

The IGS Personal Development Handbook

2025-26



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1. What is Personal Development?

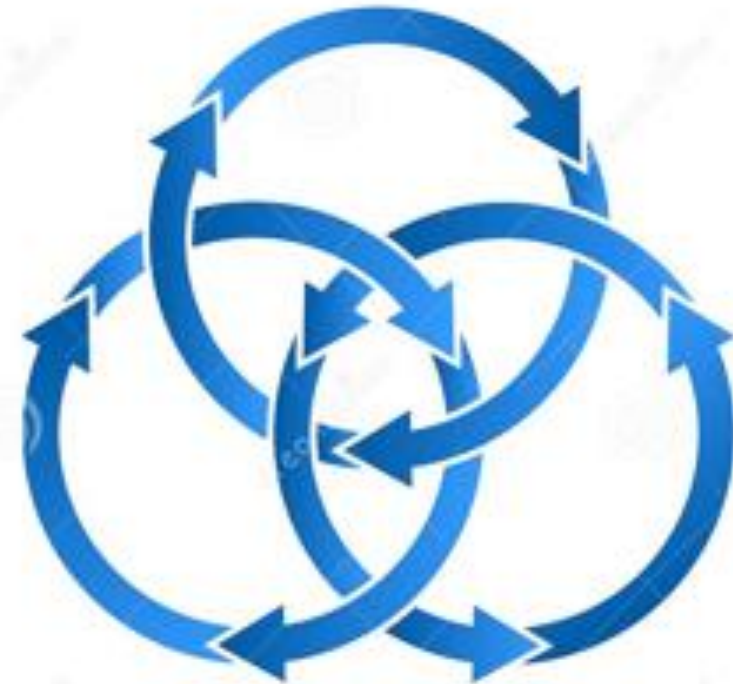
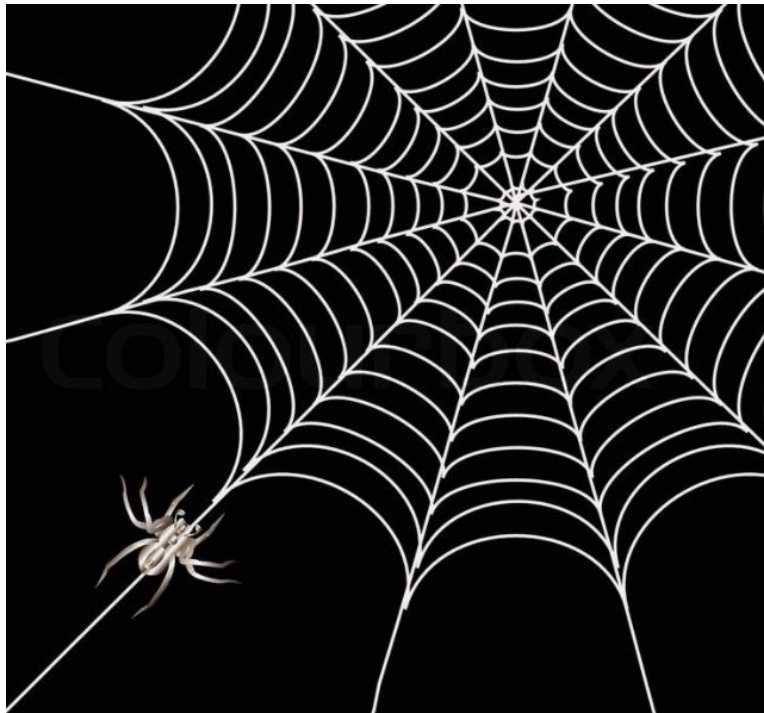
Personal Development is the combination of experiences across the taught curriculum, and beyond, which lead to the development of qualities such as...



What is Personal Development?

It is a web of experiences...

...creating virtuous circles...



« The more we do the more we become »

2. The 8 Personal Development strands at IGS



3. The vision for Personal Development at IGS

"In a real sense all life is inter-related. We are caught in an inescapable network of mutuality, tied in a single garment of destiny. Whatever affects one directly, affects all indirectly. I can never be what I ought to be until you are what you ought to be, and you can never be what you ought to be until I am what I ought to be... This is the inter-related structure of reality."

Martin Luther King Jr., Letter from Birmingham Jail

Curriculum Intent Statement:

Our vision for Personal Development at IGS is that by the time they leave all students are prepared to be responsible, respectful, engaged and influential and adult citizens, willing to act with both kindness and courage in order to make a positive difference to their own lives and those of others.

Over time each student will systematically build a uniquely rich set of skills, knowledge and experiences which will make them resilient, enable their character to develop, provide them with the qualities they need to flourish in society and to make a successful transition to each new stage of their lives.

They will be able to articulate with confidence and pride how the unique web of experiences they have built up over time combine to make them who they are, empowered as individuals to grow in both wisdom and stature.



4. The formula for Personal Development at IGS...

Knowledge, skills & experiences
(subject lessons + beyond)

+ Values =

Personal
Development

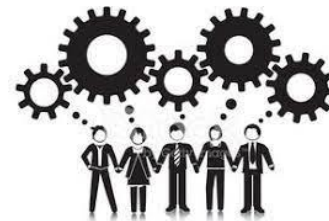
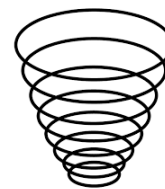
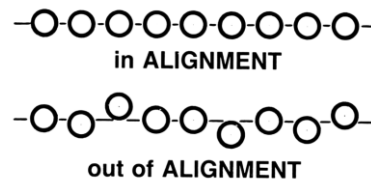
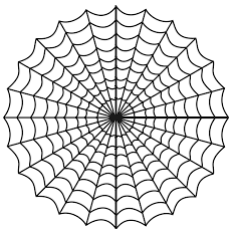


*Growing in wisdom &
stature*

5. Core principles for Personal Development at IGS

The Personal Development curriculum at IGS...

- is a 7-year ***journey*** which runs from Y7-13
- is a ***web of experiences*** unique to each individual
- is in ***alignment*** with the school vision and values
- is a ***curriculum*** with ***core content*** that ***all students*** will access each year in tutor time and in PSHE.
- This sits alongside the range of ***opt-in additional enrichment opportunities*** on offer which take place ***in and out of school***
- is ***interwoven*** with the main subject curriculum (English, maths, science etc.)
- has a ***spiral structure*** with ***recurrent themes*** which are revisited and build over time as part of a ***joined-up vision*** for years 7-13
- offers a ***balance of general experiences*** alongside the opportunity for ***individual specialism***
- should enable students to ***confidently articulate*** and ***connect-up*** their experiences



6. The Personal Development Curriculum at IGS (SMSC curriculum)

PSHE curriculum	PBT & tutor time curriculum	The RE curriculum	The wider curriculum, extra-curriculum & super-curriculum
Aspects of the Citizenship curriculum			
Relationships, Sex Health Education	The Learner curriculum	6 world religions Understanding of and respect for different people's faiths and values	Key aspects of Personal Development are also 'delivered' through expert teaching by Curriculum Areas.
Living in the wider world (inc. economic literacy)	The Reader curriculum	Right and wrong and moral dilemmas	Students gradually specialise as they move through school
Health and wellbeing	The Mental Health curriculum		
	The Next Steps curriculum		

The assembly programme, awareness weeks and 'drop down' days introduce and reinforce aspects of Personal Devt.

British Values – Democracy, Tolerance and Respect, The Rule of Law, Individual Liberty



7. Is Personal Devt. optional or compulsory?

Personal Development is **delivered** through a complex 'web' of experiences both in and out of school

Some activities are compulsory for all

- PBT, tutor time and assemblies
- PSHE, Citizenship, RE lessons
- Main subjects e.g. Art, PE
- Challenge & Celebration week
- 'Drop Down' days and 'Awareness Weeks'

Some activities are optional

We want students to choose to do as many as possible...

- Extra-curricular opportunities
- Super-curricular opportunities e.g. competitions
- iLeader roles – Sports Leaders, eco-iLeaders
- Trips and visits at any time (these may not be organised by school)
- Out of school activities e.g. Scouts, guides, a part-time job...



8. Examples of extra- curricular opportunities



A poster for the IGS List of Clubs for Summer Term 2025. The background is orange with a circuit-like pattern. At the top center is a circular logo with a blue background, a yellow border, and icons of a soccer ball, a red mask, a white mask, and a musical note. Below the logo, the text 'SPORT, INTERESTS & CULTURE' is written in white. The main title 'IGS LIST OF CLUBS' is in large, bold, blue letters. Below it are three dots and the text 'SPORTS, INTERESTS & CULTURE' in yellow. The poster is divided into three columns: SPORTS, CREATIVE ARTS, and OTHER, each with a list of clubs.

SPORTS:

- Athletics
- Ball Crew (Y8)
- Cricket (boys)
- Cricket (girls)
- (Kwik) Cricket
- Dance
- Dodgeball
- Fitness
- Rounders
- Tackle Rugby
- Tennis

CREATIVE ARTS:

- Art Clubs
- Backstagers
- Bands (Rock/Pop)
- Boys Vocals
- Chamber Groups
- Choirs
- Composition Club
- Drama Groups
- Drumline
- Guitar Club
- IGS Live @ Lunch
- IGS Band Nights
- Jazz Band
- Musical Theatre Group
- Orchestras
- Photography Club
- Ukulele Group

OTHER:

- Board Games Club
- Chess Club
- Christian Union
- Crochet Club
- Computing Club
- Debating Society
- Dungeons & Dragons
- Eco Club
- Gardening Club
- KS3 Science Club
- Maths Clubs
- MFL Film Club
- Minecraft Club
- Mindfulness
- Philosophy Society
- Rise and Revise
- STEM LEGO Club
- Teeline Shorthand



