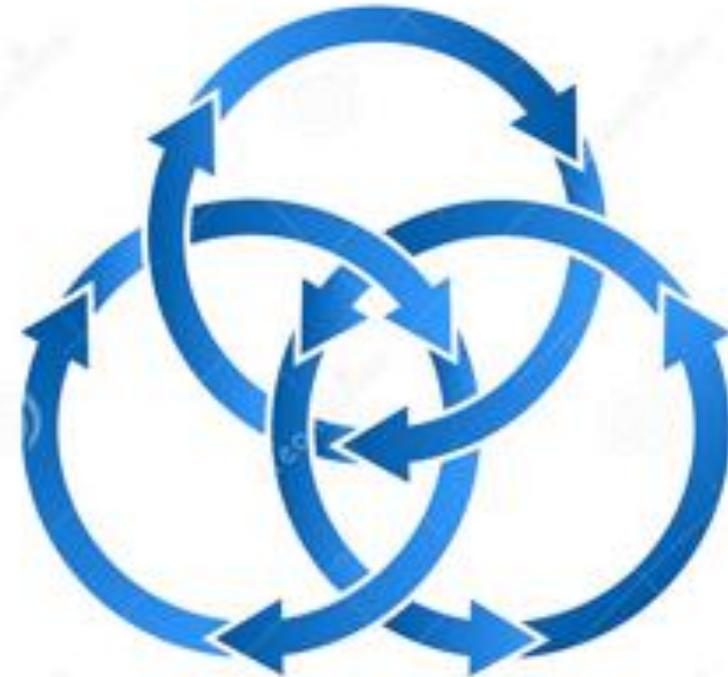
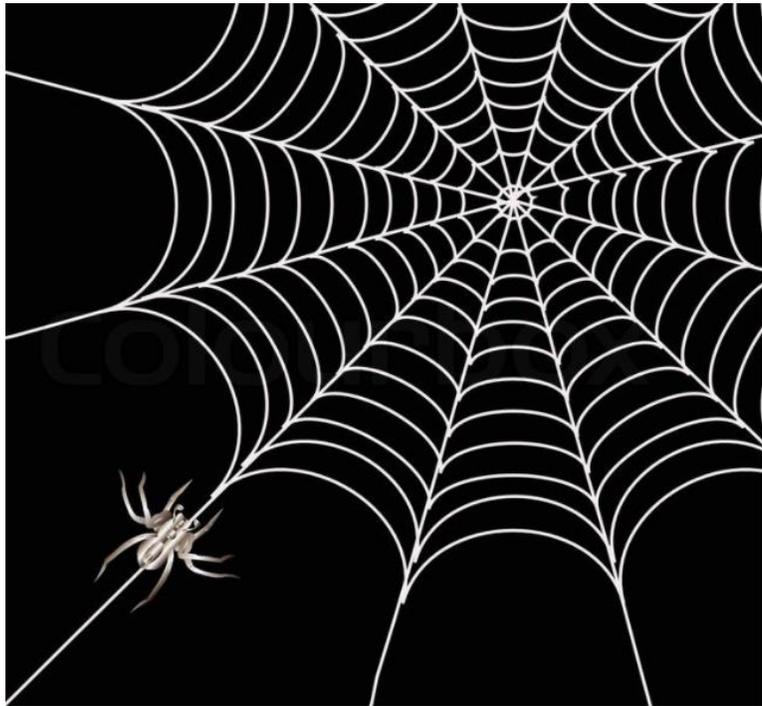
Personal Development is the combination of experiences across the taught curriculum, and beyond, which lead to the development of qualities such as...



# *What is Personal Development?*

*It is a web of experiences...*

*...creating virtuous circles...*



***« The more we do the more we become »***

# The 8 Personal Development strands at IGS



# The vision for Personal Development at IGS

*“In a real sense all life is inter-related. We are caught in an inescapable network of mutuality, tied in a single garment of destiny. Whatever affects one directly, affects all indirectly. I can never be what I ought to be until you are what you ought to be, and you can never be what you ought to be until I am what I ought to be...*

*This is the inter-related structure of reality.”*

**Martin Luther King Jr., Letter from Birmingham Jail**

## Curriculum Intent Statement:

***Our vision for Personal Development at IGS is that by the time they leave all students are prepared to be responsible, respectful, engaged and influential and adult citizens, willing to act with both kindness and courage in order to make a positive difference to their own lives and those of others.***

***Over time each student will systematically build a uniquely rich set of skills, knowledge and experiences which will make them resilient, enable their character to develop, provide them with the qualities they need to flourish in society and to make a successful transition to each new stage of their lives.***

***They will be able to articulate with confidence and pride how the unique web of experiences they have built up over time combine to make them who they are, empowered as individuals to grow in both wisdom and stature.***



# The formula for Personal Development at IGS...

Knowledge, skills & experiences  
(curriculum lessons + beyond)

+ Values =

Personal  
Development

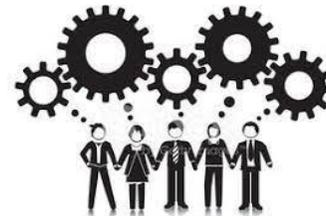
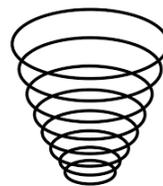
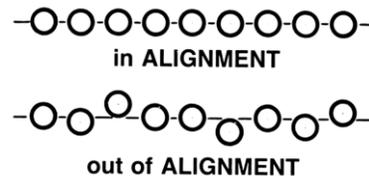
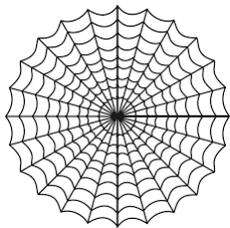


*Growing in wisdom &  
stature*

# Core principles for Personal Development at IGS

The Personal Development curriculum at IGS...

- is a 7-year **journey** which runs from Y7-13
- is a **web of experiences** unique to each individual
- is in **alignment** with the school vision and values
- is a **curriculum** with **core content** that all students will access each year in lessons like PBT and PSHE.
- This sits alongside the range of **opt-in additional enrichment opportunities** on offer which take place **in and out of school**
- is **interwoven** with the main subject curriculum
- has a **spiral structure** with **recurrent themes** which are revisited and build over time as part of a **joined-up vision** for years 7-13
- offers a **balance of general experiences** alongside the opportunity for **individual specialism**
- should enable students to **confidently articulate** and **connect-up** their experiences



## The Personal Development Curriculum at IGS (SMSC curriculum)

### PSHE curriculum

Aspects of the Citizenship curriculum

Relationships, Sex  
Health Education

Living in the wider world (inc.  
economic literacy)

Health and wellbeing

### PBT & tutor time curriculum

The Learner curriculum

The Reader curriculum

The Mental Health curriculum

The Next Steps curriculum

### The RE curriculum

6 world religions  
Understanding of and respect  
for different people's faiths  
and values

Right and wrong and moral  
dilemmas

### The wider curriculum, extra-curriculum & super-curriculum

Key aspects of Personal  
Development are also  
'delivered' through expert  
teaching by Curriculum  
Areas.

Students gradually specialise  
as they move through school

**The assembly programme, awareness weeks and 'drop down' days introduce and reinforce aspects of Personal Devt.**

**British Values** – Democracy, Tolerance and Respect, The Rule of Law, Individual Liberty

Student & Parent  
stakeholder view



# Is Personal Devt. optional or compulsory?

Personal Development is **delivered** through a complex 'web' of experiences both in and out of school

## Compulsory/core curriculum

- PBT, tutor time and assemblies
- RSE, Citizenship, RE lessons (Curriculum Enrichment Programme (CEP) in Post-16)
- Activities in the main subjects students study each day
- Challenge & Celebration week options
- 'Drop Down' days and 'Awareness Weeks' such as Diversity Day and Wellbeing week

## Optional Personal Development activities

- Extra-curricular opportunities at break, lunch and after school, at weekends e.g. Charities Week
- Super-curricular opportunities in different subjects e.g. competitions, wider reading, visiting speakers, theatre trips
- iLeader roles – Sports Leaders, eco-iLeaders, anti-bullying iLeaders
- Trips and visits at any time (these may or may not be organised by school)
- Out of school activities e.g. Sport, scouts, guides, a part-time job...



# Examples of opt-in extra-curricular opportunities

[C] Year 8 Drama Club	[C] Other activity (HVM)
[C] Year 7 Drama Club	[C] Open Evening Support
[C] Year 12- MH Champions- Wellbeing	[C] Olicana Scholars- Mr Revell
[C] Year 12- MH Champions	[C] Music- Y7/8 Band Night
[C] Wellbeing iLeaders	[C] Music- Ukulele Club
[C] Total Attendances	[C] Music- Samba Band
[C] SS	[C] Music- Pop Choir
[C] Revision- Physics	[C] Music- Orchestra
[C] Revision- Chemistry	[C] Music- Jazz Band
[C] Revision- Biology	[C] Music- Guitar Club
[C] Quiet room	[C] Music- GREASE Band
[C] Peri music- Strings Ms Hutton-Searle	[C] Music- Composing Club
[C] Peri music- Singing Mrs Turner/Ms Thomas	[C] Music- Close Harmony
[C] Peri music- Piano/keyboard Ms Topalian	[C] Music- Band Night
[C] Peri music- Guitar Mr Wells	[C] Model UN
[C] Peri music- Flute Ms Lewis	[C] Minecraft club
[C] Peri music- Drums Mr Lewalski	[C] Menu Masters
[C] Peri music- Clarinet/sax Mrs Wells	[C] MFL Film Club- Mrs Kelly
[C] Peri music- Brass Mr Griffiths	[C] KS3 STEM- Science
[C] PE- cricket	[C] Intervention-Maths Past Paper Club/lunchtime revision sessions
[C] PE- Volleyball	[C] Intervention- Rise and Revise
[C] PE- Tennis	[C] Intervention- Maths
[C] PE- Rugby Year 9/10	[C] Inclusive Learning Homework
[C] PE- Rugby Year 7/8	[C] Gardening club
[C] PE- Rounders	[C] G floor lunch time club- Mrs Iliff
[C] PE- Netball Year 8/9	[C] Eco iLeaders
[C] PE- Netball Year 7	[C] Dungeons and Dragons- Mrs Brown
[C] PE- Netball (Senior) Year 10+	[C] Duke of Edinburgh
[C] PE- Hockey	[C] Drama- Year 9 Script improvisation
[C] PE- <u>Girls</u> football	[C] Drama- Set Design & Props
[C] PE- Football Year 9	[C] Drama- Backstagers
[C] PE- Football Year 8	[C] Creative Writing Club
[C] PE- Football Year 7	[C] Computing Club
[C] PE- Football Year 11	[C] Christian Union
	[C] Chess Club- Mr Spencer

[C] C Arts- School Production
[C] C Arts- IGS Showcase
[C] C Arts- Creative Arts Festival
[C] C Arts- Christmas Concert
[C] Breakfast club
[C] Board Games Club- Mr Pearce
[C] Art- fun Christmas card designs
[C] Art- creative character illustrations
[C] Art- Infinity Origami
[C] Art Club
[C] Anti-bullying iLeaders
C] PE- Football Year 10
C] PE- Dodgeball
C] PE- Dance
C] PE- Cross Country
C] PE- Basketball
Student Leadership Team
Y8 Hub Helpers
Interview panels
P16 run enrichment e.g. sport

[I] Subject iLeader
[I] Student Leadership Team/Ambassador
[I] Student Council
[I] Sports Council
[I] STEM Challenge iLeader
[I] Primary Sports Leader
[I] Post-16 English LSA
[I] Post-16 English Academic Mentor
[I] PBT iLeader
[I] Olicana Scholars
[I] Model UN Head iLeader
[I] Model UN
[I] Mental Health Champions
[I] Literature Festival iLeader
[I] Library iLeader
[I] LGBTQ+ iLeader
[I] KS3 Drama Subject Support
[I] KS3 Creative Writing Club Lead Student
[I] KS3 Creative Writing Club
[I] Higher Sports iLeader
[I] Gardening Club
[I] Eco-iLeader
[I] Drama/Theatre Studies Mentor
[I] Drama/Theatre Studies Ambassador
[I] Drama Club iLeader
[I] Diversity iLeader
[I] Community iLeader
[I] Business Studies Mentor
[I] Bitesize.Business Content Creator
[I] Art iLeader
[I] Anti-Bullying iLeader

# PBT, tutor time and assembly overview

## A typical 2 week cycle – by year group

Week	Day	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
Week A	Monday	Assembly	Weekly Bulletin & Values	Weekly Bulletin & Values	Weekly Bulletin & Values	Weekly Bulletin & Values	Weekly Bulletin & Values	Weekly Bulletin & Values
	Tuesday	Weekly Bulletin & Values	Assembly	Reading/tutor time	Reading/tutor time	Reading/tutor time	Super Tuesday	Briefing (Armitage)
	Wednesday	PBT	PBT	PBT	PBT	PBT	PBT	PBT
	Thursday	Shared Reading Y12 iLeader led	Shared Reading	Assembly	Moral Maze Prep	Moral Maze Prep	Moral Maze	Moral Maze
	Friday	Shared Reading	Shared Reading Y13 iLeader led	Reading/tutor time	Moral Maze Debate	Moral Maze Debate	Assembly (BHall)	TEd+ / Tutor Time
Week	Day	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
Week B	Monday	Weekly Bulletin & Values	Weekly Bulletin & Values	Weekly Bulletin & Values	Weekly Bulletin & Values	Assembly	Weekly Bulletin & Values	Weekly Bulletin & Values
	Tuesday	Shared Reading	Shared Reading	Reading/tutor time	Reading/tutor time	Weekly Bulletin & Values	Super Tuesday	Briefing (Armitage)
	Wednesday	PBT	PBT	PBT	PBT	PBT	PBT	PBT
	Thursday	Shared Reading Y12 iLeader led	Shared Reading	Moral Maze Prep	Assembly	Reading/tutor time	Moral Maze	Moral Maze
	Friday	Shared Reading	Shared Reading Y13 iLeader led	Moral Maze Debate	Reading/tutor time	Reading/tutor time	Assembly (BHall)	TEd+ / Tutor Time

