



DO I NEED TO KEEP MY CHILD OFF SCHOOL?

Additional details regarding childhood illness can be found on the NHS website [here](#)

Chicken Pox

Stay off until all spots have crusted over.

Conjunctivitis

No need to stay off, but school should be informed.

Mild Diarrhoea

If the child is otherwise well and has had no other symptoms, they do not need to stay home.

Glandular Fever

No need to stay off, but school should be informed.

Hand, Foot & Mouth

No need to stay off, but school should be informed.

Impetigo

Until lesions are crusted & healed or 48 hours after starting antibiotics

Measles or German Measles

4 days from onset of rash, but school should be informed

Mumps

5 days from onset of swelling, and school should be informed

Scabies

Stay off until after first treatment has commenced .

Scarlet Fever

Stay off school until 24 hours after starting antibiotics.

Slapped Cheek

No need to stay off, but school should be informed

Whooping Cough

48 hours after starting antibiotics

Flu

Until recovered.

Head Lice

No need to stay off, but school should be informed.

Threadworms

No need to stay off school

Tonsillitis

No need to stay off



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Common Cold

Mild cold symptoms like a runny nose and cough, the student does not need to stay at home

Allergies

Seasonal allergies can cause discomfort but don't require absence from school.

Mild Headaches

Mild headaches can often be managed with medication and students can attend school

Slight Fever

Low-grade fevers (under 37.8°C) do not require staying home

Stomach Aches

Often caused by anxiety or mild digestive issues, students should be in school. Seek pastoral support if needed

Minor Skin Rashes

Non-contagious rashes, such as eczema, don't prevent a child from attending school.

Menstrual Periods

While some girls may experience discomfort, periods should not routinely prevent school attendance.

Minor Injuries

Small cuts, scrapes, or bruises generally don't prevent school attendance.

Vomiting

If the child is otherwise well and has had no other symptoms, they do not need to stay home.

Shingles

Let school know if you are diagnosed with shingles & you must stay away from school if rash is still oozing & can't be covered

Covid-19

Students can return to school when they feel better or do not have a high temperature

If you require further guidance please contact your child's Head of Year or ask to speak to a member of the attendance team