9. PBT, tutor time and assembly overview

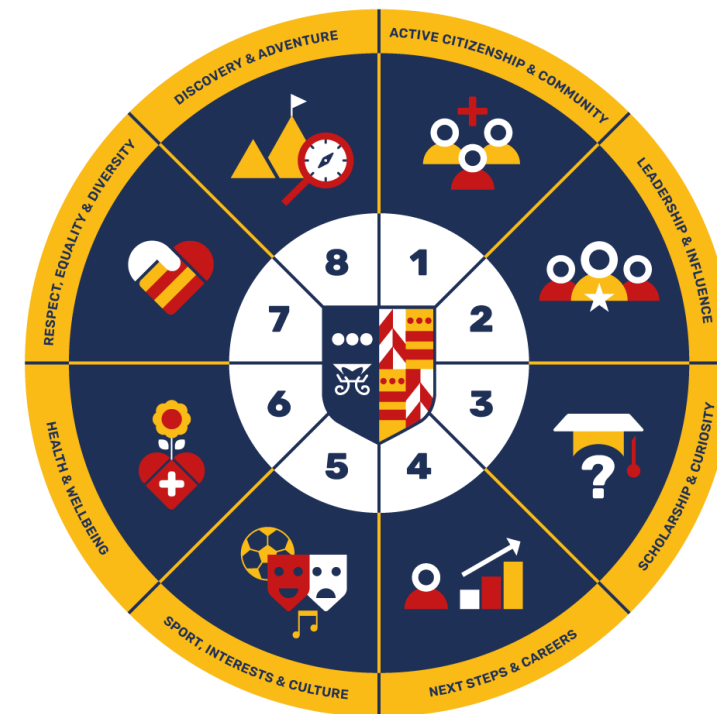
A typical 2 week cycle – by year group

Week	Day	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
Week A	Monday	Assembly	Weekly Bulletin (Tutor Conversations)	Weekly Bulletin (Tutor Conversations)	Weekly Bulletin (Tutor Conversations)	Weekly Bulletin (Tutor Conversations)	Weekly Bulletin (Tutor Conversations)	Weekly Bulletin (Tutor Conversations)
	Tuesday	Weekly Bulletin (Tutor Conversations)	Assembly	Independent Reading/ Tutor Conversations	Independent Reading/ Tutor Conversations	Independent Reading/ Tutor Conversations	Next Steps Bulletin and Super- curricular reading	Next Steps / Super-curricular / Tutor Conversations
	Wednesday	PBT	PBT	PBT	PBT	PBT	PBT	PBT
	Thursday	Shared Reading Y12 iLeader led	Shared Reading Y12/13 iLeader led	Assembly	Moral Maze Prep	Moral Maze Prep	Moral Maze	Next Steps / Super-curricular / Tutor Conversations
	Friday	Picture News + Values inc. Tutor Conversations	Picture News + Values inc. Tutor Conversations	Picture News + Values inc. Tutor Conversations	Moral Maze Debate	Moral Maze Debate	Assembly (BHall)	Next Steps / Super-curricular / Tutor Conversations
Week	Day	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
Week B	Monday	Weekly Bulletin (Tutor Conversations)	Weekly Bulletin (Tutor Conversations)	Weekly Bulletin (Tutor Conversations)	Weekly Bulletin (Tutor Conversations)	Assembly	Weekly Bulletin (Tutor Conversations)	Weekly Bulletin (Tutor Conversations)
	Tuesday	Shared Reading	Shared Reading	Independent Reading/ Tutor Conversations	Independent Reading/ Tutor Conversations	Weekly Bulletin (Tutor Conversations)	Next Steps Bulletin and Super- curricular reading	Assembly (BHall)
	Wednesday	PBT	PBT	PBT	PBT	PBT	PBT	PBT
	Thursday	Shared Reading Y12 iLeader led	Shared Reading Y12/13 iLeader led	Moral Maze Prep	Assembly	Independent Reading/ Tutor Conversations	Moral Maze	Moral Maze
	Friday	Picture News + Values inc. Tutor Conversations	Picture News + Values inc. Tutor Conversations	Moral Maze Debate	Picture News + Values inc. Tutor Conversations	Picture News + Values inc. Tutor Conversations	Assembly (BHall)	Moral Maze

10. The Year 7-11 Assembly Programme

Autumn term (draft)

Wk	Year 7	Year 8	Year 9	Year 10	Year 11
1A	Welcome assembly (SF)	Welcome assembly (SF)	Welcome assembly (SF)		
2B				Belonging in my year group The teenage brain	Craven College
3A	Belonging at IGS – What clubs and societies can I join?	Belonging - What is freedom of speech?	Belonging - Impacts of crimes on communities		
4B				Belonging in an ever-changing society - Small acts of kindness	Next Steps - post- 16 team
5A	Belonging What language is OK?	Belonging - Recognising and challenging discrimination	Belonging - What makes a good community?		
6B				Assembly - Born in Bradford Launch	Bradford college
7A	Belonging in UK society Black History Month	Born in Bradford Launch (External/EEG)	Assembly - Born in Bradford Launch (External and EEG)		
8B				Belonging in UK society – Black History Month	Belonging in UK society – Black History Month
9A	Belonging in the UK – what is remembrance?	Belonging in UK society – Black History Month	Belonging in UK society – Black History Month		
10B				Belonging at IGS - The Science of sleep	Belonging at IGS - Preparing for exams
11A	Belonging in my form Antibullying week	Belonging in my peer group Antibullying week	Belonging in my year group - The teenage brain		
12B				Research around teenagers and phone use	Belonging - de-escalating conflict
13A	Belonging in the wider society – What is charities week?	Head of Year assembly	Belonging in my year group Antibullying week		
14B				Head of Year assembly	Mock follow up
15A	Head of Year assembly	Belonging in the online world - media literacy (media team?)	Head of Year assembly		



Assemblies will typically..

- Take place every two weeks
- Be aligned with V&V and Personal Devt. Strands
- Explore inspirational & positive themes
- Link to current affairs and national events & awareness weeks
- Use a range of speakers from in and out of school including student groups e.g. iLeaders
- Be flexible to allow for assemblies to be responsive

11. PBT overview Y7-13 - Autumn Half Term 1 2025-26

Week	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
1A	Extended tutor time and transition activities PBT-break Including Belonging - intro	Extended tutor time PBT-break	Extended tutor time PBT-break	Extended tutor time PBT-break	Extended tutor time PBT-break	Extended tutor time and transition activities	Extended tutor time and transition activities
2B	Belonging - Where do I fit in my friendships?	Learner Curriculum Launch	Learner Curriculum launch Making a successful transition into Y9	Learner Curriculum launch Making a successful transition into Y10	Leadership & Enr. Fayre in PBT 1st half	Learner Curriculum launch - Making a successful transition into Y12	Learner Curric. launch Making a successful transition into Y13 Leadership & Enr. Fayre in PBT 2nd half
3A	Leadership launch and applications	Leadership launch and applications	Leadership launch and applications	Leadership launch and applications	Leadership launch and applications	Leadership launch and applications	Leadership launch and applications
4B	Belonging - Where do I fit in clubs and wider school culture?	Catchup session	Active Citizenship Laws: Why do we have them?	Mental Health & Wellbeing info and support systems	Next Steps launch assembly BHall	Learner Curriculum launch cont.	Personalised Next Steps launch
5A	Belonging - What language is OK?	Mental Health & Wellbeing 1	Active Citizenship The Justice System	Learner Curriculum 1	Mental Health & Wellbeing 1	Learner Curriculum 1	Personal Devt Survey - to be used for UCAS references
6B	Belonging - Is that funny? Student	Mental Health & Wellbeing 2	Citizenship - Budgeting on a tight income	Learner Curriculum 2	Mental Health & Wellbeing 2	Learner Curriculum 2	Personalised Next Steps 1
7A	Belonging - What calms situations down?	Mental Health & Wellbeing 3	Citizenship - Finance, loans and mortgages	Learner Curriculum 3	Mental Health & Wellbeing 3	Learner Curriculum 3	Personalised Next Steps 2
8B	Belonging - How do friendship cultures form?	Mental Health & Wellbeing 4 - Goal-setting	Citizenship - Finance, credit ratings and credit cards	Active Citizenship Public money and how it is spent	Learner Curriculum	Learner Curriculum 4	Personalised Next Steps 3

12. Micro-curricula in PBT

A Spiral Curriculum: Examples of 'golden threads' across different year groups



- Understanding mental health and wellbeing
- Stigmas and misconceptions
- Building a self-care toolkit (common apps KS3-4)
- Resilience toolkits
- Coping with stress – practical approaches
- Meditation and mindfulness
- Understanding where to access support



- Learner Curriculum-how can I be an effective learner? Homework, revision and independent study
- How can I be an effective learner? Organisational skills and personal attributes.
- Cognitive Science - how does my brain work? How does my memory work? How can I retrieve and memorise effectively?
- Resilience and self-regulation



- Options processes
- Careers Fair
- CVs, applications and mock interviews
- Understanding finances and managing money
- My rights and responsibilities in the workplace



Progress and
Experience
Leaders (PrExLs) +
tutors

13. Key roles and responsibilities 2025-26

*C&C week
iLeaders*

Mr Carr
Mrs Robson (DofE)

Mrs Booth

*Community iLeaders
Eco-iLeaders*

+ Student
leadership &
alumni roles

*Diversity iLeaders
LGBTQ+ iLeaders
Anti-bullying
iLeaders*

Mr Kehoe
Mrs Griffiths

Mrs Pymar
Mr Boyd

*Post-16 SLT
School Council
iLeader programme*

*Wellbeing
iLeaders*

Mr Adams

Mrs Capstick
Mr Fox (P16)

*Peer mentoring
programmes*

*Sports iLeaders
Creative Arts Council
Literature Festival
iLeaders*

Mrs Pymar
Mr Burton (PE)

Mrs Marshall
Mr Sykes (P16)

Alumni

+ Subject teachers
and staff running
extra-curricular
activities



14. Systems, platforms and processes

1.

ALL information and opportunities stored on Showbie



2.

Students participate in core and optional activities



3.

Extra-curricular participation tracked and monitored via QR code and then 'self-reported' to parents, tutors ONCE a year (usually December)



ALL CLUBS except....



SPORT

*Students register every time they take part in an extra-curricular activity

15. **SHOWBIE:** Teachers/leaders ‘drop’ resources into their designated Showbie folder and launch/promote as normal, taking opportunities to encourage and promote the use of Showbie as a ‘one-stop-shop’.

Home

Groups

Students

< Y7 (Green Tie) Personal Devt. ...

1. Active Citizenship & Community
2 assignments / 4 folders

2. Leadership & Influence
5 assignments

3. Scholarship and Curiosity
3 assignments / 3 folders

4. Next Steps & Careers
7 assignments

5. Sport, Interests & Culture
5 assignments

6. Health & Wellbeing
1 assignment / 3 folders

7. Respect, Equality and Diversity
9 assignments / 1 folder


8. Discovery & Adventure
2 assignments

Sharing new posts with everyone

C

Write a comment...