# Example: The Year 7 Assembly Programme

	2024.2025	Link to value or personal development strand (IGS or FBV)
Autumn Term	<ol style="list-style-type: none"> <li>Welcome assembly (SF/HOY)</li> <li>Leadership Launch (TJB)</li> <li>Student Council &amp; Democracy</li> <li>Black History Month (Student led/ external speaker)</li> <li>Remembrance (Open up to staff)</li> <li>Antibullying week (Student led/external speaker)</li> <li>Charities week launch</li> <li>Interfaith week – the importance of religious festivals (RS team/ external speakers/ KSK)</li> </ol>	<ol style="list-style-type: none"> <li>Respect, resilience, responsibility, pride, courage, kindness.</li> <li>Individual liberty, responsibility</li> <li>Democracy, responsibility</li> <li>Respect and tolerance</li> <li>Pride</li> <li>Courage and Kindness</li> <li>Kindness</li> <li>Respect and tolerance</li> </ol>
Spring Term	<ol style="list-style-type: none"> <li>Learner curriculum launch (LBC)</li> <li>The Equality Act – challenging stereotypes (real life examples) (EEG/ open up to staff)</li> <li><a href="#">International women's day</a> (external speakers)</li> <li>Citizenship launch – why is citizenship important (RB/EEG)</li> <li>Ramadan and Eid (external speakers)</li> <li>Cyberbullying and its consequences (HOD)</li> </ol>	<ol style="list-style-type: none"> <li>Responsibility</li> <li>Rule of law, responsibility</li> <li>Pride</li> <li>Responsibility</li> <li>Respect, tolerance</li> <li>Courage and kindness</li> </ol>
Summer Term	<ol style="list-style-type: none"> <li>Using your voice – debating introduction (PREXYL/HOD/ visiting speaker)</li> <li>Why are relationships important? (EEG)</li> <li>Mental health awareness week (student led)</li> <li>Why do people celebrate pride? (KSK RED)</li> <li>Charities week (AAH)</li> <li>The world of work (VM/ visiting speakers)</li> </ol>	<ol style="list-style-type: none"> <li>Courage</li> <li>Responsibility</li> <li>Courage</li> <li>Respect</li> <li>Pride</li> <li>Responsibility</li> </ol>



## Assemblies will typically..

- be aligned with V&V and Personal Devt. Strands
- explore inspirational & positive themes
- link to current affairs and national events & awareness weeks
- use a range of speakers from in and out of school including student groups e.g. iLeaders
- Be flexible to allow for assemblies to be responsive

# Exemplar PBT overview Y7-13

## Autumn Half Term 1 2024-25

Wk	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
1	Extended tutor time and transition activities PBT-break	Extended tutor time and transition activities PBT-break	Extended tutor time and transition activities PBT-break	Extended tutor time and transition activities PBT-break	Extended tutor time and transition activities PBT-break	Extended tutor time and transition activities PBT-break	Extended tutor time and transition activities PBT-break
2	Leadership & Enrichment Fayre in PBT 1st half (TJB/JLW)	Leadership & Enrichment Fayre in PBT 2nd half (TJB/JLW)	Learner Curriculum launch - Making a successful transition into Y9 (LBC/JM+) Enrichment Fayre lunchtime (SH)	Learner Curriculum launch - Making a successful transition into Y10 (LBC/JM+) Enrichment Fayre lunchtime (SH)	Learner Curriculum launch - Making a successful transition into Y11 (LBC/JM+) Enrichment Fayre lunchtime (SH)	Leadership & Enrichment Fayre in Sports Hall for PBT (TJB/JLW)	Enrichment Fayre in PBT and lunchtime (TJB/JLW)
3	PBT + TT programme launch + Target setting	Learner Curriculum launch - Making a successful transition into Y8 (LBC/JM+)	Leadership launch and applications (TJB/JLW)	Leadership launch and applications (TJB/JLW)	Leadership launch and applications (TJB/JLW)	Learner Curriculum launch - Making a successful transition into Y12 (AFO/JLP)	Personalised Next Steps launch
4	Leadership launch and applications (TJB)	Leadership launch and applications (TJB)	Mental Health & Wellbeing (NA)	Mental Health & Wellbeing (NA)	Next Steps launch assembly Bhall (AFO/VM)	Leadership launch and applications (TJB/JLW)	Leadership launch and applications (TJB/JLW)
5	Team building (PrExL+)	Mental Health & Wellbeing (NA)	Mental Health & Wellbeing (NA)	Mental Health & Wellbeing (NA)	Mental Health & Wellbeing (NA)	Learner Curriculum	Personal Devt Survey - to be used for UCAS references (JAG)
6	Team building (PrExL+)	Mental Health & Wellbeing (NA)	Mental Health & Wellbeing (NA)	Mental Health & Wellbeing (NA)	Mental Health & Wellbeing (NA)	Learner Curriculum	Personalised Next Steps
7	Team building (PrExL+)	Mental Health & Wellbeing (NA)	Mental Health & Wellbeing - Goal-setting (NA)	Mental Health & Wellbeing - Goal-setting (NA)	Mental Health & Wellbeing (NA)	Learner Curriculum	Personalised Next Steps
8	Shared Reading Booster (LBC/JM)	Mental Health & Wellbeing - Goal-setting (NA)	Learner Curriculum - Launch and Recap (LBC/JM)	TBC VM / European Day of Languages KSK	Learner Curriculum launch (LBC/JM)	Learner Curriculum	Personalised Next Steps

# PBT

## A Spiral Curriculum: Examples of 'golden threads' across different year groups



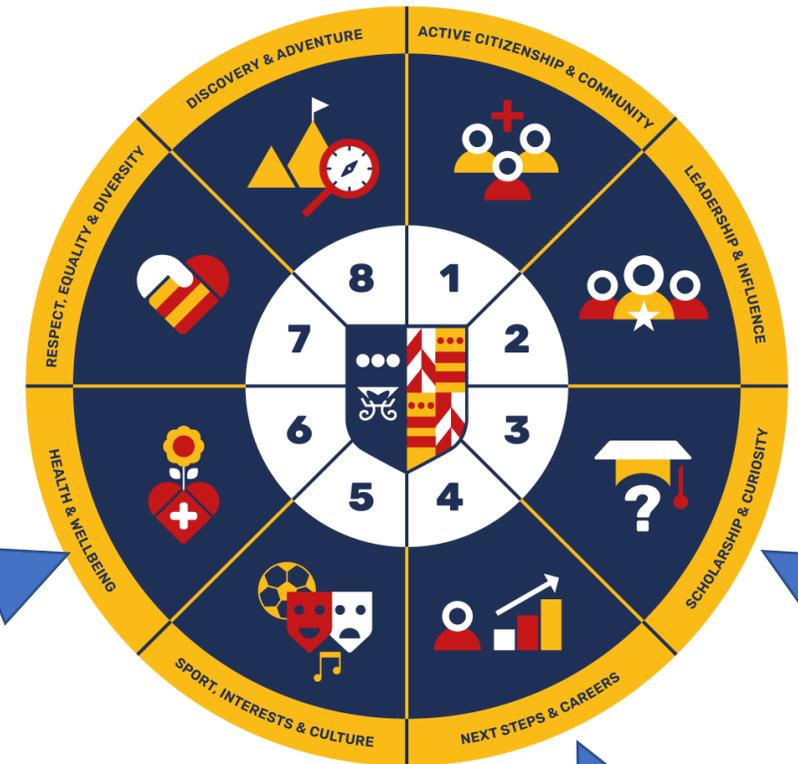
- Understanding mental health and wellbeing
- Stigmas and misconceptions
- Building a self-care toolkit (common apps KS3-4)
- Resilience toolkits
- Coping with stress – practical approaches
- Meditation and mindfulness
- Understanding where to access support



- Learner Curriculum-how can I be an effective learner? Homework, revision and independent study
- How can I be an effective learner? Organisational skills and personal attributes.
- Cognitive Science - how does my brain work? How does my memory work? How can I retrieve and memorise effectively?
- Resilience and self-regulation



- Options processes
- Careers Fair
- CVs, applications and mock interviews
- Understanding finances and managing money
- My rights and responsibilities in the workplace



**Progress and Experience Leaders (PrExLs) + tutors**

# Key roles and responsibilities 2024-25

**+ Student leadership roles**

*C&C week iLeaders*

**Mr Carr  
Mrs Robson (DofE)**

**Mrs Booth**

*Community iLeaders  
Eco-iLeaders*

*Diversity iLeaders  
LGBTQ+ iLeaders  
Anti-bullying iLeaders*

**Mr Kehoe  
Mrs Griffiths**

**Mr Boyd**

*Post-16 SLT  
School Council  
iLeader programme*

*Wellbeing iLeaders*

**Mr Adams**

**Mrs Capstick  
Mr Fox (P16)**

*Peer mentoring programmes*

*Sports iLeaders  
Literature Festival iLeaders*

**Miss Womack  
Mr Burton (PE)**

**Mrs Marshall  
Mr Sykes (P16)**

*Alumni*

**+ Subject teachers and staff running extra-curricular activities**



# Systems, platforms and processes

1.

Information and opportunities stored on Showbie



showbie

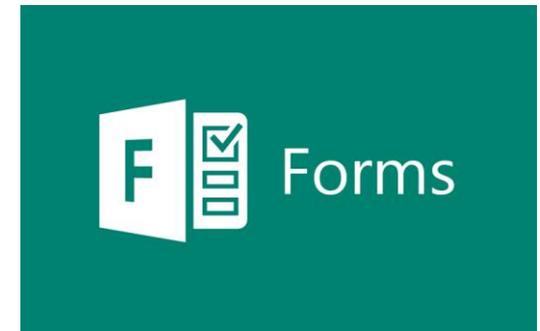
2.

Students participate in core and optional activities



3.

Participation tracked and monitored on MSForms and then 'self-reported' to parents, tutors and students annually



# Teachers 'drop' resources into their designated Showbie folder and launch/promote as normal, taking opportunities to encourage and promote the use of Showbie as a 'one-stop-shop'.



- Y7 (Red Tie) Personal Devt. ...
- 1. Active Citizenship & Community  
2 assignments / 4 folders
  - 2. Leadership & Influence  
5 assignments
  - 3. Scholarship and Curiosity  
3 assignments / 3 folders
  - 4. Next Steps & Careers  
7 assignments
  - 5. Sport, Interests & Culture  
5 assignments
  - 6. Health & Wellbeing  
1 assignment / 3 folders
  - 7. Respect, Equality and Diversity  
9 assignments / 1 folder
  - 8. Discovery & Adventure  
2 assignments



Sharing new posts with everyone

Write a comment...

Week A and B							
DAY	SPORT	YEAR	STAFF	VENUE	No STUDENTS FOR TRANSPORT	START	FINISH
Mon	Rugby	Y11 + 6 <sup>th</sup> form	ACF	IRUFC	N/A	3.15	5.00
	Netball	YB+9	KH/FEA	Sports Hall	N/A	3.00	4.30
	Football boys	Y10,11,6 <sup>th</sup> form	RCB/MWC	Field		3.15	4.30
	Football boys Year 7	Y7 Trials, 13 <sup>th</sup> , 20 <sup>th</sup> , 27 <sup>th</sup> Sept	SP	3G		3.15	4.30
	Hockey girls	All years	JH/AJK	Ben Rhydding Astro		3.15	4.30
Tues	Dance	9,10,11	KH	B Hall	N/A	3.00	4.15
	Rugby	Y7-10	ACF	IRUFC	N/A	3.30	5.00
	Netball	Y7	SB	Sports Hall	N/A	3.00	4.30
	Football boys	Y9	SP	Field		3.15	5.30
	Football all girls	All year groups	LV/JG	3G		3.15	4.30
Wed	Rugby	Y11+6 <sup>th</sup> form	ACF	IRUFC	N/A	3.00	4.30
	Badminton	Y7, 8, 9	JH	Sports Hall	N/A	2.30	3.45
Thurs	Football boys	YB	AE	3G		3.00	4.30
	Netball	Y10-13	FEA	Sports Hall	N/A	3.00	4.30
	Dance	Y7-8	KH	Gym	N/A	3.00	4.15
	Rugby	Y7-10	ACF	IRUFC	N/A	3.30	5.00
	Rugby Girls	All Years	ACF	Ben Rhydding Field		3.00	4.30
	Cross country	Y7-8,12	Week A MWC, AE Week B MWC, AE	Moors	N/A	11.40	12.20
	Cross Country	Y9,10,11,13	Week A+B AJK	Moors	N/A	13.00	13.40
Fri							



# Accreditation and recognition (making it count)



Some accreditations are in place/secured others are in process/planned



We're working towards Artsmark Awarded by Arts Council England



# Personal Development PROMPTS

There are 8 Personal Development strands.  
These are like a *web* as they are all interconnected...

The following pages contain examples of the types of activities in and out of school which will support Personal Development for students in each year group.