Week A and B							
DAY	SPORT	YEAR	STAFF	VENUE	No STUDENTS FOR TRANSPORT	START	FINISH
Mon	Rugby	Y11 + 6 th form	ACF	IRUFC	N/A	3.15	5.00
	Netball	YB+9	KH/FEA	Sports Hall	N/A	3.00	4.30
	Football boys	Y10,11,6 th form	RCB/MWC	Field		3.15	4.30
	Football boys Year 7	Y7 Trials, 13 th , 20 th , 27 th Sept	SP	3G		3.15	4.30
	Hockey girls	All years	JH/AJK	Ben Rhydding Astro		3.15	4.30
Tues	Dance	9,10,11	KH	B Hall	N/A	3.00	4.15
	Rugby	Y7-10	ACF	IRUFC	N/A	3.30	5.00
	Netball	Y7	SB	Sports Hall	N/A	3.00	4.30
	Football boys	Y9	SP	Field		3.15	5.30
Wed	Football all girls	All year groups	LV/JG	3G		3.15	4.30
	Rugby	Y11+6 th form	ACF	IRUFC	N/A	3.00	4.30
Thurs	Badminton	Y7, 8, 9	JH	Sports Hall	N/A	2.30	3.45
	Football boys	YB	AE	3G		3.00	4.30
	Netball	Y10-13	FEA	Sports Hall	N/A	3.00	4.30
	Dance	Y7-8	KH	Gym	N/A	3.00	4.15
	Rugby	Y7-10	ACF	IRUFC	N/A	3.30	5.00
	Rugby Girls	All Years	ACF	Ben Rhydding Field		3.00	4.30
	Cross country	Y7-8,12	Week A MWC, AE Week B MWC, AE	Moors	N/A	11.40	12.20
	Cross Country	Y9,10,11,13	Week A+B AJK	Moors	N/A	13.00	13.40
Fri							



showbie

16. Accreditation and recognition (making it count)



Some accreditations are in place/secured others are in process/planned



17. Personal Development PROMPTS

There are 8 Personal Development strands.
These are like a *web* as they are all interconnected...

The following pages contain examples of the types of activities in and out of school which will support Personal Development for students in each year group.



Activities in **bold** are examples of Personal Development activities that **all students** will encounter just by coming to school each day. Other activities are optional

Year 7 Personal Development prompts & knowledge organiser 2025-26

Strand	• 1. Active Citizenship & Community	2. Leadership & Influence	3. Scholarship & Curiosity	4. Next Steps & Careers	5. Sport, Interests & Culture	6. Health & Wellbeing	7. Respect, Equality & Diversity (RED)	8. Discovery & Adventure
CORE (all students) (Delivered in school)	<ul style="list-style-type: none"> • Belonging in wider society assembly - Charities week and why we do it • Charities research in PBT • Charities week activities (give examples) • Children in need non-uniform day • BELONGING curriculum in PBT – Where do I fit in? 	<ul style="list-style-type: none"> • Leadership launch assembly and the Leadership and Enrichment Fayre • Inter-tutor-group debating in tutor groups • Delivering a presentation to your class • Discussion and debate in lessons • BELONGING curriculum in PBT – calming things down, what influences my views and values, 	<ul style="list-style-type: none"> • Shared reading in form time • Learner Curriculum in PBT – being a responsible and organised learner • World Book Day activities • A approaches to effective study in different subjects (e.g. how to revise in English, maths, French etc. 	<ul style="list-style-type: none"> • FutureFest careers fair • Belonging in the workplace assembly • Next Steps Programme in PBT (summer) & research and activities around job roles and sectors in PBT • Careers assembly on Technical Education 	<ul style="list-style-type: none"> • Belonging at IGS assembly – what clubs and societies can I be a part of? <p>All these sport and creative subjects on your timetable automatically support your Personal Development</p> <ul style="list-style-type: none"> • PE lessons • Drama lessons • Art lessons • Music lessons • DT, Food, Textiles lessons <p>Other subjects might support this too..</p>	<ul style="list-style-type: none"> • PBT Mental Health, self-care and wellbeing lessons • PSHE lessons term 1+2: Managing new challenges, friendships, emotional and physical changes, menstruation, phone use • Subjects which support health? Biology, Food Tec..? • BELONGING curriculum in PBT – what makes me cross? Expressing emotions • Belonging at IGS assemblies – understanding menstruation, mental health week • Health & Wellbeing day – personal hygiene, preventing disease 	<ul style="list-style-type: none"> • Values presentations in tutor time • Belonging in the UK Black History and LGBTQ+ History Month, Remembrance & Interfaith week assemblies • Topics in, RE, History • PSHE lessons Term 1+3 – Healthy and unhealthy relationships, being an upstander, consent, recognising bullying, cyberbullying, stereotyping • BELONGING curriculum in PBT – Where do I fit in? – What language is OK?, humour, personal space, treating others, inclusive friendships • Belonging in the online world assemblies 	<ul style="list-style-type: none"> • Health & Wellbeing drop down day – Staying safe in the community – rail, water, road and moorland safety • Participating in Challenge and Celebration Week
In-school (organised by school)	<ul style="list-style-type: none"> • Activities where you are fundraising for charity • Fundraising activities for Children in Need • Donating items to the food bank • Eco-iLeader role / Litter-picking • Community iLeader role • Supporting school events e.g. Open Evening • Helping around school 	<ul style="list-style-type: none"> • Signing up to become an iLeader • Captain/vice-captain of a sports team • Student Council / Sports Council • Participating in an assembly • Debating club + competitions • Exploring the debating websites • Performing music/drama in public e.g. Creative Arts festival or the school production • Model UN • Helping at school events e.g. Open Evening • Presentation to class/group 	<ul style="list-style-type: none"> • Independent research / extension work suggested by your teacher • Lessons you have had on effective study / revision skills • Subject-related clubs at school e.g., languages club • Subject-related trips and visits • Competitions 	<ul style="list-style-type: none"> • Careers links made in subject lessons • Trips and visits which are linked to careers and your future • Visitors to school who talk about their jobs • Careers meeting/interview at parent evening 	<ul style="list-style-type: none"> • Attending or leading a lunch time or after-school club – football, netball, strategy games, chess, D&D, coding • Playing in a sports team • Participating in the school drama production • Xmas concert or Creative Arts Evening • Taking part in Battle of the Bands • Musical instrument 	<ul style="list-style-type: none"> • Lunchtime or after school sports club • Art/drama music club • Other school club that you find relaxing • Quiet room at lunchtime 	<ul style="list-style-type: none"> • Topics studied in a variety of subjects e.g. History • Anti-bullying i-Leader • Diversity iLeader • LGBT iLeader • Safe Space • Posters in D Floor / Armitage toilets giving advice and guidance about respect, equality and diversity 	<ul style="list-style-type: none"> • Visits to school by external speakers • Trips linked to subject areas • Drama residential
Out of school (organised yourself)	<ul style="list-style-type: none"> • Volunteering at local events / for local organisations e.g. Ilkley Carnival • Donating clothes/other items to charity • Supporting local organisations such as Climate Action Ilkley, Ilkley Literature Festival or events at your local sports club 	<ul style="list-style-type: none"> • Captain/vice-captain of a local sports team • Leading a warmup/ coaching session • Scouts, Brownies or Guides, Cadets • Performing or presenting in public connected to anything you do out of school • Engaging in discussion and debate in an organised way online or in person 	<ul style="list-style-type: none"> • Examples of books & magazines you read out of school • High-quality and informative websites/podcasts / films that challenge your thinking • Trips/visits which link to a subject you study at school e.g. History 	<ul style="list-style-type: none"> • Part-time job • Entrepreneurial activity • Independent work experience / visits to a workplace • Volunteering for local businesses/ organisations 	<ul style="list-style-type: none"> • Playing for a local sports team • Member of a gym • Walking / biking / hiking • Any out of school club e.g. martial arts, swimming • Doing activities for enrichment e.g. painting • Playing a musical instrument, performing in a band / cooking / musical / theatre 	<ul style="list-style-type: none"> • Being a member of a gym • Being a member of a church • Meditation • Yoga classes, Taequondo, Tai Chi • Supportive online groups you are part of that support mental health • Regular exercise, walking 	<ul style="list-style-type: none"> • Films you have watched, podcasts you have listened to and books you have read that explore the importance of respecting others. • Organisations you support e.g. Amnesty International, Refugee Action • Organisations or individuals you follow on Social Media e.g Greta • Wearing a pride badge in support of LGBTQ+ 	<ul style="list-style-type: none"> • Holidays where you did ‘more than just relax’ such as activity holidays or visiting a capital city • Trips to art galleries, the theatre, cities • Attending major sporting events

Year 8 Personal Development prompts & knowledge organiser 2025-26

Strand	• 1. Active Citizenship & Community	2. Leadership & Influence	3. Scholarship & Curiosity	4. Next Steps & Careers	5. Sport, Interests & Culture	6. Health & Wellbeing	7. Respect, Equality & Diversity (RED)	8. Discovery & Adventure
CORE (all students) (Delivered in school)	<ul style="list-style-type: none">Charities launch assemblyCharities research in PBTChildren in need non-uniform dayCitizenship lessons in PBT – How parliament enacts change, living by our values, police and the public servicesCompleting Born In Bradford SurveyBeing a HUB helperCurrent affairs: Picture News in Tutor Time	<ul style="list-style-type: none">Leadership launch assembly & Leadership and Enrichment FayreCitizenship lessons in Term 1 - Living in the wider world – how parliament works and how they enact change, freedom of speechInter-tutor-group debating in tutor groupsBeing a HUB HelperA presentation given to the classDiscussion and debate in lessonsCurrent affairs: Picture News in Tutor Time	<ul style="list-style-type: none">Learner Curriculum in PBT – self-regulation, goal setting, metacognition, growth mindsetShared reading in form timeEffective study (e.g. how to revise in English, maths etc.Learner Curriculum Summer term – memory, consolidation & retrievalCurrent affairs: Picture News in Tutor Time	<ul style="list-style-type: none">FutureFest careers fairY8 Options launch assembly & processOptions eveningY8 Next Steps lessons in PBT (see Showbie)Provider assembly – Leeds City College Summer term <ul style="list-style-type: none">PBT Finance module – Bank accounts, recognising scams and fraud, financial riskBelonging in the workplace assemblies	<ul style="list-style-type: none">Launch of extra-curricular timetable All the sport and creative subjects on your timetable automatically support your Personal Development <ul style="list-style-type: none">PE lessonsDrama lessonsArt lessonsMusic lessonsDT, Food, Textiles lessons Other subjects might support this too Summer Term: Enrichment option in PBT	<ul style="list-style-type: none">Taking part in self-care and mental health awareness lessons in PBTBelonging assemblies with a health & wellbeing focusBorn in Bradford SurveyPSHE lessons term 2 – - making healthy choices – substance misuse, energy drinks, vapes, alcohol, managing influences	<ul style="list-style-type: none">PSHE Term 1 - Living in the wider world lessons: The Equality Act, rights, freedom of speech, recognising discrimination, micro-aggressions, online communication, grooming, misinformationRE Jewish Anthropology topicBelonging Assemblies: What is Freedom of speech? Black History & LGBTQ+ history Month, Remembrance, anti-bullying week, the online worldHistoryPSHE Term 3 – healthy relationships, managing conflict & de-escalation, consent, explicit, image sharing, basic contraception	<ul style="list-style-type: none">Participating in Challenge and Celebration Week London or local option
In-school (organised by school)	<ul style="list-style-type: none">Any activity where you are involved in fundraising for charityDonating items to the food bankFundraising activities for Children in NeedEco iLeader role / Litter-pickingCommunity iLeaderSupporting school events e.g. Open EveningHelping around school	<ul style="list-style-type: none">Signing up to become an iLeader?Student Council / Sports CouncilCaptain/vice-captain of a school teamA presentation given to the class or a groupParticipating in an assemblyDebating club + competitionsExploring the debating websitesPerforming music/drama in public e.g Creative Arts festival or school playDiscussion and debate in lessonsModel UNHelping at events e.g. Open Evening	<ul style="list-style-type: none">Independent research / extension work suggested by your teacherLessons on effective study / revision skillsSubject-related clubs at school e.g. languages clubSubject-related trips and visitsCompetitions	<ul style="list-style-type: none">Careers links made in subject lessonsTrips and visits which are linked to careers and your futureVisitors to school who talk about their jobsCareers meeting/interview at parent evening	<ul style="list-style-type: none">Attending/leading a lunchtime or after-school club – football, netball, strategy games, chess, D&DPlaying in a sports teamParticipating in school drama production Xmas concert or in Creative Arts EveningTaking part in Battle of the BandsMusical instrument	<ul style="list-style-type: none">Lunchtime or after school sports clubArt/drama music clubOther school club that you find relaxingQuiet room at lunchtime	<ul style="list-style-type: none">Topics studied in a variety of subjects e.g. HistoryAnti-bullying i-LeaderDiversity iLeaderLGBT iLeaderSafe SpacePosters in D Floor / Armitage toilets giving advice and guidance about respect, equality and diversity	<ul style="list-style-type: none">Visits to school by external speakersTrips and visits led by subjectsDrama residential
Out of school (organised yourself)	<ul style="list-style-type: none">Volunteering at local events / for local organisationsDonating clothes to charitySupporting local organisations such as Climate Action Ilkley, Ilkley Literature Festival or events at your local sports club	<ul style="list-style-type: none">Captain/vice-captain of a sports teamLeading a warmup/ coaching sessionScouts, Brownies, Guides, CadetsPerforming or presenting in public connected to anything you do out of schoolEngaging in discussion and debate in an organised way online or in person	<ul style="list-style-type: none">Books & magazines you read out of schoolHigh-quality and informative websites/podcasts / films that challenge your thinkingTrips/visits organised out of school which link to studies e.g. History	<ul style="list-style-type: none">Part-time jobEntrepreneurial activityVolunteering for local businesses/ organisationsIndependent work experience / visits to a workplace	<ul style="list-style-type: none">Playing for sports teamMember of a gymWalking /biking / hikingOut of school club e.g. martial arts, dance, chess,swimming, climbingEnrichment activities e.g. paintingMusical instrument, band / cooking/musical theatre	<ul style="list-style-type: none">Member of a gymMember of a churchMeditation, yoga classes, taequondo, tai chiSupportive online groups you are part of that support mental health and wellbeingRegular exercise, walking	<ul style="list-style-type: none">Films you have watched, podcasts you have listened to and books you have read that explore the importance of respecting others.Organisations you support e.g. Amnesty International, Refugee ActionOrganisations or individuals you follow on Social Media e.g GretaWear a pride badge in support of LGBTQ+	<ul style="list-style-type: none">Holidays where you did ‘more than just relax’- activity holidays/ visiting a capital city monumentsTrips to art galleries, theatre, major citiesAttending major sporting events

Year 9 Personal Development prompts & knowledge organiser 2025-26

Strand	• 1. Active Citizenship & Community	2. Leadership & Influence	3. Scholarship & Curiosity	4. Next Steps & Careers	5. Sport, Interests & Culture	6. Health & Wellbeing	7. Respect, Equality & Diversity (RED)	8. Discovery & Adventure
CORE (all students) (Delivered in school)	<ul style="list-style-type: none">Charities launch assemblyCharities research in PBTCharities Week activities (give examples)Children In Need non-uniform dayBorn in Bradford Survey (autumn term)Citizenship lessons in PBT – Laws, the justice systemCurrent affairs: Picture News in Tutor TimeBelonging assembly (community)	<ul style="list-style-type: none">Leadership launch assembly and Leadership & Enrichment FayreMoral Maze in tutor timeInter-tutor-group debating in tutor groupsCitizenship lesson in PBT – giving constructive feedbackA presentation given to the classDiscussion and debate in lessonsCurrent affairs: Picture News in Tutor Time	<ul style="list-style-type: none">Independent reading in tutor timeYear 9 Learner Curriculum in PBT – How to be an excellent learner – understanding, consolidation, memorisation and applicationLessons on effective study / revision skills in different subjectsCurrent affairs: Picture News in Tutor Time	<ul style="list-style-type: none">FutureFest careers fairNext Steps programme in PBT – community, stereotypes, work-life balanceY9 Options assemblyY9 Options EveningBelonging in the workplace assembly Craven CollegePBT Finance module – budgeting, finance, loans/mortgages, credit ratings/credit cardsBelonging in the workplace assembly – representation and diversity	<ul style="list-style-type: none">Launch of extra-curricular timetableCore PE lessonsOne or more creative subjects – Art, Drama, Media, Technology, MusicSubjects you study that link to your interestsSummer Term - Enrichment choices in PBT	<ul style="list-style-type: none">Self-care and mental health awareness activities in PBTYear 9 RE lessonsBorn in Bradford SurveyBelonging in my year group assembly – the teenage brainPSHE lessons Term 1+2 Healthy & unhealthy friendships – recognising different behaviours, respecting personal space, criminal behaviour inc. knife crime, sleep, diet, body image, critical use of the media	<ul style="list-style-type: none">Values presentationsYear 9 RE unit – The pursuit of happiness, ethicsBelonging in the UK assemblies: Interfaith week, Black History Month, Remembrance, LGBTQ+ History, Anti-bullying week activitiesBelonging in society assemblies – social media and body imagePSHE Term 3 – gender stereotypes, relationship stages, online safety, consent, safe sex, risks of pornography & explicit image sharingBelonging in the UK – Diversity Day	<ul style="list-style-type: none">Participating in Challenge and Celebration Week – The Lake District – The Big Outdoors or in-school activities
In-school (organised by school)	<ul style="list-style-type: none">Any activity where you are involved in fundraising for charityDonating items to the food bankRaising money for Children in NeedEco iLeader role / Litter-pickingCommunity iLeaderSupporting school events e.g. Open EveningOffering to help around schoolDofE Bronze service	<ul style="list-style-type: none">iLeader roles?Captain/vice-captain of teamStudent/Sports CouncilParticipating in an assemblyDebating club+ competitionsExploring the debating websites on ShowbiePerforming music/dramaHelping at school events such as Open EveModel UN / DofE Bronze	<ul style="list-style-type: none">Independent research / extension work suggested by your teacherLessons on effective study / revision skillsSubject-related clubs at school e.g. languages clubSubject-related trips and visitsCompetitions	<ul style="list-style-type: none">Careers links made in subject lessonsTrips and visits which are linked to careers and your futureVisitors to school who talk about their jobsCareers meeting/interview at parent evening	<ul style="list-style-type: none">Attending a lunch/after-school club – Strategy Games, chess, D&DPlaying in a sports teamParticipating in the school drama production/Xmas concert /Creative Arts EveiLeader helping at a clubTaking part in Battle of the BandsPlaying musical instrument	<ul style="list-style-type: none">Lunchtime or after school sports clubArt/drama/music clubOther school club that you find relaxingQuiet room at lunchtime	<ul style="list-style-type: none">Topics studied in a variety of subjects e.g. HistoryAnti-bullying i-LeaderDiversity iLeaderLGBTQ iLeaderSafe SpacePosters in D Floor / Armitage toilets giving advice and guidance about respect, equality and diversity	<ul style="list-style-type: none">Visits to school by external speakersTrips and visits led by subjects e.g. Battlefields / Coutances exchangeDofE bronzeKS3 Ski TripDrama residential
Out of school (organised yourself)	<ul style="list-style-type: none">Volunteering at local events / for local organisations e.g. Ilkley CarnivalDonating clothes/other items to charitySupporting local organisations such as Climate Action Ilkley, Ilkley Literature Festival or events at your local sports club	<ul style="list-style-type: none">Captain/vice-captain of a local sports teamLeading a warm up/ coaching sessionScouts, Brownies, Guides, CadetsPerforming or presenting in public connected to anything you do out of schoolEngaging in discussion and debate in an organised way online or in person	<ul style="list-style-type: none">Books & magazines you read out of schoolHigh-quality and informative websites/podcasts / films that challenge your thinkingTrips/visits which link to a subject you study at school eg. History	<ul style="list-style-type: none">Part-time jobEntrepreneurial activityVolunteering for local businesses/ organisationsSelf-organised work experience or part-time job	<ul style="list-style-type: none">Playing for a local sports teamMember of a gymWalking/biking/hikingAny out of school club e.g. martial arts, dance, swimmingDoing activities for enrichment e.g. paintingPlaying a musical instrumentPerforming in a band / cooking / musical / theatre	<ul style="list-style-type: none">Being a member of a gymBeing a member of a churchMeditationYoga classes, Taequondo, Tai ChiSupportive online groups you are part of that support mental health and wellbeingRegular exercise, walking	<ul style="list-style-type: none">Films you have watched, podcasts you have listened to and books you have read that explore the importance of respecting others.Organisations you support e.g. Amnesty International, Refugee ActionOrganisations or individuals you follow on Social Media e.g GretaWear a pride badge in support of LGBTQ+	<ul style="list-style-type: none">Holidays where you did ‘more than just relax’ such as activity holidays or visiting a capital cityTrips to art galleries, the theatre, major citiesAttending major sporting events