Activities in **bold** are examples of Personal Development activities that **all students** will encounter just by coming to school each day

# Year 7: Examples of Personal Development activities

(**bold** = activity **all** students likely to access)

Strand	1. Active Citizenship & Community	2. Leadership & Influence	3. Scholarship & Curiosity	4. Next Steps & Careers	5. Sport, Interests & Culture	6. Health & Wellbeing	7. Respect, Equality & Diversity (RED)	8. Discovery & Adventure
<b>CORE (all students)</b> (Delivered in school)	<ul style="list-style-type: none"> <li>Charities launch assembly</li> <li>Charities research in PBT</li> <li>Charities week activities (give examples)</li> <li>Children in need non-uniform day</li> <li>Citizenship lessons in PBT – How is our school run, elections, campaigning, laws and rules – how they keep us safe</li> </ul>	<ul style="list-style-type: none"> <li>Leadership launch assembly and the Leadership and Enrichment Fayre</li> <li>Team-building in PBT</li> <li>Citizenship unit - Living in the wider world – politics, democracy, elections, campaigning, parliament &amp; debates</li> <li>Moral Maze in tutor time</li> <li>Inter-tutor-group debating in tutor groups</li> <li>Delivering a presentation to your class</li> <li>Discussion and debate in lessons</li> </ul>	<ul style="list-style-type: none"> <li>Shared reading in form time</li> <li>Learner Curriculum in PBT – being a responsible and organised learner</li> <li>World Book Day activities</li> <li>Subject specific approaches to effective study (e.g. how to revise in English, maths, French etc.</li> </ul>	<ul style="list-style-type: none"> <li>FutureFest careers fair</li> <li>Finance module in PBT – the function and use of money, the importance of budgeting</li> <li>Next Step Programme in PBT (summer) &amp; research and activities around job roles and sectors in PBT</li> <li>Provider assembly on Technical Education</li> </ul>	<ul style="list-style-type: none"> <li>Launch of extra-curricular timetable</li> </ul> <p>All these sport and creative subjects on your timetable automatically support your Personal Development</p> <ul style="list-style-type: none"> <li>PE lessons</li> <li>Drama lessons</li> <li>Art lessons</li> <li>Music lessons</li> <li>DT, Food, Textiles lessons</li> </ul> <p>Other subjects might support this too..</p>	<ul style="list-style-type: none"> <li>Mental Health, self-care and wellbeing lessons in PBT</li> <li>PSHE lessons term 1+2: Managing emotions and friendships, Making healthy lifestyle choices, managing risks, puberty, staying safe online</li> <li>Can you think of any other subjects you are studying which help you stay healthy? Biology, Food Tec..?</li> </ul>	<ul style="list-style-type: none"> <li>Values presentations in tutor time</li> <li>Black History Month assembly</li> <li>Remembrance assembly</li> <li>Interfaith week assembly</li> <li>PBT and other activities for anti-bullying week</li> <li>Citizenship term 2 lessons – staying safe online</li> <li>Topics studied in variety of subjects e.g., RE, History</li> <li>PSHE lessons Term 3 – Healthy and unhealthy relationships, being an upstander, communicating consent, bullying, cyberbullying, stereotyping</li> </ul>	<ul style="list-style-type: none"> <li>Participating in the Nell Bank Day</li> <li>Citizenship lessons in Term 2 – Staying safe in the community</li> <li>Participating in Challenge and Celebration Week</li> </ul>
<b>In-school</b> (organised by school)	<ul style="list-style-type: none"> <li>Any activity where you are involved in fundraising for charity</li> <li>Fundraising activities for Children in Need</li> <li>Donating items to the food bank</li> <li>Eco iLeader role / Litter-picking</li> <li>Community iLeader role</li> <li>Supporting school events e.g. Open Evening</li> <li>Offering to help around school</li> </ul>	<ul style="list-style-type: none"> <li>Signing up to become an iLeader</li> <li>Captain/vice-captain of a sports team</li> <li>Student Council / Sports Council</li> <li>Participating in an assembly</li> <li>Debating club + competitions</li> <li>Exploring the debating websites</li> <li>Performing music/drama in public e.g. Creative Arts festival or the school production</li> <li>Model UN</li> <li>Helping at school events such as Open Evening</li> <li>Presentation to class/group</li> </ul>	<ul style="list-style-type: none"> <li>Independent research / extension work suggested by your teacher</li> <li>Lessons you have had on effective study / revision skills</li> <li>Subject-related clubs at school e.g., languages club</li> <li>Subject-related trips and visits</li> <li>Competitions</li> </ul>	<ul style="list-style-type: none"> <li>Careers links made in subject lessons</li> <li>Trips and visits which are linked to careers and your future</li> <li>Visitors to school who talk about their jobs</li> <li>Careers meeting/interview at parent evening</li> </ul>	<ul style="list-style-type: none"> <li>Attending or leading a lunch time or after-school club – football, netball, strategy games, chess, D&amp;D, coding</li> <li>Playing in a sports team</li> <li>Participating in the school drama production</li> <li>Taking part in Xmas concert or Creative Arts Evening</li> <li>Taking part in Battle of the Bands</li> <li>Musical instrument</li> </ul>	<ul style="list-style-type: none"> <li>Lunchtime or after school sports club</li> <li>Art/drama music club</li> <li>Other school club that you find relaxing</li> <li>Quiet room at lunchtime</li> </ul>	<ul style="list-style-type: none"> <li>Topics studied in a variety of subjects e.g. History</li> <li>Anti-bullying i-Leader</li> <li>Diversity iLeader</li> <li>LGBT iLeader</li> <li>Safe Space</li> <li>Posters in D Floor / Armitage toilets giving advice and guidance about respect, equality and diversity</li> </ul>	<ul style="list-style-type: none"> <li>Visits to school by external speakers</li> <li>Trips linked to subject areas</li> <li>Drama residential</li> </ul>
<b>Out of school</b> (organised yourself)	<ul style="list-style-type: none"> <li>Volunteering at local events / for local organisations e.g. Ilkley Carnival</li> <li>Donating clothes/other items to charity</li> <li>Supporting local organisations such as Climate Action Ilkley, Ilkley Literature Festival or events at your local sports club</li> </ul>	<ul style="list-style-type: none"> <li>Captain/vice-captain of a local sports team</li> <li>Leading a warmup/ coaching session</li> <li>Scouts, Brownies or Guides, Cadets</li> <li>Performing or presenting in public connected to anything you do out of school</li> <li>Engaging in discussion and debate in an organised way online or in person</li> </ul>	<ul style="list-style-type: none"> <li>Examples of books &amp; magazines you read out of school</li> <li>High-quality and informative websites/podcasts / films that challenge your thinking</li> <li>Trips/visits which link to a subject you study at school e.g. History</li> </ul>	<ul style="list-style-type: none"> <li>Part-time job</li> <li>Entrepreneurial activity</li> <li>Independent work experience / visits to a workplace</li> <li>Volunteering for local businesses/ organisations</li> </ul>	<ul style="list-style-type: none"> <li>Playing for a local sports team</li> <li>Member of a gym</li> <li>Walking / biking / hiking</li> <li>Any out of school club e.g. martial arts, swimming</li> <li>Doing activities for enrichment e.g. painting</li> <li>Playing a musical instrument, performing in a band / cooking / musical / theatre</li> </ul>	<ul style="list-style-type: none"> <li>Being a member of a gym</li> <li>Being a member of a church</li> <li>Meditation</li> <li>Yoga classes, Taequondo, Tai Chi</li> <li>Supportive online groups you are part of that support mental health</li> <li>Regular exercise, walking</li> </ul>	<ul style="list-style-type: none"> <li>Films you have watched, podcasts you have listened to and books you have read that explore the importance of respecting others.</li> <li>Organisations you support e.g. Amnesty International, Refugee Action</li> <li>Organisations or individuals you follow on Social Media e.g. Greta</li> <li>Wearing a pride badge in support of LGBTQ+</li> </ul>	<ul style="list-style-type: none"> <li>Holidays where you did ‘more than just relax’ such as activity holidays or visiting a capital city</li> <li>Trips to art galleries, the theatre, cities</li> <li>Attending major sporting events</li> </ul>

# Year 8: Examples of Personal Development activities (**bold** = activity **all** students likely to access)

Strand	1. Active Citizenship & Community	2. Leadership & Influence	3. Scholarship & Curiosity	4. Next Steps & Careers	5. Sport, Interests & Culture	6. Health & Wellbeing	7. Respect, Equality & Diversity (RED)	8. Discovery & Adventure
<b>CORE (all students)</b> (Delivered in school)	<ul style="list-style-type: none"> <li>Charities launch assembly</li> <li>Charities research in PBT</li> <li>Children in need non-uniform day</li> <li>Citizenship lessons in PBT – How parliament enacts change, living by our values, police and the public services</li> <li>Completing Born In Bradford Survey</li> <li>Being a HUB helper</li> </ul>	<ul style="list-style-type: none"> <li>Leadership launch assembly &amp; Leadership and Enrichment Fayre</li> <li>Citizenship lessons in Term 1 - Living in the wider world – how parliament works and how they enact change, freedom of speech</li> <li>Moral Maze in tutor time</li> <li>Inter-tutor-group debating in tutor groups</li> <li>Being a HUB Helper</li> <li>A presentation given to the class</li> <li>Discussion and debate in lessons</li> </ul>	<ul style="list-style-type: none"> <li>Learner Curriculum in PBT – self-regulation, goal setting, metacognition, growth mindset</li> <li>Shared reading in form time</li> <li>Subject specific approaches to effective study (e.g. how to revise in English, maths etc.</li> <li>Learner Curric. Summer term – working V long-term memory, consolidation &amp; retrieval</li> </ul>	<ul style="list-style-type: none"> <li>FutureFest careers fair</li> <li>Y8 Options launch assembly &amp; process</li> <li>Options evening</li> <li>Y8 Next Steps lessons in PBT (see Showbie)</li> <li>Provider assembly on Technical Education – Leeds City College</li> <li>Finance module in PBT – Bank accounts, recognising scams and fraud, financial risk</li> </ul>	<ul style="list-style-type: none"> <li>Launch of extra-curricular timetable</li> <li>All the sport and creative subjects on your timetable automatically support your Personal Development</li> <li>PE lessons</li> <li>Drama lessons</li> <li>Art lessons</li> <li>Music lessons</li> <li>DT, Food, Textiles lessons</li> <li>Other subjects might support this too</li> <li>Summer Term: Enrichment option in PBT</li> </ul>	<ul style="list-style-type: none"> <li>Taking part in self-care and mental health awareness lessons in PBT</li> <li>Assemblies with a health &amp; wellbeing focus</li> <li>Born in Bradford Survey</li> <li>PSHE lessons term 2 – making healthy choices – substance misuse, energy drinks, habit V dependency</li> <li>Water safety PBT/assembly</li> </ul>	<ul style="list-style-type: none"> <li>VALUES presentations in tutor time</li> <li>PSHE Term 1 - Living in the wider world lessons: The Equality Act, rights, freedom of speech, challenging racism, radicalisation, homophobia, biphobia and transphobia, digital responsibilities and safety online</li> <li>RE Jewish Anthropology topic</li> <li>Assemblies: Interfaith week, Black History Month assembly, Remembrance, anti-bullying week</li> <li>LGBT History/Pride assembly</li> <li>PSHE Term 3 – healthy relationships, consent, genderstereotypes, basic contraception, image sharing</li> </ul>	<ul style="list-style-type: none"> <li>Participating in Challenge and Celebration Week London or local option</li> </ul>
<b>In-school</b> (organised by school)	<ul style="list-style-type: none"> <li>Any activity where you are involved in fundraising for charity</li> <li>Donating items to the food bank</li> <li>Fundraising activities for Children in Need</li> <li>Eco iLeader role / Litter-picking</li> <li>Community iLeader</li> <li>Supporting school events e.g. Open Evening</li> <li>Helping around school</li> </ul>	<ul style="list-style-type: none"> <li>Signing up to become an iLeader?</li> <li>Student Council / Sports Council</li> <li>Captain/vice-captain of a school team</li> <li>A presentation given to the class or a group</li> <li>Participating in an assembly</li> <li>Debating club + competitions</li> <li>Exploring the debating websites</li> <li>Performing music/drama in public e.g Creative Arts festival or school play</li> <li>Discussion and debate in lessons</li> <li>Model UN</li> <li>Helping at events e.g. Open Evening</li> </ul>	<ul style="list-style-type: none"> <li>Independent research / extension work suggested by your teacher</li> <li>Lessons on effective study / revision skills</li> <li>Subject-related clubs at school e.g. languages club</li> <li>Subject-related trips and visits</li> <li>Competitions</li> </ul>	<ul style="list-style-type: none"> <li>Careers links made in subject lessons</li> <li>Trips and visits which are linked to careers and your future</li> <li>Visitors to school who talk about their jobs</li> <li>Careers meeting/interview at parent evening</li> </ul>	<ul style="list-style-type: none"> <li>Attending/leading a lunchtime or after-school club – football, netball, strategy games, chess, D&amp;D</li> <li>Playing in a sports team</li> <li>Participating in school drama production Xmas concert or in Creative Arts Evening</li> <li>Taking part in Battle of the Bands</li> <li>Musical instrument</li> </ul>	<ul style="list-style-type: none"> <li>Lunchtime or after school sports club</li> <li>Art/drama music club</li> <li>Other school club that you find relaxing</li> <li>Quiet room at lunchtime</li> </ul>	<ul style="list-style-type: none"> <li>Topics studied in a variety of subjects e.g. History</li> <li>Anti-bullying i-Leader</li> <li>Diversity iLeader</li> <li>LGBT iLeader</li> <li>Safe Space</li> <li>Posters in D Floor / Armitage toilets giving advice and guidance about respect, equality and diversity</li> </ul>	<ul style="list-style-type: none"> <li>Visits to school by external speakers</li> <li>Trips and visits led by subjects</li> <li>Drama residential</li> </ul>
<b>Out of school</b> (organised yourself)	<ul style="list-style-type: none"> <li>Volunteering at local events / for local organisations</li> <li>Donating clothes to charity</li> <li>Supporting local organisations such as Climate Action Ilkley, Ilkley Literature Festival or events at your local sports club</li> </ul>	<ul style="list-style-type: none"> <li>Captain/vice-captain of a sports team</li> <li>Leading a warmup/ coaching session</li> <li>Scouts, Brownies, Guides, Cadets</li> <li>Performing or presenting in public connected to anything you do out of school</li> <li>Engaging in discussion and debate in an organised way online or in person</li> </ul>	<ul style="list-style-type: none"> <li>Books &amp; magazines you read out of school</li> <li>High-quality and informative websites/podcasts / films that challenge your thinking</li> <li>Trips/visits organised out of school which link to studies e.g. History</li> </ul>	<ul style="list-style-type: none"> <li>Part-time job</li> <li>Entrepreneurial activity</li> <li>Volunteering for local businesses/ organisations</li> <li>Independent work experience / visits to a workplace</li> </ul>	<ul style="list-style-type: none"> <li>Playing for sports team</li> <li>Member of a gym</li> <li>Walking /biking / hiking</li> <li>Out of school club e.g. martial arts, dance, chess,swimming, climbing</li> <li>Enrichment activities e.g. painting</li> <li>Musical instrument, band / cooking/musical theatre</li> </ul>	<ul style="list-style-type: none"> <li>Member of a gym</li> <li>Member of a church</li> <li>Meditation, yoga classes, taekwondo, tai chi</li> <li>Supportive online groups you are part of that support mental health and wellbeing</li> <li>Regular exercise, walking</li> </ul>	<ul style="list-style-type: none"> <li>Films you have watched, podcasts you have listened to and books you have read that explore the importance of respecting others.</li> <li>Organisations you support e.g. Amnesty International, Refugee Action</li> <li>Organisations or individuals you follow on Social Media e.g Greta</li> <li>Wear a pride badge in support of LGBTQ+</li> </ul>	<ul style="list-style-type: none"> <li>Holidays where you did 'more than just relax'- activity holidays/ visiting a capital city monuments</li> <li>Trips to art galleries, theatre, major cities</li> <li>Attending major sporting events</li> </ul>