Year 10 Personal Development prompts & knowledge organiser 2025-26

Strand	• 1. Active Citizenship & Community	2. Leadership & Influence	3. Scholarship & Curiosity	4. Next Steps & Careers	5. Sport, Interests & Culture	6. Health & Wellbeing	7. Respect, Equality & Diversity (RED)	8. Discovery & Adventure
CORE (all students) (Delivered in school)	<ul style="list-style-type: none">Charities launch assemblyChildren in need non-uniform dayCharities research in PBTCharities Week activities (give examples)Born in Bradford Survey (autumn term)Citizenship lessons in PBT – public money, laws, Human Rights & International laws, general elections, voting age, democracy and dictatorship, elections, the tripartite system of governmentCurrent affairs: Picture News in Tutor Time	<ul style="list-style-type: none">Leadership launch assemblyLeadership and Enrichment FayreMoral Maze in tutor timeInter-tutor-group debating in tutor groups (summer term)A presentation given to the classDiscussion and debate in lessonsCurrent affairs: Picture News in Tutor Time	<ul style="list-style-type: none">Independent reading in tutor timeYear 10 Learner Curriculum lessons in PBT – the qualities of an effective learner, learning and wellbeing, steps for success, applying revision techniques, prioritisation, high leverage revisionLessons on effective study / revision skills in different subjectsCurrent affairs: Picture News in Tutor Time	<ul style="list-style-type: none">FutureFest careers fairWEx Launch assemblyWorld of Work PBT sessions – researching jobs, covering letter, mock applicationBelonging in the workplace – Craven College & Leeds City CollegeSummer termFinance module in PBT – Savings Options, preventing debtMock Interview with feedback from an employerWEx in C&C week	<ul style="list-style-type: none">Launch of extra-curricular timetableCore PE lessonsOne or more creative subjects – Art, Drama, Media, Technology, MusicSubjects you study that link to your interestsEnrichment choices in PBT	<ul style="list-style-type: none">PBT self-care and mental health awareness activitiesPSHE Term 2 – Role models, social media influence, psychology of behaviour, anger & emotion, abusive relationships, positive behavioursPSHE Term 3 – challenging appearance idealsBelonging assemblies – the teenage brain, small acts of kindness, the science of sleep, Mental health awareness week	<ul style="list-style-type: none">Y10 RE module – Islam and HumanismPSHE module Term 1 – Creating community, the Equality Act, peer pressure, misinformation, conflict & de-escalation, recognising extremism and radicalisationValues presentationsBelonging assemblies: Black History Month, Remembrance, LGBTQ+ History month, anti-bullyingTopics studied in subjects e.g., History, PhilosophyPSHE Term 3 – unhealthy relationships, HBV, FGM, challenging incel culture, revenge porn, deep fakes, AI,	<ul style="list-style-type: none">Work Experience in C&C week
In-school (organised by school)	<ul style="list-style-type: none">Any activity where you are involved in fundraising for charityDonating items to the food bankCharities research in PBTRaising money for Children in NeedEco iLeader role / Litter-pickingCommunity iLeaderSupporting school events e.g. Open EveningOffering to help around schoolDofE silver (service)	<ul style="list-style-type: none">iLeader roles?Captain/vice-captain of teamStudent/Sports CouncilParticipating in an assemblyDebating club + competitionsExploring debating websitesPerforming music/drama in public e.g Creative Arts festival or school playHelping at school events e.g. Open EveModel UN / DofE silver	<ul style="list-style-type: none">Attending an Ilkley Literature festival eventIndependent research / extension workLessons on effective revision techniquesUK Maths challengeSubject-related clubs at school e.g. languages clubSubject-related trips and visits	<ul style="list-style-type: none">Careers links made in subject lessonsTrips and visits which are linked to careers and your futureVisitors to school who talk about their jobsCareers meeting/interview at parent evening	<ul style="list-style-type: none">Attending a lunchtime/ after-school club – netball, strategy Games, chess, D&D, codingPlaying in a sports teamParticipating in the school drama production / Creative Arts EveningiLeader helping at a clubTaking part in Battle of the BandsMusical instrument	<ul style="list-style-type: none">Lunchtime or after school sports clubArt/drama/music clubOther school club that you find relaxingQuiet room at lunchtime	<ul style="list-style-type: none">Topics studied in a variety of subjects e.g. history, REAnti-bullying i-LeaderDiversity iLeaderLGBT iLeaderSafe SpacePosters in D Floor / Armitage toilets giving advice and guidance about respect, equality and diversity	<ul style="list-style-type: none">Visits to school by external speakersSubject Trips and visits e.g.Coutances / MadridGeography Bay of NaplesKS4 Ski TripDofE silverDrama residential
Out of school (organised yourself)	<ul style="list-style-type: none">Volunteering at local events / for local organisations e.g. Ilkley CarnivalDonating clothes/other items to charitySupporting local organisations such as Climate Action Ilkley, Ilkley Literature Festival or events at your local sports club	<ul style="list-style-type: none">Captain/vice-captain of a local sports teamLeading a warm-up/ coaching sessionScouts, Brownies, Guides, CadetsPerforming or presenting in public connected to anything you do out of schoolEngaging in discussion and debate in an organised way online or in person	<ul style="list-style-type: none">Books & magazines you read out of schoolHigh-quality and informative websites/podcasts / films that challenge your thinkingTrips/visits which link to a subject you study at school eg. History	<ul style="list-style-type: none">Part-time jobEntrepreneurial activityVolunteering for local businesses/ organisationsSelf-organised work experience	<ul style="list-style-type: none">Playing for a local sports teamMember of a gymWalking/biking/hikingOut of school clubs e.g. martial arts, dance, swimmingActivities for enrichment e.g. paintingMusical instrumentPerforming in a band / cooking / musical / theatre	<ul style="list-style-type: none">Being a member of a gymBeing a member of a churchMeditationYoga classes, Taequondo, Tai ChiOnline groups you are part of that support mental health and wellbeingRegular exercise, walking	<ul style="list-style-type: none">Films, podcasts and books you have read that explore respect for others.Organisations you support e.g. Amnesty International, Refugee ActionOrganisations or individuals you follow on Social Media e.g GretaWear a pride badge in support of LGBTQ+	<ul style="list-style-type: none">Holidays where you did ‘more than just relax’ such as activity holidays or visiting a capital cityTrips to art galleries, the theatre, major citiesAttending major sporting events

Year 11 Personal Development prompts & knowledge organiser 2025-26

Strand	• 1. Active Cit. & Community	2. Leadership & Influence	3. Scholarship & Curiosity	4. Next Steps & Careers	5. Sport, Interests & Culture	6. Health & Wellbeing	7. Respect, Equality & Diversity (RED)	8. Discovery & Adventure
CORE (all students) (Delivered in school)	<ul style="list-style-type: none">Charities launch assemblyChildren in need non-uniform dayCitizenship lessons in PBT – Democracy & the free press, the Commonwealth, the UN, Human Rights and International Law,Charities Week – raising money with your formCurrent affairs: Picture News in Tutor Time	<ul style="list-style-type: none">Leadership launch assemblyLeadership and Enrichment FayreMoral Maze in tutor timeA presentation given to the classDiscussion and debate in lessonsCurrent affairs: Picture News in Tutor Time	<ul style="list-style-type: none">Independent Reading/revision in tutor timeLearner Curriculum in PBT – metacognition, ‘steps to success’, practice in controlled conditions, growth mindsetRevision skills Info eveningLessons on effective study / revision skillsCurrent affairs: Picture News in Tutor Time	<ul style="list-style-type: none">FutureFest careers fairNext Steps AssemblyP16 ptions activity in PBTPost-16 Open EveningPost-16 Next Steps interviewPost-16 Taster DayBelonging in the workplace assemblies from Bradford College and Craven College, positive relationships at workFinance module in PBT – savings, insurance, pensions and financial planningPBT – Women in the world of work & Nat. Careers WeekPost-16 Induction Day (Summer term)	<ul style="list-style-type: none">Launch of extra-curricular timetableCore PE lessonsOne or more creative subjects – Art, Drama, Media, Technology, MusicSubjects you study that link to your interests	<ul style="list-style-type: none">PSHE lessons Term 1 – Relationship expectations, inter-personal communication, families & parenting, the psychology of attachmentPSHE lessons Term 2 – targeted advertising (scams), GP appointments, cancer checks, appearance ideals and AITaking part in self-care and mental health awareness PBT sessionsBelonging in society assemblies: Gambling and addiction	<ul style="list-style-type: none">Belonging in the UK assemblies: Black History month, anti-bullying week activitiesAssemblies: LGBTQ+ History month, Remembrance and the holocaustValues Presentations in tutor timeTopics studied in subjects e.g. History, RE, English, Geography	Year 11 are not in school during C&C week
In-school (organised by school)	<ul style="list-style-type: none">Donating items to the food bankCharities research in PBTPE lesson - hockey club fund raiserFundraising for charityChildren in NeedEco iLeader role/Litter-pickingCommunity iLeaderSupporting school events e.g. Open EveningOffering to help around schoolDofE service	<ul style="list-style-type: none">Any iLeader roleStudent / Sports CouncilPresentation given to the classParticipating in an assemblyDebating club/competitionsExploring debating websitesPerforming music/dramaDiscussion and debate in lessonsModel UN / DoFEHelping at school events such as Open Eve	<ul style="list-style-type: none">Independent research / extension work suggested by your teacherLessons on effective revision techniquesUK Maths challengeSubject-related clubs at school e.g. languages clubSubject-related trips and visits	<ul style="list-style-type: none">Careers links made in subject lessonsTrips and visits which are linked to careers and your futureVisitors to school who talk about their jobsCareers meeting/interview at parent eveningBooking a careers interview with the school careers advisor	<ul style="list-style-type: none">A creative or sport-repated options subject (GCSE)Attending an after-school club – Strategy Games, chess, D&DPlaying in a sports teamAttending a lunch time clubParticipating in the school drama production / Xmas concert / Creative Arts Evening / Battle of the BandsiLeader helping at a clubMusical instrument	<ul style="list-style-type: none">Lunchtime or after school sports clubArt/drama/music clubOther school club that you find relaxingQuiet room at lunchtime	<ul style="list-style-type: none">Topics studied in a variety of subjects e.g. history, REAnti-bullying i-LeaderDiversity iLeaderLGBT iLeaderSafe SpacePosters in D Floor / Armitage toilets giving advice and guidance about respect, equality and diversity	<ul style="list-style-type: none">Subject specific trips e.g. Bay of Naples (Geog)Visits to school by external speakersTrips and visits led by subjects e.g. Coutances exchangeKS4 Ski TripDrama residential
Out of school (organised yourself)	<ul style="list-style-type: none">Volunteering at local events / for local organisationsDonating clothes to charitySupporting local organisations such as Climate Action Ilkley, Ilkley Literature Festival or events at your local sports club	<ul style="list-style-type: none">Captain/vice-captain of a sports teamLeading a warm-up/coaching sessionScouts, Brownies, Guides, cadetsPerforming or presenting in public out of schoolEngaging in discussion and debate in an organised way online or in person	<ul style="list-style-type: none">Books & magazines you read out of schoolHigh-quality and informative websites/podcasts / films that challenge your thinkingTrips/visits which link to a subject eg. History	<ul style="list-style-type: none">Part-time jobEntrepreneurial activityVolunteering for local businesses/ organisations	<ul style="list-style-type: none">Local sports teamMember of a gym / Walking / biking / hikingAny out of school club e.g. Martial arts, danceSwimmingEnrichment activities e.g. paintingPlaying an instrumentPerforming in a band / cooking / musical / theatre	<ul style="list-style-type: none">Being a member of a gymBeing a member of a churchMeditationYoga classes, Taequondo, Tai ChiSupportive online groups you are part of that support mental health and wellbeingParticipating regularly in exercise	<ul style="list-style-type: none">Films, podcasts, books you have read that address the importance of respecting others.Organisations you support e.g. Amnesty International, Refugee ActionOrganisations or individuals you follow on Social Media e.g GretaWear a pride badge in support of LGBTQ+	<ul style="list-style-type: none">Holidays where you did ‘more than just relax’ such as activity holidays or a capital cityTrips to art galleries, the theatre, citiesAttending major sporting events