# Year 9: Examples of Personal Development activities

(**bold** = activity **all** students likely to access)

Strand	1. Active Citizenship & Community	2. Leadership & Influence	3. Scholarship & Curiosity	4. Next Steps & Careers	5. Sport, Interests & Culture	6. Health & Wellbeing	7. Respect, Equality & Diversity (RED)	8. Discovery & Adventure
<b>CORE (all students)</b> (Delivered in school)	<ul style="list-style-type: none"> <li>Charities launch assembly</li> <li>Charities research in PBT</li> <li>Charities Week activities (give examples)</li> <li>Children In Need non-uniform day</li> <li>Born in Bradford Survey (autumn term)</li> <li>Citizenship lessons in PBT – the importance of community, how laws help us to deal with complex problems, the justice system</li> </ul>	<ul style="list-style-type: none"> <li>Leadership launch assembly and Leadership &amp; Enrichment Fayre</li> <li>Moral Maze in tutor time</li> <li>Inter-tutor-group debating in tutor groups</li> <li>Citizenship lesson in PBT – giving constructive feedback</li> <li>A presentation given to the class</li> <li>Discussion and debate in lessons</li> </ul>	<ul style="list-style-type: none"> <li>Reading in tutor time</li> <li>Year 9 Learner Curriculum in PBT – How to be an excellent learner – understanding, consolidation, memorisation and application</li> <li>Lessons on effective study / revision skills in different subjects</li> </ul>	<ul style="list-style-type: none"> <li>FutureFest careers fair</li> <li>Next Steps programme in PBT – community, stereotypes, work-life balance</li> <li>Y9 Options assembly</li> <li>Y9 Options Evening</li> <li>Assembly from Leeds City College on Technical Education</li> <li>Finance module Summer Term – budgeting, finance, loans/mortgages, credit ratings/credit cards</li> </ul>	<ul style="list-style-type: none"> <li>Launch of extra-curricular timetable</li> <li>Core PE lessons</li> <li>One or more creative subjects – Art, Drama, Media, Technology, Music</li> <li>Subjects you study that link to your interests</li> <li>Summer Term - Enrichment choices in PBT</li> </ul>	<ul style="list-style-type: none"> <li>Taking part in self-care and mental health awareness activities in PBT</li> <li>Year 9 RE lessons</li> <li>Born in Bradford Survey</li> <li>PSHE lessons Term 1+2 – recognising different behaviours e.g. aggressive and assertive behaviour, risks of cannabis use, gangs and knife crime, healthy relationships, trust, sleep, diet, body image</li> </ul>	<ul style="list-style-type: none"> <li>Values presentations in tutor time</li> <li>Year 9 RE unit – The pursuit of happiness, ethics</li> <li>Assemblies: Interfaith week, Black History Month, Remembrance, LGBT History/Pride/ Anti-bullying week activities</li> <li>PSHE Term 3 – gender roles, relationship stages, online safety, consent, marriage, stages of relationships, pornography risks, explicit images</li> </ul>	<ul style="list-style-type: none"> <li>Participating in Challenge and Celebration Week - Shropshire – The Big Outdoors or in-school activities</li> </ul>
<b>In-school</b> (organised by school)	<ul style="list-style-type: none"> <li>Any activity where you are involved in fundraising for charity</li> <li>Donating items to the food bank</li> <li>Raising money for Children in Need Eco iLeader role / Litter-picking Community iLeader</li> <li>Supporting school events e.g. Open Evening</li> <li>Offering to help around school</li> <li>DofE Bronze service</li> </ul>	<ul style="list-style-type: none"> <li>iLeader roles?</li> <li>Captain/vice-captain of team</li> <li>Student/Sports Council</li> <li>Participating in an assembly</li> <li>Debating club+ competitions</li> <li>Exploring the debating websites on Showbie</li> <li>Performing music/drama</li> <li>Helping at school events such as Open Eve</li> <li>Model UN / DofE Bronze</li> </ul>	<ul style="list-style-type: none"> <li>Independent research / extension work suggested by your teacher</li> <li>Lessons on effective study / revision skills</li> <li>Subject-related clubs at school e.g. languages club</li> <li>Subject-related trips and visits</li> <li>Competitions</li> </ul>	<ul style="list-style-type: none"> <li>Careers links made in subject lessons</li> <li>Trips and visits which are linked to careers and your future</li> <li>Visitors to school who talk about their jobs</li> <li>Careers meeting/interview at parent evening</li> </ul>	<ul style="list-style-type: none"> <li>Attending a lunch/after-school club – Strategy Games, chess, D&amp;D</li> <li>Playing in a sports team</li> <li>Participating in the school drama production/Xmas concert /Creative Arts Eve</li> <li>iLeader helping at a club</li> <li>Taking part in Battle of the Bands</li> <li>Playing musical instrument</li> </ul>	<ul style="list-style-type: none"> <li>Lunchtime or after school sports club</li> <li>Art/drama/music club</li> <li>Other school club that you find relaxing</li> <li>Quiet room at lunchtime</li> </ul>	<ul style="list-style-type: none"> <li>Topics studied in a variety of subjects e.g. History</li> <li>Anti-bullying i-Leader</li> <li>Diversity iLeader</li> <li>LGBT iLeader</li> <li>Safe Space</li> <li>Posters in D Floor / Armitage toilets giving advice and guidance about respect, equality and diversity</li> </ul>	<ul style="list-style-type: none"> <li>Visits to school by external speakers</li> <li>Trips and visits led by subjects e.g. Battlefields / Coutances exchange</li> <li>DofE bronze</li> <li>KS3 Ski Trip</li> <li>Drama residential</li> </ul>
<b>Out of school</b> (organised yourself)	<ul style="list-style-type: none"> <li>Volunteering at local events / for local organisations e.g. Ilkley Carnival</li> <li>Donating clothes/other items to charity</li> <li>Supporting local organisations such as Climate Action Ilkley, Ilkley Literature Festival or events at your local sports club</li> </ul>	<ul style="list-style-type: none"> <li>Captain/vice-captain of a local sports team</li> <li>Leading a warm up/ coaching session</li> <li>Scouts, Brownies, Guides, Cadets</li> <li>Performing or presenting in public connected to anything you do out of school</li> <li>Engaging in discussion and debate in an organised way online or in person</li> </ul>	<ul style="list-style-type: none"> <li>Books &amp; magazines you read out of school</li> <li>High-quality and informative websites/podcasts / films that challenge your thinking</li> <li>Trips/visits which link to a subject you study at school eg. History</li> </ul>	<ul style="list-style-type: none"> <li>Part-time job</li> <li>Entrepreneurial activity</li> <li>Volunteering for local businesses/ organisations</li> <li>Self-organised work experience or part-time job</li> </ul>	<ul style="list-style-type: none"> <li>Playing for a local sports team</li> <li>Member of a gym</li> <li>Walking/biking/hiking</li> <li>Any out of school club e.g. martial arts, dance, swimming</li> <li>Doing activities for enrichment e.g. painting</li> <li>Playing a musical instrument</li> <li>Performing in a band / cooking / musical / theatre</li> </ul>	<ul style="list-style-type: none"> <li>Being a member of a gym</li> <li>Being a member of a church</li> <li>Meditation</li> <li>Yoga classes, Taequondo, Tai Chi</li> <li>Supportive online groups you are part of that support mental health and wellbeing</li> <li>Regular exercise, walking</li> </ul>	<ul style="list-style-type: none"> <li>Films you have watched, podcasts you have listened to and books you have read that explore the importance of respecting others.</li> <li>Organisations you support e.g. Amnesty International, Refugee Action</li> <li>Organisations or individuals you follow on Social Media e.g. Greta</li> <li>Wear a pride badge in support of LGBTQ+</li> </ul>	<ul style="list-style-type: none"> <li>Holidays where you did 'more than just relax' such as activity holidays or visiting a capital city</li> <li>Trips to art galleries, the theatre, major cities</li> <li>Attending major sporting events</li> </ul>