Year 12 Personal Development prompts & knowledge organiser 2025-26

Strand	1. Active Cit. & Community	2. Leadership & Influence	3. Scholarship & Curiosity	4. Next Steps & Careers	5. Sport, interests & Culture	6. Health & wellbeing	7. Respect, Equality & Diversity	8. Disc. & Adventure
CORE (all students) (Delivered in school)	<ul style="list-style-type: none">Charities week launch assemblyChildren in Need non-dress-code dayRaising money during Charities Week with your formRaising money for Children in NeedY12 Citizenship in PBT – voting, activism	<ul style="list-style-type: none">Leadership launch assemblyLeadership and Enrichment FayreGreat Speeches and TEd talks in PBTMoral Maze debating in tutor timePresentations in PBTPresentation given to your class	<ul style="list-style-type: none">Year 12 + 13 PBT Learner Curriculum –Independent study skills for P16, planning, personal organisation, the psychology of learning, cognitive load, working memory, sensory memory, encoding, retrieval, the Cornell methodPBT Lessons and Assemblies on effective study / revision skillsSpecialist subject-specific approaches to effective study integrated with subject curriculaSuper-curricular reading / podcasts etc. in tutor time	<ul style="list-style-type: none">FutureFest careers fairParticipating in Next Steps week (summer of Y12)Signing up for Open Days and university visits (from summer of y12)Y12 Finance module in PBT in term 3 – Employment, Basics of banking, gap years, Next Steps (Post mock exams)	<ul style="list-style-type: none">Launch of extra-curricular timetableCultural links within subjects studied at A level / BTEC – see Subject enrichment reading listsGreat Speeches in PBT	<ul style="list-style-type: none">Y12 PSHE What is the culture of IGS, forming friendships, social currency and attitudes, relationship values, building a positive self-imageY12 Health and wellbeing sessions in PBT – Driving and Travel safety	<ul style="list-style-type: none">Y12 PSHE Term 2 & 3 – Relationship equality, challenging violence, impact of pornography, substance misuse/abuse in relationships (inc. drink spiking), challenging discrimination, de-escalation, critical thinking skills in an online worldTopics across the range of A Level/BTEC subjects e.g. Sociology, Criminology etc.Belonging in the UK assemblies: Black Hist. Month, Remembrance, LGBTQ+ History month	<ul style="list-style-type: none">Participating in C&C week in Y12 – Paris, Berlin, Rome, Krakow, GenevaWork Experience during C&C weekNext Steps and university-related trips
In-school (organised by school)	<ul style="list-style-type: none">Any activity where you are raising money for charityDonating items to the food bankBecoming an iLeaderIGS News iLeader / Eco-iLeader / Community iLeaderSTEM iLeaderSupporting school events e.g. Open EveDofE service	<ul style="list-style-type: none">Any iLeader role incl. SLTSchool CouncilSubject mentoring / Peer-to-peer supportLeadership role in a school sports teamEPQ presentationSports Council / Sports Leader (qualification)Reading about Leadership in Wider reading bookletSupporting school eventsModel UN	<ul style="list-style-type: none">Independent researchSubject-related clubs at school e.g. languages clubSubject-related trips and visitsEPQ research and essayEssay competitionsUKMT Senior Maths challenge, British Physics OlympiadReading/listening/ watching something on the Subject Enhancement (Wider Reading)Ilkley Literature Festival	<ul style="list-style-type: none">Opportunities shared in the weekly powerpointArt/Photography careers iLeaderWork Experience as part of your course (H&S)WEx Enrichment optionCareers opportunities provided by subject areasAttending a conference (online or in person)	<ul style="list-style-type: none">Post-16 Social SportCreative/sporting subjects at A level/BTECPlaying for a school sports teamSchool production / Xmas concert / Creative Arts fest.Sports Leadership qualificationiLeader roles/Sports Council /Art/Photography clubiLeader / Battle of the Bands	<ul style="list-style-type: none">Gaining accreditation as a Mental Health iLeaderUsing self-care resources in the Personal Devt folderMental Health First Aid qualificationLunchtime/after school clubQuiet room at lunchtime	<ul style="list-style-type: none">Becoming a Diversity iLeaderModel UNAnti-bullying iLeaderLGBTQ+ safe space iLeaderPosters in D Floor / Armitage toilets giving advice and guidance about respect, equality and diversity	<ul style="list-style-type: none">ExchangesSubject-related tripsVisits by external speakersD of E tripsIngleborough Drama residentialKS5 Ski TripGeog- Iceland
Out of school (organised yourself)	<ul style="list-style-type: none">Raising money for charity e.g. marathonVolunteering / supporting community events e.g. Climate Action Ilkley / Ilkley Lit. Fest.Member of nat. charity/organisationVolunteering with scouts/guides/cadets/ Rainbows / cubsDonating to Food BankGoing to church	<ul style="list-style-type: none">Captain of a sports teamCoaching and refereeingScouts, brownies or guidesTaking a leading role in activities out of schoolLeadership or training role at work e.g. health and safetyPrivate teaching or tutoringPerforming or presenting in publicEngaging in discussion and debate in an organised way online or in person	<ul style="list-style-type: none">Books & magazines you read out of schoolHigh-quality and informative websites/podcasts / films / TEd Talks that challenge thinkingWatching online lecturesTrips/visits which link to a subject you study eg. HistoryReading/listening/ watching something on the Subject Enhancement listsIndependent researchMOOCs (Massive Open Online Courses)	<ul style="list-style-type: none">Applying for and/or securing a Part-time jobWEx of any kind (incl. online)Attending Open Day and visiting a universityConversation with someone you know and trust about their experience of workEntrepreneurial activityWider reading related to your chosen career pathGaining work-based qualifications e.g. lifeguarding, food hygiene	<ul style="list-style-type: none">Playing sport for a local teamWalking/hiking/ climbing /biking / marathon runningOut of school clubs – dance, martial arts, drama, art, creative writing, choirEnrichment activities at home e.g. paintingMusical instrumentIn a band, Youth OrchestrasCooking, church, Air Cadets, visiting Art GalleriesGaming/coding	<ul style="list-style-type: none">Member of a gymMember of a churchMeditation / Yoga classes, Taequondo, Tai ChiOnline groups supporting mental health and wellbeingRead self-help books & listen to podcastsCookingOnline MH support	<ul style="list-style-type: none">Films, podcasts, books addressing respect, equality and diversityOrganisations you support e.g. Amnesty International, Refugee ActionOrganisations or individuals on Social Media e.g. GretaAttending youth clubVolunteeringCustomer service at workJoining a political partyWear a pride badge in support of LGBTQ+	<ul style="list-style-type: none">Holidays where you did ‘more than just relax’Trips to Art Galleries, the theatre, major citiesAttending major sporting events

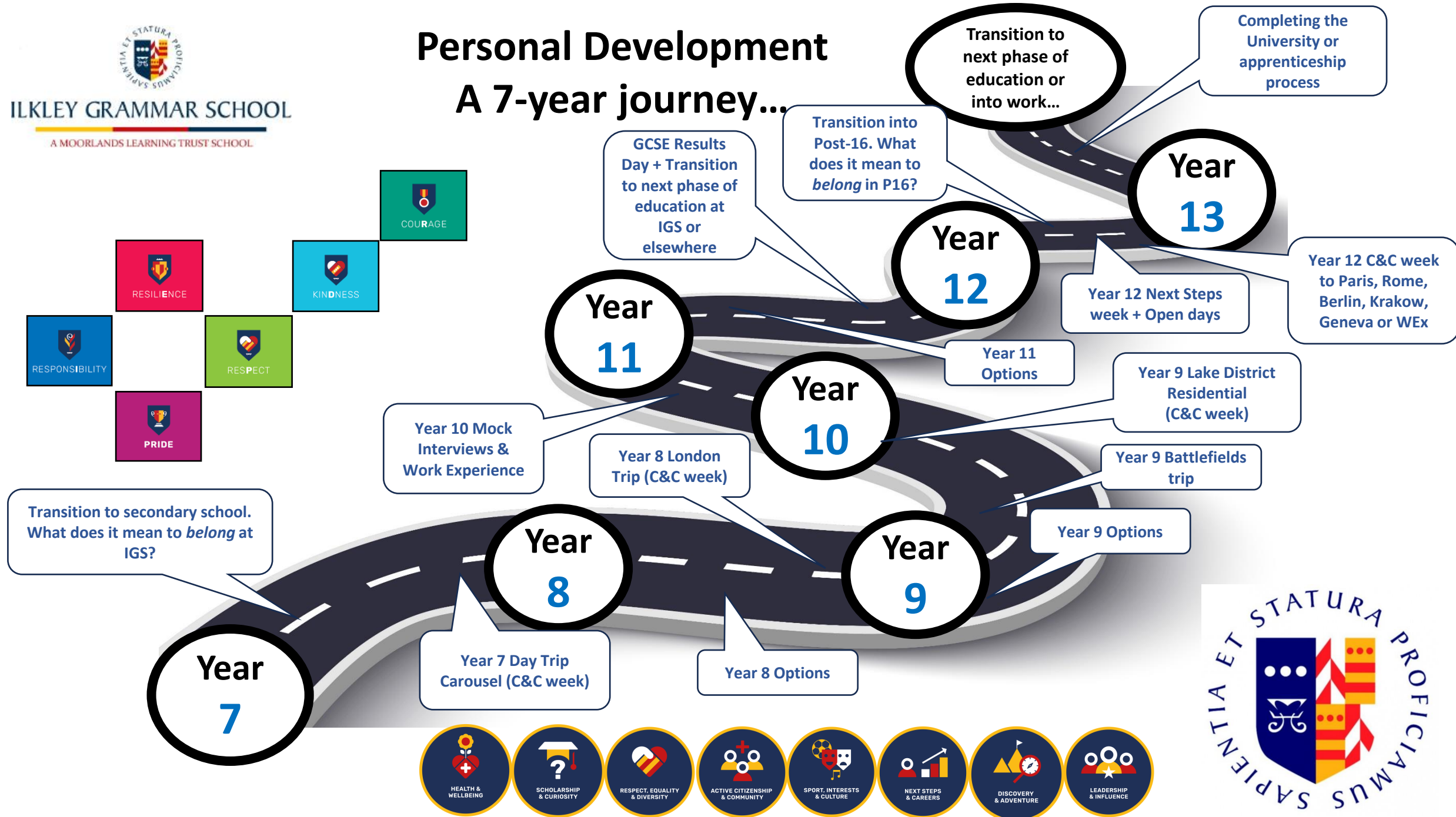
Year 13 Personal Development prompts & knowledge organiser 2025-26