# Year 10: Examples of Personal Development activities (bold = activity all students likely to access)

Strand	1. Active Citizenship & Community	2. Leadership & Influence	3. Scholarship & Curiosity	4. Next Steps & Careers	5. Sport, Interests & Culture	6. Health & Wellbeing	7. Respect, Equality & Diversity (RED)	8. Discovery & Adventure
<b>CORE (all students)</b> (Delivered in school)	<ul style="list-style-type: none"> <li>Charities launch assembly</li> <li>Children in need non-uniform day</li> <li>Charities research in PBT</li> <li>Charities Week activities (give examples)</li> <li>Born in Bradford Survey (autumn term)</li> <li>Citizenship lessons in PBT – democracy and dictatorship, elections, the tripartite system of government, public money, laws, Human Rights &amp; International laws, general elections, voting age</li> </ul>	<ul style="list-style-type: none"> <li>Leadership launch assembly</li> <li>Leadership and Enrichment Fayre</li> <li>Moral Maze in tutor time</li> <li>Inter-tutor-group debating in tutor groups (summer term)</li> <li>A presentation given to the class</li> <li>Discussion and debate in lessons</li> </ul>	<ul style="list-style-type: none"> <li>Reading in tutor time</li> <li>Year 10 Learner Curriculum lessons in PBT – the qualities of an effective learner, learning and wellbeing, steps for success, applying revision techniques, prioritisation, high leverage revision</li> <li>Lessons on effective study / revision skills in different subjects</li> </ul>	<ul style="list-style-type: none"> <li>FutureFest careers fair</li> <li>Work experience Launch assembly</li> <li>World of Work PBT sessions – researching jobs, covering letter, mock application</li> <li>Summer term</li> <li>Finance module in PBT – Savings Options, compound interest and preventing debt</li> <li>Mock Interview with feedback from an employer</li> <li>WEx in C&amp;C week</li> <li>Assembly on Technical Education</li> </ul>	<ul style="list-style-type: none"> <li>Launch of extra-curricular timetable</li> <li>Core PE lessons</li> <li>One or more creative subjects – Art, Drama, Media, Technology, Music</li> <li>Subjects you study that link to your interests</li> </ul>	<ul style="list-style-type: none"> <li>PBT curriculum - Taking part in self-care and mental health awareness</li> <li>PSHE Term 2 – Role models, media influence, drugs and decision-making, peer influence, exit strategies,</li> <li>PSHE Term 3 – body shaming and safe sex (pregnancy)</li> </ul>	<ul style="list-style-type: none"> <li>Y10 RE module – Islam and Humanism</li> <li>Interfaith week assembly</li> <li>PSHE module Term 1 – community, the Equality Act, managing conflict &amp; discrimination, recognising extremism and radicalisation</li> <li>Values presentations</li> <li>Assemblies: Black History Month, Remembrance, LGBT History/Pride/anti-bullying</li> <li>Topics studied in subjects e.g., History, Philosophy</li> <li>PSHE Term 3 – unhealthy relationships, coercion, cuckooing, consent, HBV, FGM</li> </ul>	<ul style="list-style-type: none"> <li>Work Experience in C&amp;C week</li> </ul>
<b>In-school</b> (organised by school)	<ul style="list-style-type: none"> <li>Any activity where you are involved in fundraising for charity</li> <li>Donating items to the food bank</li> <li>Charities research in PBT</li> <li>Raising money for Children in Need</li> <li>Eco iLeader role / Litter-picking</li> <li>Community iLeader</li> <li>Supporting school events e.g. Open Evening</li> <li>Offering to help around school</li> <li>DofE silver (service)</li> </ul>	<ul style="list-style-type: none"> <li>iLeader roles?</li> <li>Captain/vice-captain of team</li> <li>Student/Sports Council</li> <li>Participating in an assembly</li> <li>Debating club + competitions</li> <li>Exploring debating websites</li> <li>Performing music/drama in public e.g Creative Arts festival or school play</li> <li>Helping at school events e.g. Open Eve</li> <li>Model UN / DofE silver</li> </ul>	<ul style="list-style-type: none"> <li>Attending an Ilkley Literature festival event</li> <li>Independent research / extension work</li> <li>Lessons on effective revision techniques</li> <li>UK Maths challenge</li> <li>Subject-related clubs at school e.g. languages club</li> <li>Subject-related trips and visits</li> </ul>	<ul style="list-style-type: none"> <li>Careers links made in subject lessons</li> <li>Trips and visits which are linked to careers and your future</li> <li>Visitors to school who talk about their jobs</li> <li>Careers meeting/interview at parent evening</li> </ul>	<ul style="list-style-type: none"> <li>Attending a lunchtime/ after-school club – netball, strategy Games, chess, D&amp;D, coding</li> <li>Playing in a sports team</li> <li>Participating in the school drama production / Creative Arts Evening</li> <li>iLeader helping at a club</li> <li>Taking part in Battle of the Bands</li> <li>Musical instrument</li> </ul>	<ul style="list-style-type: none"> <li>Lunchtime or after school sports club</li> <li>Art/drama/music club</li> <li>Other school club that you find relaxing</li> <li>Quiet room at lunchtime</li> </ul>	<ul style="list-style-type: none"> <li>Topics studied in a variety of subjects e.g. history, RE</li> <li>Anti-bullying i-Leader</li> <li>Diversity iLeader</li> <li>LGBT iLeader</li> <li>Safe Space</li> <li>Posters in D Floor / Armitage toilets giving advice and guidance about respect, equality and diversity</li> </ul>	<ul style="list-style-type: none"> <li>Visits to school by external speakers</li> <li>Subject Trips and visits e.g.Coutances / Madrid</li> <li>Geography Bay of Naples</li> <li>KS4 Ski Trip</li> <li>DofE silver</li> <li>Drama residential</li> </ul>
<b>Out of school</b> (organised yourself)	<ul style="list-style-type: none"> <li>Volunteering at local events / for local organisations e.g. Ilkley Carnival</li> <li>Donating clothes/other items to charity</li> <li>Supporting local organisations such as Climate Action Ilkley, Ilkley Literature Festival or events at your local sports club</li> </ul>	<ul style="list-style-type: none"> <li>Captain/vice-captain of a local sports team</li> <li>Leading a warm-up/ coaching session</li> <li>Scouts, Brownies, Guides, Cadets</li> <li>Performing or presenting in public connected to anything you do out of school</li> <li>Engaging in discussion and debate in an organised way online or in person</li> </ul>	<ul style="list-style-type: none"> <li>Books &amp; magazines you read out of school</li> <li>High-quality and informative websites/podcasts / films that challenge your thinking</li> <li>Trips/visits which link to a subject you study at school eg. History</li> </ul>	<ul style="list-style-type: none"> <li>Part-time job</li> <li>Entrepreneurial activity</li> <li>Volunteering for local businesses/ organisations</li> <li>Self-organised work experience</li> </ul>	<ul style="list-style-type: none"> <li>Playing for a local sports team</li> <li>Member of a gym</li> <li>Walking/biking/hiking</li> <li>Out of school clubs e.g. martial arts, dance, swimming</li> <li>Activities for enrichment e.g. painting</li> <li>Musical instrument</li> <li>Performing in a band / cooking / musical / theatre</li> </ul>	<ul style="list-style-type: none"> <li>Being a member of a gym</li> <li>Being a member of a church</li> <li>Meditation</li> <li>Yoga classes, Taequondo, Tai Chi</li> <li>Online groups you are part of that support mental health and wellbeing</li> <li>Regular exercise, walking</li> </ul>	<ul style="list-style-type: none"> <li>Films, podcasts and books you have read that explore respect for others.</li> <li>Organisations you support e.g. Amnesty International, Refugee Action</li> <li>Organisations or individuals you follow on Social Media e.g Greta</li> <li>Wear a pride badge in support of LGBTQ+</li> </ul>	<ul style="list-style-type: none"> <li>Holidays where you did 'more than just relax' such as activity holidays or visiting a capital city</li> <li>Trips to art galleries, the theatre, major cities</li> <li>Attending major sporting events</li> </ul>

# Year 11: Examples of Personal Development activities (**bold** = activity **all** students likely to access)

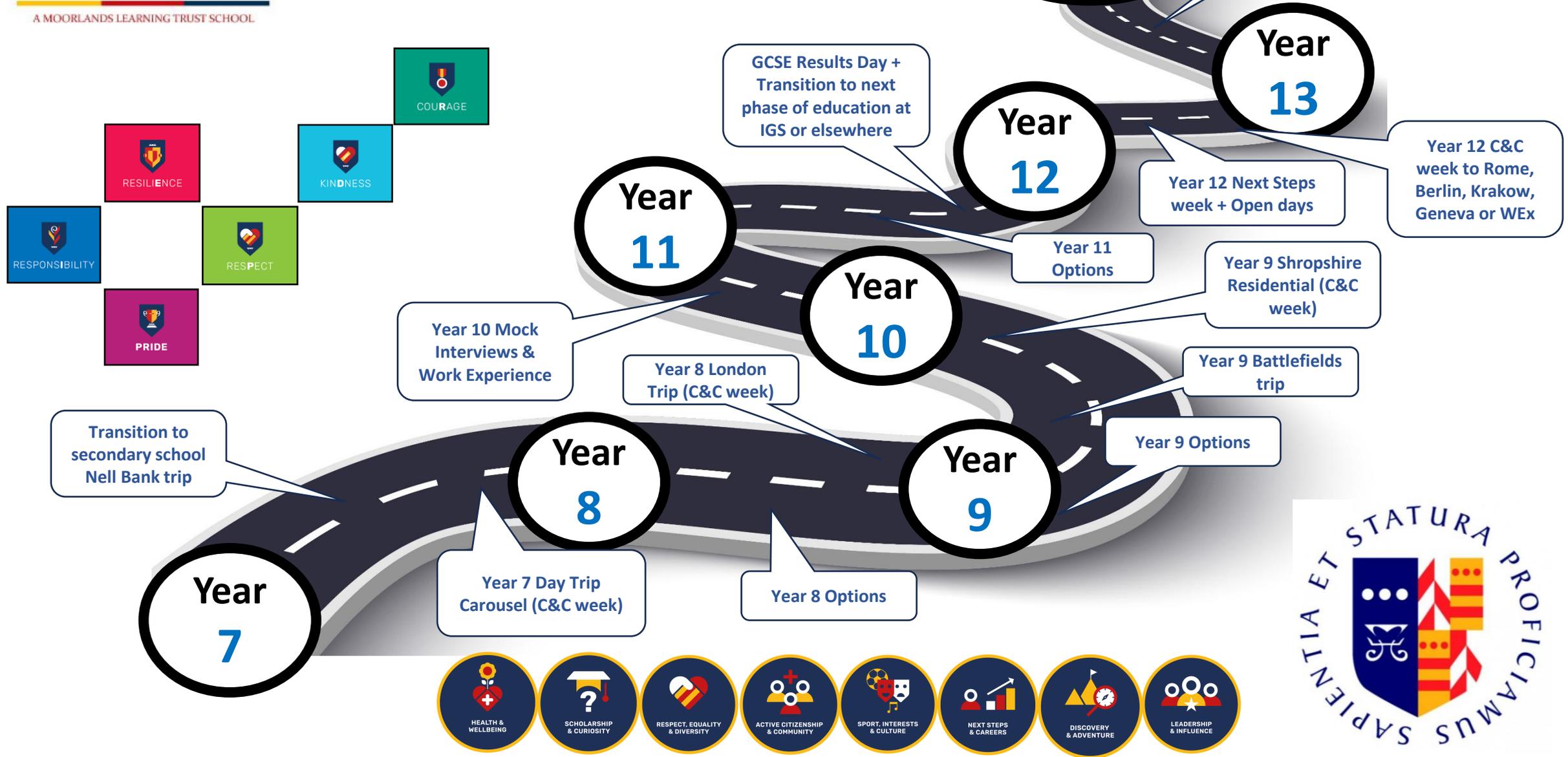
Strand	1. Active Cit& Community	2. Leadership & Influence	3. Scholarship & Curiosity	4. Next Steps & Careers	5. Sport, Interests & Culture	6. Health & Wellbeing	7. Respect, Equality & Diversity (RED)	8. Discovery & Adventure
<b>CORE (all students)</b> (Delivered in school)	<ul style="list-style-type: none"> <li>Charities launch assembly</li> <li>Children in need non-uniform day</li> <li>Citizenship lessons in PBT – Democracy &amp; the free press, the Commonwealth, the UN, Human Rights and International Law,</li> <li>Charities Week – raising money with your form</li> </ul>	<ul style="list-style-type: none"> <li>Leadership launch assembly</li> <li>Leadership and Enrichment Fayre</li> <li>Moral Maze in tutor time</li> <li>A presentation given to the class</li> <li>Discussion and debate in lessons</li> </ul>	<ul style="list-style-type: none"> <li>Reading/revision in tutor time</li> <li>Learner Curriculum in PBT – metacognition, ‘steps to success’, practice in controlled conditions, growth mindset</li> <li>Revision skills Info evening</li> <li>Lessons on effective study / revision skills</li> </ul>	<ul style="list-style-type: none"> <li>FutureFest careers fair</li> <li>Next Steps Assembly</li> <li>Post-16 options activity in PBT</li> <li>Post-16 Open Evening</li> <li>Post-16 Next Steps interview</li> <li>Post-16 Taster Day</li> <li>Apprenticeships assembly from Bradford College</li> <li>Finance module in PBT – savings, insurance, pensions and financial planning</li> <li>Post-16 Induction Day (Summer term)</li> </ul>	<ul style="list-style-type: none"> <li>Launch of extra-curricular timetable</li> <li>Core PE lessons</li> <li>One or more creative subjects – Art, Drama, Media, Technology, Music</li> <li>Subjects you study that link to your interests</li> </ul>	<ul style="list-style-type: none"> <li>Y11 PSHE topic – relationship status and the law, core relationship values, communicating harassment, fertility, pregnancy, abortion laws and rights, checking for cancer</li> <li>Taking part in self-care and mental health awareness PBT sessions</li> </ul>	<ul style="list-style-type: none"> <li>Y11 PSHE – creating positive content online, challenging harassment, challenging appearance ideals</li> <li>Black History month, anti-bullying week activities</li> <li>Assemblies: LGBT History/Pride, International Woman’s Day Remembrance and the holocaust</li> <li>Values Presentations in tutor time</li> <li>Topics studied in subjects e.g. History, RE, English, Geography</li> </ul>	Year 11 are not in school during C&C week
<b>In-school</b> (organised by school)	<ul style="list-style-type: none"> <li>Donating items to the food bank</li> <li>Charities research in PBT</li> <li>PE lesson - hockey club fund raiser</li> <li>Fundraising for charity</li> <li>Children in Need</li> <li>Eco iLeader role/Litter-picking</li> <li>Community iLeader</li> <li>Supporting school events e.g. Open Evening</li> <li>Offering to help around school</li> <li>DofE service</li> </ul>	<ul style="list-style-type: none"> <li>Any iLeader role</li> <li>Student / Sports Council</li> <li>Presentation given to the class</li> <li>Participating in an assembly</li> <li>Debating club/competitions</li> <li>Exploring debating websites</li> <li>Performing music/drama</li> <li>Discussion and debate in lessons</li> <li>Model UN / DofE</li> <li>Helping at school events such as Open Eve</li> </ul>	<ul style="list-style-type: none"> <li>Independent research / extension work suggested by your teacher</li> <li>Lessons on effective revision techniques</li> <li>UK Maths challenge</li> <li>Subject-related clubs at school e.g. languages club</li> <li>Subject-related trips and visits</li> </ul>	<ul style="list-style-type: none"> <li>Careers links made in subject lessons</li> <li>Trips and visits which are linked to careers and your future</li> <li>Visitors to school who talk about their jobs</li> <li>Careers meeting/interview at parent evening</li> <li>Booking a careers interview with the school careers advisor</li> </ul>	<ul style="list-style-type: none"> <li>A creative or sport-repeated options subject (GCSE)</li> <li>Attending an after-school club – Strategy Games, chess, D&amp;D</li> <li>Playing in a sports team</li> <li>Attending a lunch time club</li> <li>Participating in the school drama production / Xmas concert / Creative Arts Evening / Battle of the Bands</li> <li>iLeader helping at a club</li> <li>Musical instrument</li> </ul>	<ul style="list-style-type: none"> <li>Lunchtime or after school sports club</li> <li>Art/drama/music club</li> <li>Other school club that you find relaxing</li> <li>Quiet room at lunchtime</li> </ul>	<ul style="list-style-type: none"> <li>Topics studied in a variety of subjects e.g. history, RE</li> <li>Anti-bullying i-Leader</li> <li>Diversity iLeader</li> <li>LGBT iLeader</li> <li>Safe Space</li> <li>Posters in D Floor / Armitage toilets giving advice and guidance about respect, equality and diversity</li> </ul>	<ul style="list-style-type: none"> <li>Subject specific trips e.g. Bay of Naples (Geog)</li> <li>Visits to school by external speakers</li> <li>Trips and visits led by subjects e.g. Coutances exchange</li> <li>KS4 Ski Trip</li> <li>Drama residential</li> </ul>
<b>Out of school</b> (organised yourself)	<ul style="list-style-type: none"> <li>Volunteering at local events / for local organisations</li> <li>Donating clothes to charity</li> <li>Supporting local organisations such as Climate Action Ilkley, Ilkley Literature Festival or events at your local sports club</li> </ul>	<ul style="list-style-type: none"> <li>Captain/vice-captain of a sports team</li> <li>Leading a warm-up/coaching session</li> <li>Scouts, Brownies, Guides, cadets</li> <li>Performing or presenting in public out of school</li> <li>Engaging in discussion and debate in an organised way online or in person</li> </ul>	<ul style="list-style-type: none"> <li>Books &amp; magazines you read out of school</li> <li>High-quality and informative websites/podcasts / films that challenge your thinking</li> <li>Trips/visits which link to a subject eg. History</li> </ul>	<ul style="list-style-type: none"> <li>Part-time job</li> <li>Entrepreneurial activity</li> <li>Volunteering for local businesses/ organisations</li> </ul>	<ul style="list-style-type: none"> <li>Local sports team</li> <li>Member of a gym / Walking / biking / hiking</li> <li>Any out of school club e.g. Martial arts, dance</li> <li>Swimming</li> <li>Enrichment activities e.g. painting</li> <li>Playing an instrument</li> <li>Performing in a band / cooking / musical / theatre</li> </ul>	<ul style="list-style-type: none"> <li>Being a member of a gym</li> <li>Being a member of a church</li> <li>Meditation</li> <li>Yoga classes, Taequondo, Tai Chi</li> <li>Supportive online groups you are part of that support mental health and wellbeing</li> <li>Participating regularly in exercise</li> </ul>	<ul style="list-style-type: none"> <li>Films, podcasts, books you have read that address the importance of respecting others.</li> <li>Organisations you support e.g. Amnesty International, Refugee Action</li> <li>Organisations or individuals you follow on Social Media e.g Greta</li> <li>Wear a pride badge in support of LGBTQ+</li> </ul>	<ul style="list-style-type: none"> <li>Holidays where you did ‘more than just relax’ such as activity holidays or a capital city</li> <li>Trips to art galleries, the theatre, cities</li> <li>Attending major sporting events</li> </ul>

# Y12/13: Examples of Personal Development activities

(**bold** = activity **all** students likely to access)

Strand	1. Active Cit. & Community	2. Leadership & Influence	3. Scholarship & Curiosity	4. Next Steps & Careers	5. Sport, interests & Culture	6. Health & wellbeing	7. Respect, Equality & Diversity	8. Disc. & Adventure
<b>CORE (all students)</b> (Delivered in school)	<ul style="list-style-type: none"> <li>Charities week launch assembly</li> <li>Children in Need non-dress-code day</li> <li>Raising money during Charities Week with your form</li> <li>Raising money for Children in Need</li> <li>Y12 Citizenship in PBT – voting, activism</li> <li>Y13 Citizenship in PBT – Voting, politics and active democracy</li> </ul>	<ul style="list-style-type: none"> <li>Leadership launch assembly</li> <li>Leadership and Enrichment Fayre</li> <li>Great Speeches</li> <li>Moral Maze debating in tutor time</li> <li>Presentations in PBT</li> <li>Presentation given to your class</li> <li>PSHE Y13 – Managing conflicting views</li> </ul>	<ul style="list-style-type: none"> <li>Year 12 + 13 PBT Learner Curriculum –Independent study skills for P16, planning, personal organisation, the psychology of learning, cognitive load, working memory, sensory memory, encoding, retrieval, the Cornell method</li> <li>PBT Lessons and Assemblies on effective study / revision skills</li> <li>Specialist subject-specific approaches to effective study integrated with subject curricula</li> </ul>	<ul style="list-style-type: none"> <li>FutureFest careers fair</li> <li>Participating in Next Steps week (summer of Y12)</li> <li>Signing up for Open Days and university visits (from summer of y12)</li> <li>Y12 Finance module in PBT in term 3 – Employment, Basics of banking, gap years, Next Steps (Post mock exams)</li> <li>Y13 PBT sessions in Term 2/3 – Preparation for life after IGS – preparing for a new way of studying, cooking independently, preparing for financial independence</li> </ul>	<ul style="list-style-type: none"> <li>Launch of extra-curricular timetable</li> <li>Cultural links within subjects studied at A level / BTEC – see Subject enrichment reading lists</li> <li>Great Speeches in PBT</li> </ul>	<ul style="list-style-type: none"> <li>Y12 PSHE - Looking after personal health, cancer screening, managing stress independently, diet and sleep, self-image</li> <li>Y13 PSHE – Self-care + exams, work-life balance Parenting, fertility, body alteration, self-examination, impact of alcohol on relationships</li> <li>Y13 PBT – safety when independent – driving and travel safety, mental health</li> </ul>	<ul style="list-style-type: none"> <li>Y12 PSHE – Relationship equality, challenging violence, impact of pornography, substance misuse/abuse in relationships, challenging discrimination, de-escalation</li> <li>Y13 PSHE – faith and culture in relationships, challenging toxic cultures</li> <li>Topics across the range of A Level/BTEC subjects e.g. Sociology, Criminology etc.</li> <li>Assemblies: Black Hist. Month, Remembrance, LGBT History / Pride /Inter-faith week/ Ostracism</li> </ul>	<ul style="list-style-type: none"> <li>Participating in C&amp;C week in Y12 – Berlin, Rome, Krakow, Geneva</li> <li>Next Steps and university-related trips</li> </ul>
<b>In-school</b> (organised by school)	<ul style="list-style-type: none"> <li>Any activity where you are raising money for charity</li> <li>Donating items to the food bank</li> <li>Becoming an iLeader</li> <li>IGS News iLeader / Eco-iLeader / Community iLeader</li> <li>STEM iLeader</li> <li>Supporting school events e.g. Open Eve</li> <li>DofE service</li> </ul>	<ul style="list-style-type: none"> <li>Any iLeader role incl. SLT</li> <li>School Council</li> <li>Subject mentoring / Peer-to-peer support</li> <li>Leadership role in a school sports team</li> <li>EPQ presentation</li> <li>Sports Council / Sports Leader (qualification)</li> <li>Reading about Leadership in Wider reading booklet</li> <li>Supporting school events</li> <li>Model UN</li> </ul>	<ul style="list-style-type: none"> <li>Independent research</li> <li>Subject-related clubs at school e.g. languages club</li> <li>Subject-related trips and visits</li> <li>EPQ research and essay</li> <li>Essay competitions</li> <li>UKMT Senior Maths challenge, British Physics Olympiad</li> <li>Reading/listening/ watching something on the Subject Enhancement (Wider Reading)</li> <li>Ilkley Literature Festival</li> </ul>	<ul style="list-style-type: none"> <li>Opportunities shared in the weekly powerpoint</li> <li>Art/Photography careers iLeader</li> <li>Work Experience as part of your course (H&amp;S)</li> <li>WEx Enrichment option</li> <li>Careers opportunities provided by subject areas</li> <li>Attending a conference (online or in person)</li> </ul>	<ul style="list-style-type: none"> <li>Post-16 Social Sport</li> <li>Creative/sporting subjects at A level/BTEC</li> <li>Playing for a school sports team</li> <li>School production / Xmas concert / Creative Arts fest.</li> <li>Sports Leadership qualification</li> <li>iLeader roles/Sports Council /Art/Photography club</li> <li>iLeader / Battle of the Bands</li> </ul>	<ul style="list-style-type: none"> <li>Gaining accreditation as a Mental Health iLeader</li> <li>Using self-care resources in the Personal Devt folder</li> <li>Mental Health First Aid qualification</li> <li>Lunchtime/after school club</li> <li>Quiet room at lunchtime</li> </ul>	<ul style="list-style-type: none"> <li>Becoming a Diversity iLeader</li> <li>Model UN</li> <li>Anti-bullying iLeader</li> <li>LGBTQ+ safe space iLeader</li> <li>Posters in D Floor / Armitage toilets giving advice and guidance about respect, equality and diversity</li> </ul>	<ul style="list-style-type: none"> <li>Exchanges</li> <li>Subject-related trips</li> <li>Visits by external speakers</li> <li>D of E trips</li> <li>Ingleborough Drama residential</li> <li>KS5 Ski Trip</li> <li>Geog- Iceland</li> </ul>
<b>Out of school</b> (organised yourself)	<ul style="list-style-type: none"> <li>Raising money for charity e.g. marathon</li> <li>Volunteering / supporting community events e.g. Climate Action Ilkley / Ilkley Lit. Fest.</li> <li>Member of nat. charity/organisation</li> <li>Volunteering with scouts/guides/cadets/Rainbows / cubs</li> <li>Donating to Food Bank</li> <li>Going to church</li> </ul>	<ul style="list-style-type: none"> <li>Captain of a sports team</li> <li>Coaching and refereeing</li> <li>Scouts, brownies or guides</li> <li>Taking a leading role in activities out of school</li> <li>Leadership or training role at work e.g. health and safety</li> <li>Private teaching or tutoring</li> <li>Performing or presenting in public</li> <li>Engaging in discussion and debate in an organised way online or in person</li> </ul>	<ul style="list-style-type: none"> <li>Books &amp; magazines you read out of school</li> <li>High-quality and informative websites/podcasts / films / TED Talks that challenge thinking</li> <li>Watching online lectures</li> <li>Trips/visits which link to a subject you study eg. History</li> <li>Reading/listening/ watching something on the Subject Enhancement lists</li> <li>Independent research</li> <li>MOOCs (Massive Open Online Courses)</li> </ul>	<ul style="list-style-type: none"> <li>Applying for and/or securing a Part-time job</li> <li>WEx of any kind (incl. online)</li> <li>Attending Open Day and visiting a university</li> <li>Conversation with someone you know and trust about their experience of work</li> <li>Entrepreneurial activity</li> <li>Wider reading related to your chosen career path</li> <li>Gaining work-based qualifications e.g. lifeguarding, food hygiene</li> </ul>	<ul style="list-style-type: none"> <li>Playing sport for a local team</li> <li>Walking/hiking/ climbing /biking / marathon running</li> <li>Out of school clubs – dance, martial arts, drama, art, creative writing, choir</li> <li>Enrichment activities at home e.g. painting</li> <li>Musical instrument</li> <li>In a band, Youth Orchestras</li> <li>Cooking, church, Air Cadets, visiting Art Galleries</li> <li>Gaming/coding</li> </ul>	<ul style="list-style-type: none"> <li>Member of a gym</li> <li>Member of a church</li> <li>Meditation / Yoga classes, Taequondo, Tai Chi</li> <li>Online groups supporting mental health and wellbeing</li> <li>Read self-help books &amp; listen to podcasts</li> <li>Cooking</li> <li>Online MH support</li> </ul>	<ul style="list-style-type: none"> <li>Films, podcasts, books addressing respect, equality and diversity</li> <li>Organisations you support e.g. Amnesty International, Refugee Action</li> <li>Organisations or individuals on Social Media e.g. Greta</li> <li>Attending youth club</li> <li>Volunteering</li> <li>Customer service at work</li> <li>Joining a political party</li> <li>Wear a pride badge in support of LGBTQ+</li> </ul>	<ul style="list-style-type: none"> <li>Holidays where you did ‘more than just relax’</li> <li>Trips to Art Galleries, the theatre, major cities</li> <li>Attending major sporting events</li> </ul>

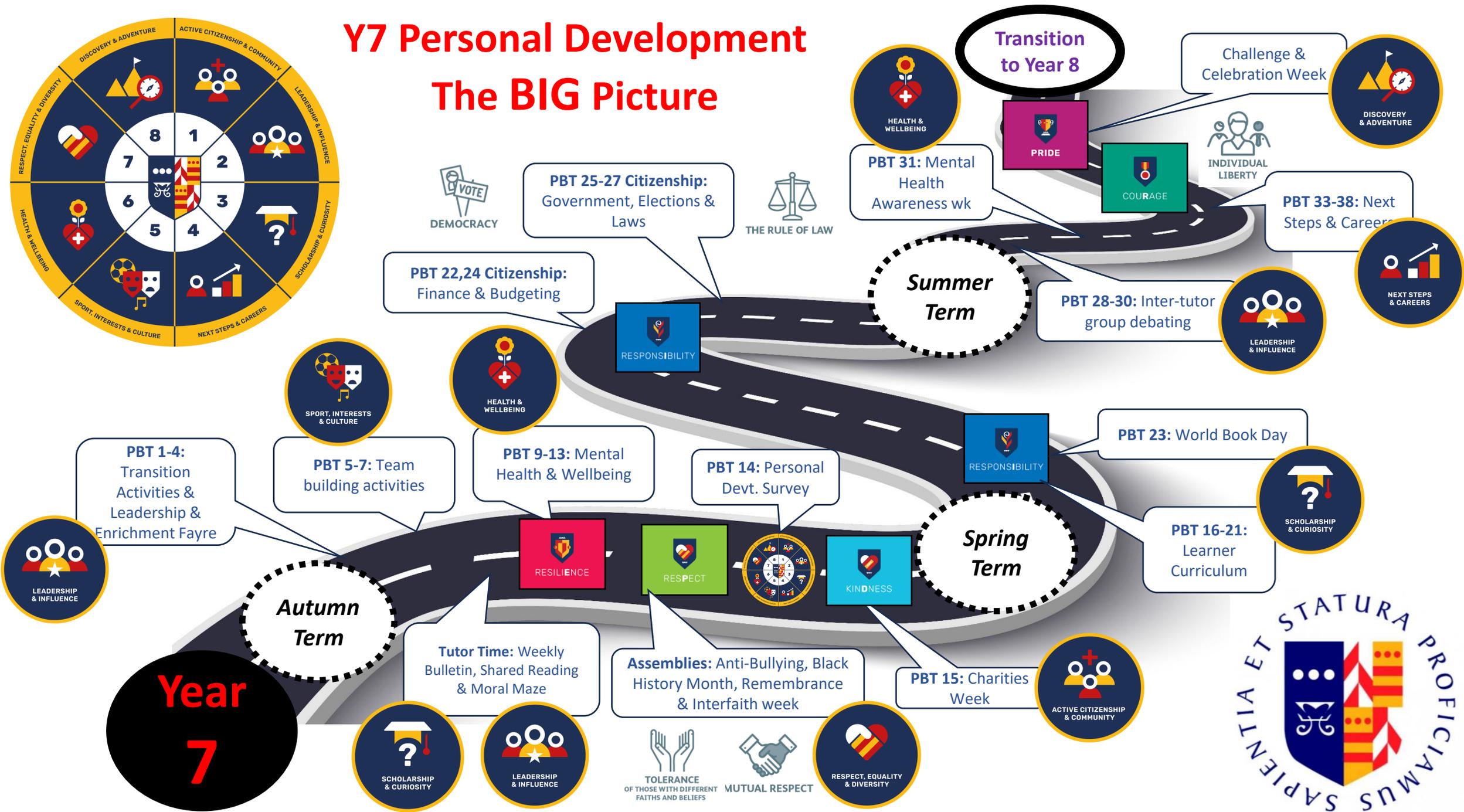
# Personal Development A 7-year journey...