Strand	1. Active Cit. & Community	2. Leadership & Influence	3. Scholarship & Curiosity	4. Next Steps & Careers	5. Sport, interests & Culture	6. Health & wellbeing	7. Respect, Equality & Diversity	8. Disc. & Adventure
CORE (all students) (Delivered in school)	<ul style="list-style-type: none">Charities week launch assemblyChildren in Need non-dress-code dayRaising money during Charities Week with your formRaising money for Children in NeedY13 Citizenship in PBT – Voting, politics and active democracy	<ul style="list-style-type: none">Leadership launch assemblyLeadership and Enrichment FayreGreat SpeechesMoral Maze debating in tutor timePresentations in PBTPresentation given to your classPSHE Y13 – Managing conflicting views	<ul style="list-style-type: none">Year 12 + 13 PBT Learner Curriculum – Independent study skills for P16, planning, personal organisation, the psychology of learning, cognitive load, working memory, sensory memory, encoding, retrieval, the Cornell methodPBT Lessons and Assemblies on effective study / revision skillsSpecialist subject-specific approaches to effective study integrated with subject curriculaSuper-curricular reading / podcasts etc	<ul style="list-style-type: none">FutureFest careers fairSigning up for Open Days and university visits (from summer of y12)Y13 PBT sessions in Term 2/3 – Preparation for life after IGS – preparing for a new way of studying, cooking independently, preparing for financial independence	<ul style="list-style-type: none">Launch of extra-curricular timetableCultural links within subjects studied at A level / BTEC – see Subject enrichment reading listsGreat Speeches in PBT	<ul style="list-style-type: none">Y13 PSHE Term 1 – Self-care + exams, work-life balance, substance abuse and stress, managing online presence, building professional relationships, impact of alcohol on relationships and careerY13 PBT – safety when independent – driving and travel safety, mental health, feeding yourself on a budget	<ul style="list-style-type: none">Y13 PSHE Term 2– Managing conflicting views, managing intimacy and ending romantic relationships, faith and culture in relationships, challenging toxic cultures, safety whilst independentTopics across the range of A Level/BTEC subjects e.g. Sociology, Criminology etc.Belonging in the UK assemblies: Black Hist. Month, Remembrance, LGBT History monthLife After IGS PBT sessions – Being a great flatmate	<ul style="list-style-type: none">Next Steps and university-related trips
In-school (organised by school)	<ul style="list-style-type: none">Any activity where you are raising money for charityDonating items to the food bankBecoming an iLeaderIGS News iLeader / Eco-iLeader / Community iLeaderSTEM iLeaderSupporting school events e.g. Open EveDofE service	<ul style="list-style-type: none">Any iLeader role incl. SLTSchool CouncilSubject mentoring / Peer-to-peer supportLeadership role in a school sports teamEPQ presentationSports Council / Sports Leader (qualification)Reading about Leadership in Wider reading bookletSupporting school eventsModel UN	<ul style="list-style-type: none">Independent researchSubject-related clubs at school e.g. languages clubSubject-related trips and visitsEPQ research and essayEssay competitionsUKMT Senior Maths challenge, British Physics OlympiadReading/listening/ watching something on the Subject Enhancement (Wider Reading)Ilkley Literature Festival	<ul style="list-style-type: none">Opportunities shared in the weekly powerpointArt/Photography careers iLeaderWork Experience as part of your course (H&S)WEx Enrichment optionCareers opportunities provided by subject areasAttending a conference (online or in person)	<ul style="list-style-type: none">Post-16 Social SportCreative/sporting subjects at A level/BTECPlaying for a school sports teamSchool production / Xmas concert / Creative Arts fest.Sports Leadership qualificationiLeader roles/Sports Council /Art/Photography clubiLeader / Battle of the Bands	<ul style="list-style-type: none">Gaining accreditation as a Mental Health iLeaderUsing self-care resources in the Personal Devt folderMental Health First Aid qualificationLunchtime/after school clubQuiet room at lunchtime	<ul style="list-style-type: none">Becoming a Diversity iLeaderModel UNAnti-bullying iLeaderLGBTQ+ safe space iLeaderPosters in D Floor / Armitage toilets giving advice and guidance about respect, equality and diversity	<ul style="list-style-type: none">ExchangesSubject-related tripsVisits by external speakersD of E tripsIngleborough Drama residentialKS5 Ski TripGeog- Iceland
Out of school (organised yourself)	<ul style="list-style-type: none">Raising money for charity e.g marathonVolunteering / supporting community events e.g. Climate Action Ilkley / Ilkley Lit. Fest.Member of nat. charity/organisationVolunteering with scouts/guides/cadets/ Rainbows / cubsDonating to Food BankGoing to church	<ul style="list-style-type: none">Captain of a sports teamCoaching and refereeingScouts, brownies or guidesTaking a leading role in activities out of schoolLeadership or training role at work e.g. health and safetyPrivate teaching or tutoringPerforming or presenting in publicEngaging in discussion and debate in an organised way online or in person	<ul style="list-style-type: none">Books & magazines you read out of schoolHigh-quality and informative websites/podcasts / films / TEd Talks that challenge thinkingWatching online lecturesTrips/visits which link to a subject you study eg. HistoryReading/listening/ watching something on the Subject Enhancement listsIndependent researchMOOCs (Massive Open Online Courses)	<ul style="list-style-type: none">Applying for and/or securing a Part-time jobWEx of any kind (incl. online)Attending Open Day and visiting a universityConversation with someone you know and trust about their experience of workEntrepreneurial activityWider reading related to your chosen career pathGaining work-based qualifications e.g. lifeguarding, food hygiene	<ul style="list-style-type: none">Playing sport for a local teamWalking/hiking/ climbing /biking / marathon runningOut of school clubs – dance, martial arts, drama, art, creative writing, choirEnrichment activities at home e.g. paintingMusical instrumentIn a band, Youth OrchestrasCooking, church, Air Cadets, visiting Art GalleriesGaming/coding	<ul style="list-style-type: none">Member of a gymMember of a churchMeditation / Yoga classes, Taequondo, Tai ChiOnline groups supporting mental health and wellbeingRead self-help books & listen to podcastsCookingOnline MH support	<ul style="list-style-type: none">Films, podcasts, books addressing respect, equality and diversityOrganisations you support e.g. Amnesty International, Refugee ActionOrganisations or individuals on Social Media e.g GretaAttending youth clubVolunteeringCustomer service at workJoining a political partyWear a pride badge in support of LGBTQ+	<ul style="list-style-type: none">Holidays where you did ‘more than just relax’Trips to Art Galleries, the theatre, major citiesAttending major sporting events

18. Personal Development Roadmaps 2025-26

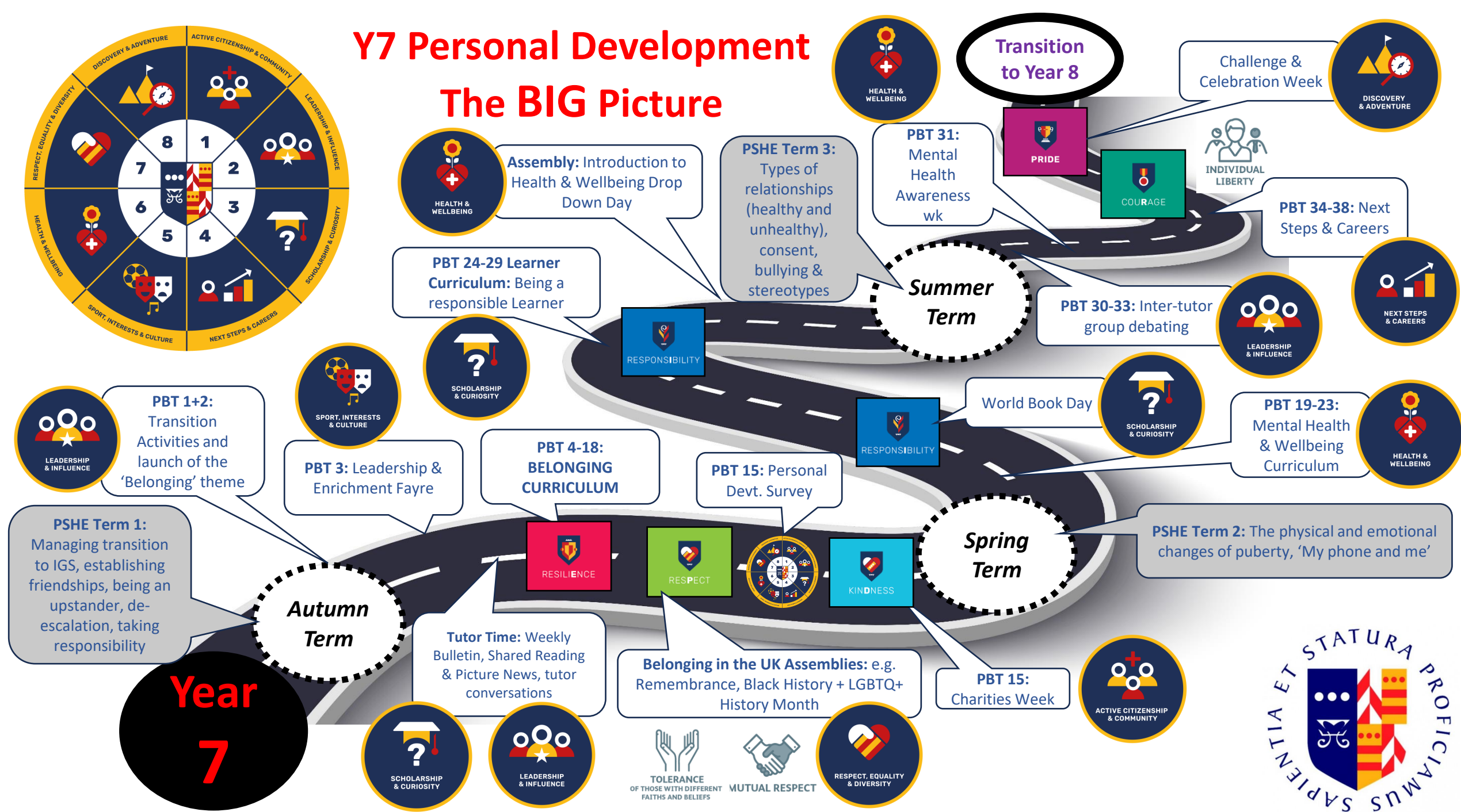


Personal Development A 7-year journey...