# Y7 Personal Development The BIG Picture

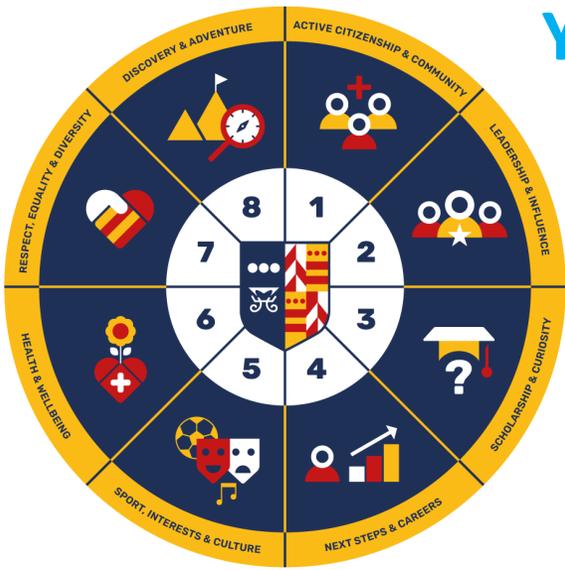


**Year  
7**





# Y9 Personal Development The BIG Picture



**Year 9**

**Autumn Term**

**Summer Term**

**Spring Term**

**Transition to Year 10**

**PBT 25-28 Citizenship:**  
Feedback & criticism & why do laws exist?

**PBT 29,30,32 Finance:**  
Budgeting, finance, loans and mortgages, credit & credit cards

**PBT 31:** Mental Health Awareness week

**PBT 36-38:** Enrichment choices

**PBT 33-35:** Inter-tutor group debating

**PBT 16-24:** Next Steps & Careers – Options Process

**PBT 1,3:** Transition Activities & Leadership & Enrichment Fayre

**PBT 2:** Learner Curriculum launch

**PBT 4-7:** Mental Health & Wellbeing

**PBT 8-12:** Learner Curriculum

**PBT 15:** Charities Week

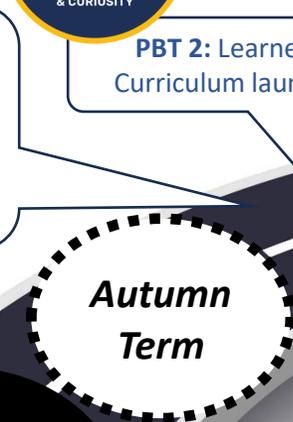
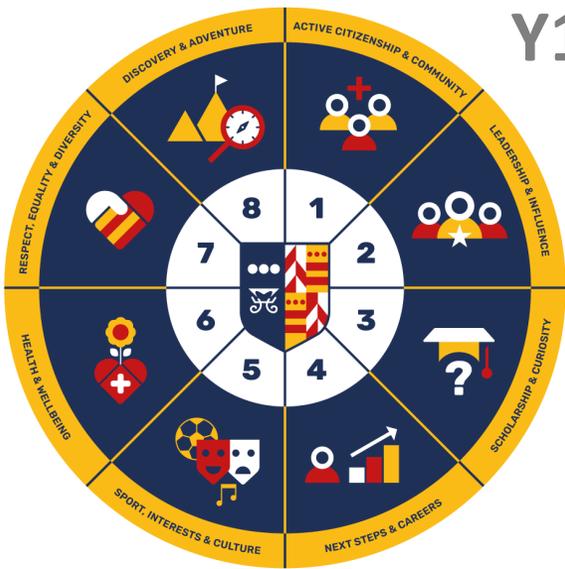
**PBT 13,14:** Born in Bradford and Personal Devt Surveys

**Tutor Time:** Weekly Bulletin, Shared Reading & Moral Maze

**Assemblies:** Anti-Bullying, Black History Month, Remembrance & Interfaith week



# Y10 Personal Development The BIG Picture



**PBT 1,3:**  
Transition  
Activities &  
Leadership &  
Enrichment  
Fayre

**PBT 2:** Learner  
Curriculum launch

**PBT 4-7:** Mental  
Health &  
Wellbeing

**PBT 8:** European  
Day of Languages

**PBT 9-12:**  
Learner  
Curriculum

**PBT 15-18:** Next Steps

**Year  
10**



**PBT 19-21 Citizenship:**  
Democracy &  
Dictatorship, elections,  
the tripartite system



**PBT 26-29 Cit/Finance:** Public  
money, human rights, general  
elections, savings and debt

**PBT 22-25:** Learner  
Curriculum – how  
to revise



**PBT 30+32:** Next  
Steps – Mock  
Interviews



**PBT 33-35:**  
Enrichment  
choices



**Transition  
to Year 11**



**C&C week + PBT 38:**  
Work Experience

**PBT 36-37:** Inter-  
tutor group debating

**PBT 31:** Mental  
Health Awareness  
week



**PBT 30+32:** Next  
Steps – Mock  
Interviews

**PBT 33-35:**  
Enrichment  
choices



Charities Week

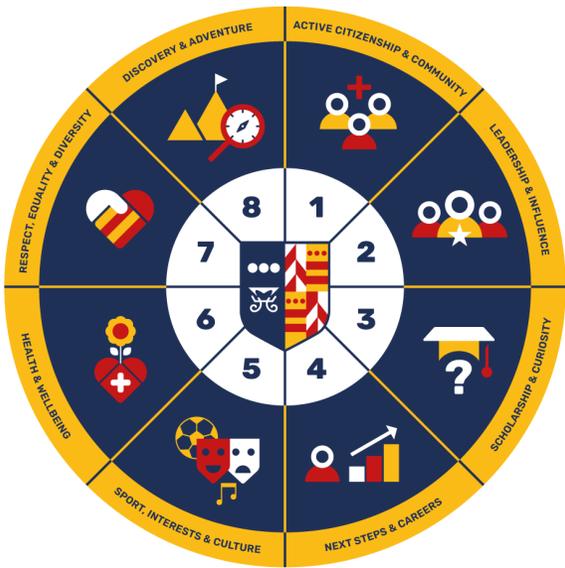
**PBT 13,14:** Born in  
Bradford and Personal  
Devt Surveys

**Assemblies:** Anti-Bullying, Black  
History Month, Remembrance  
& Interfaith week

**Tutor Time:** Weekly  
Bulletin, Shared Reading  
& Moral Maze



# Y11 Personal Development The BIG Picture



**PBT 1,3:**  
Transition  
Activities &  
Leadership &  
Enrichment  
Fayre

**Autumn  
Term**



**PBT 2+4:** Learner  
Curriculum launch &  
Next Steps launch



**PBT 5-7:** Mental  
Health &  
Wellbeing



**PBT 8-10:**  
Learner  
Curriculum



**Weeks 11-12:**  
Mock exams



**PBT 15-17:** Learner Curriculum Mock  
Reflection & Target Setting



Charities Week

**PBT 13,14:** Taster Day  
launch assembly &  
Personal Devt Survey



**Assemblies:** Anti-Bullying, Black  
History Month, Remembrance  
& Interfaith week



**Year  
11**



**PBT 18-21 Next Steps:** P16  
applications, women in the  
workplace, pathway interviews



**PBT 22-25 Cit/Finance:**  
Democracy & Free press, the  
Commonwealth, the UN,  
savings, pensions, financial  
planning



**PBT 26:** Mental  
Health &  
Wellbeing

**Summer  
Term**



**Y11 GCSE Study  
Leave weeks 32-39**

**PBT week 31:**  
Y11 last day!

**Transition  
to next  
stage**

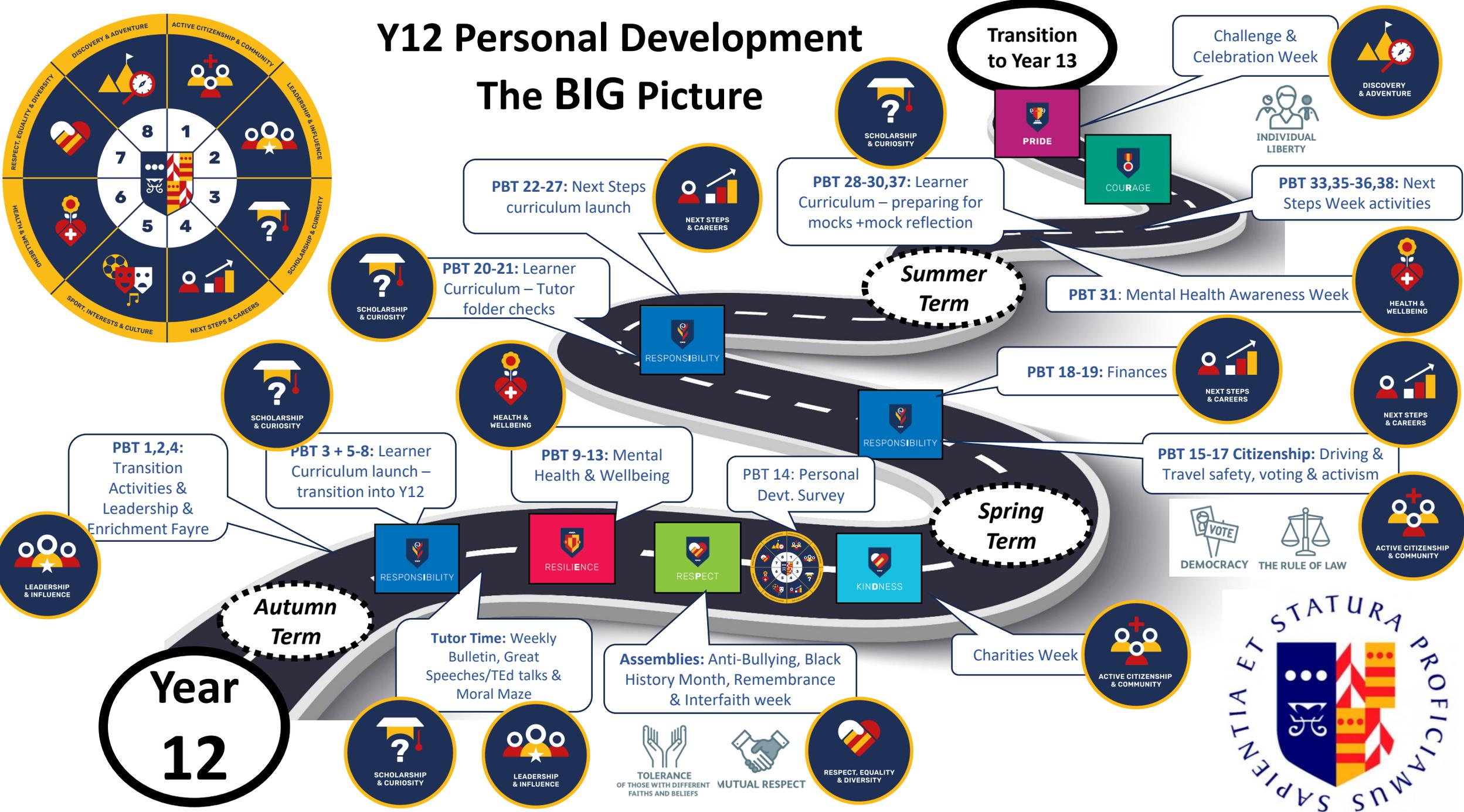
August 2025 – GCSE  
Results Day!



# Y12 Personal Development The BIG Picture



**Year 12**



**Autumn Term**

**Spring Term**

**Summer Term**

**PBT 1,2,4:** Transition Activities & Leadership & Enrichment Fayre

**PBT 3 + 5-8:** Learner Curriculum launch – transition into Y12

**PBT 9-13:** Mental Health & Wellbeing

**PBT 14:** Personal Devt. Survey

**PBT 15-17 Citizenship:** Driving & Travel safety, voting & activism

**PBT 18-19:** Finances

**PBT 31:** Mental Health Awareness Week

**PBT 28-30,37:** Learner Curriculum – preparing for mocks +mock reflection

**PBT 22-27:** Next Steps curriculum launch

**PBT 33,35-36,38:** Next Steps Week activities

**Transition to Year 13**

Challenge & Celebration Week

**SCHOLARSHIP & CURIOSITY**

**LEADERSHIP & INFLUENCE**

**TOLERANCE OF THOSE WITH DIFFERENT FAITHS AND BELIEFS**

**MUTUAL RESPECT**

**RESPECT, EQUALITY & DIVERSITY**

**ACTIVE CITIZENSHIP & COMMUNITY**

**DEMOCRACY THE RULE OF LAW**

**ACTIVE CITIZENSHIP & COMMUNITY**

**NEXT STEPS & CAREERS**

**HEALTH & WELLBEING**

**DISCOVERY & ADVENTURE**

**INDIVIDUAL LIBERTY**

**COURAGE**

**PRIDE**

**RESPONSIBILITY**

**RESPONSIBILITY**

**RESPONSIBILITY**

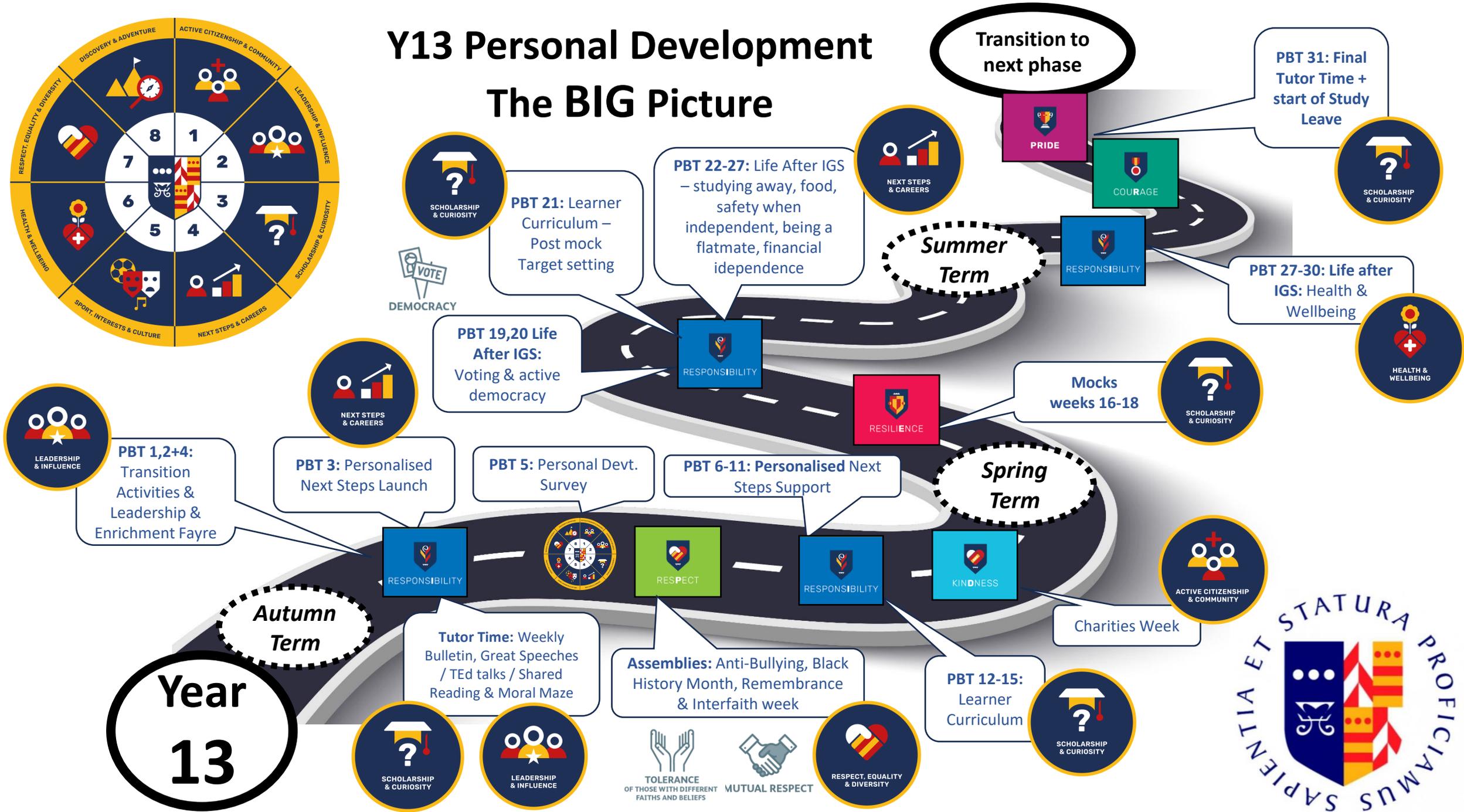
**RESILIENCE**

**RESPECT**

**KINDNESS**



# Y13 Personal Development The BIG Picture



**LEADERSHIP & INFLUENCE**

**PBT 1,2+4:**  
Transition Activities & Leadership & Enrichment Fayre

**NEXT STEPS & CAREERS**

**PBT 3:** Personalised Next Steps Launch

**PBT 5:** Personal Devt. Survey

**PBT 6-11:** Personalised Next Steps Support

**SCHOLARSHIP & CURIOSITY**

**PBT 21:** Learner Curriculum – Post mock Target setting

**PBT 22-27:** Life After IGS – studying away, food, safety when independent, being a flatmate, financial independence

**NEXT STEPS & CAREERS**

**Summer Term**

**Transition to next phase**

**PRIDE**

**PBT 31:** Final Tutor Time + start of Study Leave

**SCHOLARSHIP & CURIOSITY**

**COURAGE**

**PBT 27-30:** Life after IGS: Health & Wellbeing

**HEALTH & WELLBEING**

**RESPONSIBILITY**

**DEMOCRACY**

**PBT 19,20** Life After IGS: Voting & active democracy

**RESPONSIBILITY**

**Mocks weeks 16-18**

**SCHOLARSHIP & CURIOSITY**

**RESILIENCE**

**Spring Term**

**Autumn Term**

**Year 13**

**SCHOLARSHIP & CURIOSITY**

**LEADERSHIP & INFLUENCE**

**TOLERANCE OF THOSE WITH DIFFERENT FAITHS AND BELIEFS**

**MUTUAL RESPECT**

**RESPECT, EQUALITY & DIVERSITY**

**PBT 12-15:** Learner Curriculum

**SCHOLARSHIP & CURIOSITY**

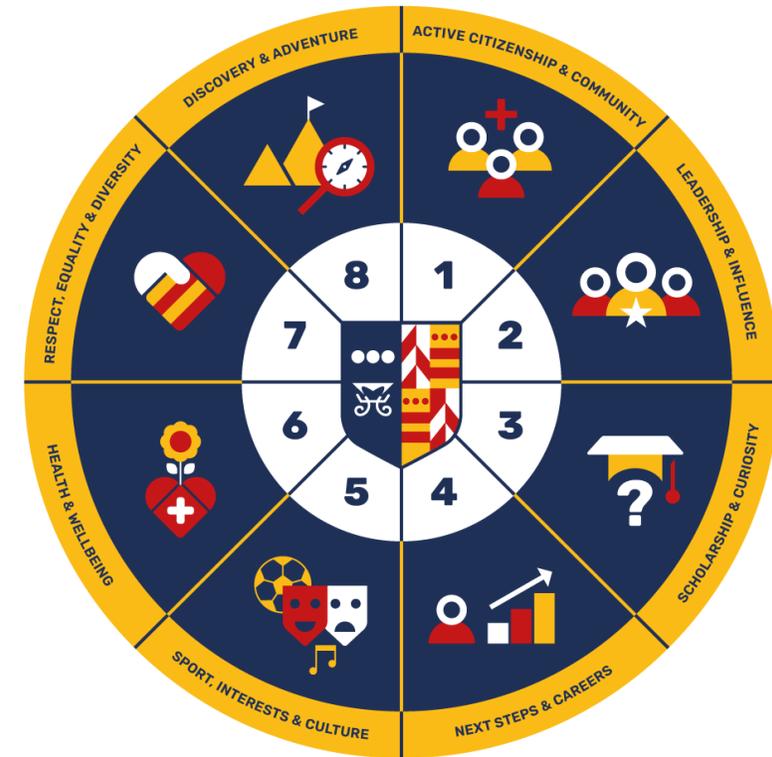
**Charities Week**

**ACTIVE CITIZENSHIP & COMMUNITY**



# From experiences to outcomes...

Experience of...	Knowledge, skills and experiences in these core areas...
<b>Active Citizenship &amp; Community</b>	will enable us to be engaged with the world outside school and supportive of others
<b>Leadership and Influence</b>	will enable us to make a positive difference to the lives of others
<b>Scholarship and Curiosity</b>	will empower us to ensure that our learning is deep, durable and self-sustaining
<b>Next Steps &amp; Careers</b>	will empower us to make informed decisions about our future
<b>Health &amp; Wellbeing</b>	will enable us to be kind to ourselves and to empathise with others
<b>Sports, Interests &amp; Culture</b>	will enable us to specialise in areas where we have unique talents and also to gain a wider range of enriching experiences
<b>Respect, Equality &amp; Diversity (RED)</b>	will make us more compassionate, understanding and tolerant of others
<b>Discovery &amp; Adventure</b>	will give us a deeper insight into the world and cultures around us



These experiences will enable us over time to ***grow in wisdom and stature***

# Living out our values...

By showing **respect** for ourselves, each other and our environment...

By having the **courage** to speak up and to ask for help when we need it...

By taking **responsibility** for our learning and for our actions...

By being **kind** to ourselves and to those we encounter each day..

By showing and developing **resilience** when we face adversity...

By being **proud** of who we are and of what we achieve...

we will achieve our **Personal Best**,  
we will grow in **wisdom** and **stature**,  
we will become ever stronger as individuals and as a  
community

Personal  
Best Values



RESPECT



COURAGE



RESPONSIBILITY



KINDNESS



RESILIENCE



PRIDE

# Statements aligning Personal Development to the IGS values...

## 1. Active Citizenship & Community

Through active citizenship and service, we show **kindness** for others and by taking action we are taking **responsibility** for making a positive difference to others. Sometimes active citizenship demands **courage** as we are standing up for what we believe in, which also requires **resilience**.

## 2. Leadership & Influence

By taking on positions of leadership **responsibility** as iLeaders, through sport or the School Council we will develop skills which will enable us to have a positive influence on the world around us. Effective leaders show **respect** for others by listening carefully to different points of view and show **kindness** by acting fairly and consistently towards those that we lead. Great leaders show **courage** by speaking up for those that don't have a voice and **resilience** when trying to resolve conflict. Leaders are also **proud** of the community and people they serve.

## 3. Scholarship & Curiosity

On our learning journeys at IGS we will have the opportunity to become ever more **confident, resilient** and **proud** of ourselves as effective learners and scholars. Every learning journey is unique and includes a unique combination of subjects, skills, knowledge and experience. If we read more widely, we will be taking greater **responsibility** for our learning. Deep and durable learning requires **resilience**, but this will also enable us to feel **proud** of what we achieve precisely because the process of learning is not always easy.

## 4. Next Steps & Careers

As we start to consider our next steps and possible careers, we start to take increasing **responsibility** for our decisions and show **resilience** and **courage** in the face of uncertainty or when required to move outside our comfort zone. We should all have the opportunity to feel **proud** of the informed choices we make and proud of the rich and varied destinations we secure.

## 5. Sport, Interests & Culture

Through engaging with sport, art and culture and in a wide range of other interests (in or out of school) we will be able to develop skills and gain valuable knowledge and experience that combine in a way that is unique and personal to each of us. These experiences and skills will often require us to show **resilience** and **courage** and to take **responsibility** for getting involved. These experiences will feed our characters and enrich our understanding of the richness and complexity of human relations.

## 6. Health & Wellbeing

As we learn more about the factors influencing our health and wellbeing, we will reflect on the range of choices we have and on the choices we make. We will need to **respect** ourselves as well as others and be **kind** to ourselves as well as others. We never know what life will throw at us and we therefore know that at times we will all need to be **resilient** and to have the **courage** to carry on in the face of adversity and to ask for help. We will increasingly take responsibility for our own health and wellbeing, having been provided with the right information about how to make informed choices.

## 7. Respect, Equality & Diversity

Over the course of our time at IGS we will learn the fundamental value of **Respect, Equality and Diversity (RED)**. We will take **responsibility** for the impact of our words and actions on others and will understand the power and importance of **kindness** in all our interactions. Sometimes it will take **courage** to stand up for what is right in the face of peer pressure or to reach out for help and sometimes it will require **resilience** and patience while things start to improve.

## 8. Discovery & Adventure

We want to develop the confidence to be adventurous and to seek out new experiences and this requires having the **courage** to take a step into the unknown. We will feel **proud** of going outside our comfort zone and of therefore having the opportunity to grow as a person. By opening ourselves up to new experiences we will have the opportunity to develop insight into other cultures and in doing so to **respect** other cultures and countries because we understand them better.

**As we move up through the school our activities will form a *web of experience* which will make us unique and therefore uniquely placed to make a positive difference to our own lives and the lives of others. Our community will become ever stronger as a result.**

# THE PERSONAL DEVELOPMENT WEB