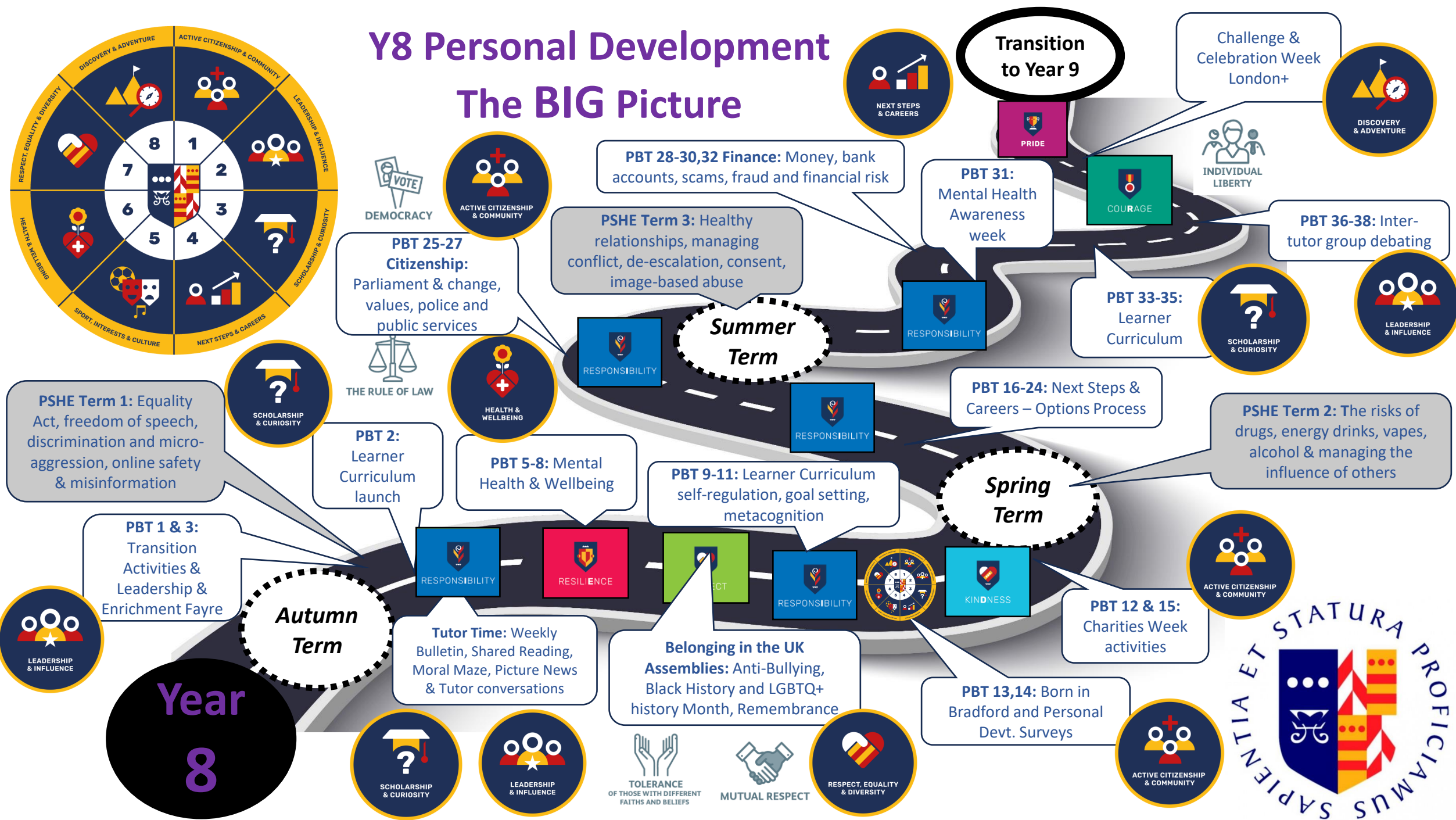


Y7 Personal Development

The BIG Picture

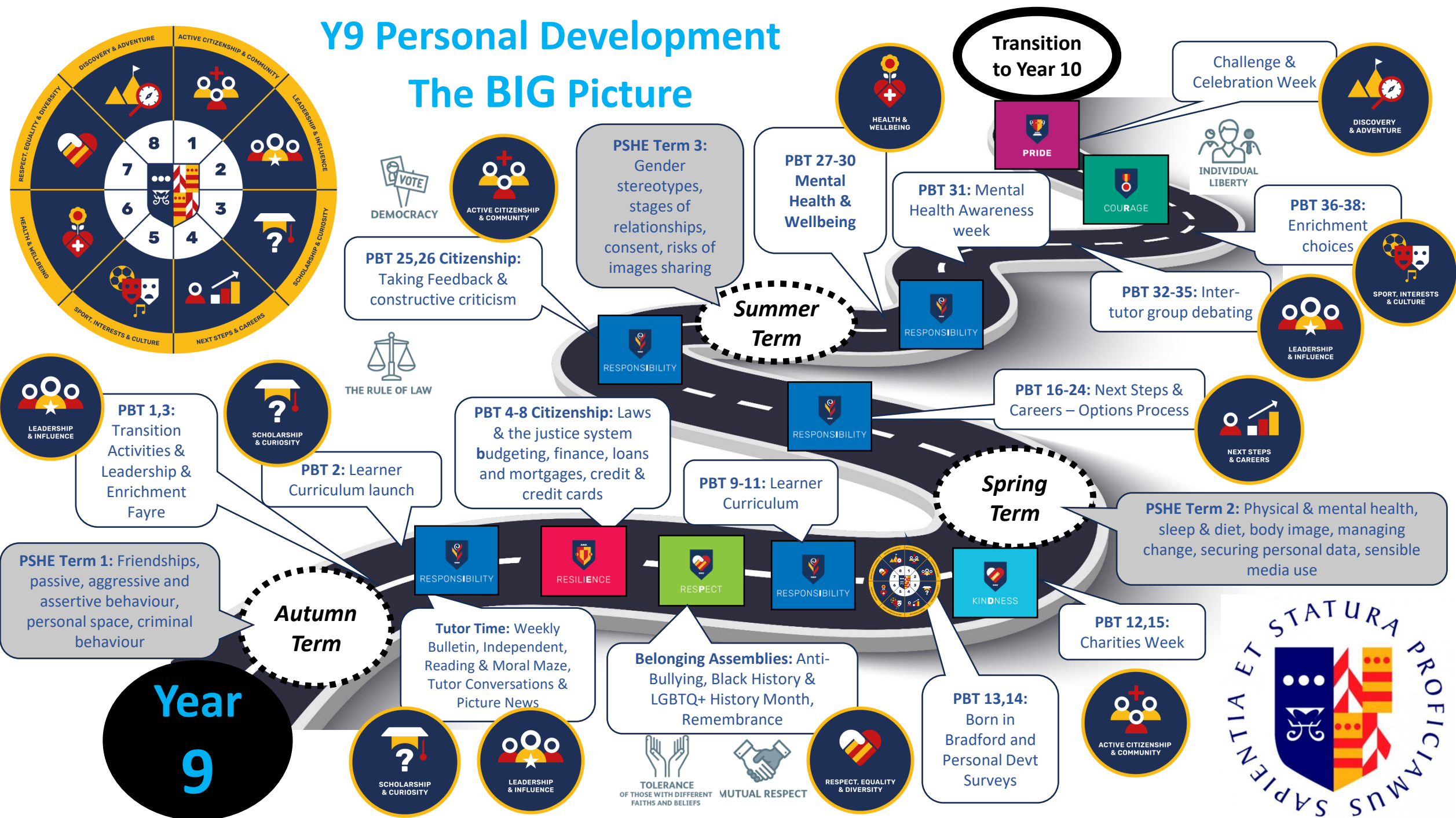


Y8 Personal Development The BIG Picture



Y9 Personal Development

The BIG Picture



Y10 Personal Development

The BIG Picture



PBT 19-21 Citizenship:
Democracy & Dictatorship, elections, the tripartite system



THE RULE OF LAW



PBT 22-25:
Learner Curriculum
How to revise



RESPONSIBILITY

PSHE Term 3:
Challenging toxic cultures, FGM and HBV, revenge behaviours, deep fakes, AI

PBT 26-29
Mental Health & Wellbeing

Transition to Year 11

PBT 31:
Mental Health Awareness week



COURAGE



INDIVIDUAL LIBERTY

PBT 36-37: Inter-tutor group debating



DISCOVERY & ADVENTURE



LEADERSHIP & INFLUENCE



SPORT, INTERESTS & CULTURE



NEXT STEPS & CAREERS

PBT 30+32: Next Steps – Mock Interviews

PBT 33,35:
Enrichment choices

Summer Term



RESPONSIBILITY

PBT 8-11:
Citizenship & Finance



RESPONSIBILITY

PBT 5-7: Learner Curriculum



RESPONSIBILITY

PBT 4: Mental Health & Wellbeing intro



HEALTH & WELLBEING

PBT 2: Learner Curriculum launch



SCHOLARSHIP & CURIOSITY

PBT 1,3: Transition Activities & Leadership & Enrichment Fayre

PSHE Term 1: The Equality Act & protected Characteristics, peer pressure, misinformation, friendship and conflict, online communities

Autumn Term

Tutor Time: Weekly Bulletin, Independent Reading & Moral Maze



SCHOLARSHIP & CURIOSITY



LEADERSHIP & INFLUENCE



TOLERANCE OF THOSE WITH DIFFERENT FAITHS AND BELIEFS



MUTUAL RESPECT



RESPECT, EQUALITY & DIVERSITY

Belonging Assemblies: Anti-Bullying, Black History & LGBTQ+ History Month & Remembrance

Spring Term



KINDNESS

PBT 12, 13,14: Active Citizenship, Born in Bradford & Personal Devt Surveys



ACTIVE CITIZENSHIP & COMMUNITY

Charities Week



ACTIVE CITIZENSHIP & COMMUNITY

PSHE Term 2: Influence of the media and social media, the psychology of behaviour, anger and emotion in relationships

PBT 15-18: Next Steps



Year 10

Y11 Personal Development

The BIG Picture



PBT 18-21 Next Steps: P16 applications, women in the workplace, pathway interviews



PBT 22-25 Cit/Finance: Democracy & Free press, the Commonwealth, the UN, savings, pensions, financial planning

PBT 26: Mental Health & Wellbeing

PSHE Term 3: Mental Health and managing stress during exams, revision

Transition to next stage

August 2026 – GCSE Results Day!

Y11 GCSE Study Leave weeks 31-39

PBT week 30: Y11 last day!



PBT 27-30: Learner Curriculum – Mock reflection & wellbeing focus



PBT 15-17: Learner Curriculum Mock Reflection & Target Setting

PSHE Term 2: Online manipulation, making GP appointments, cancer screening and self-examination, appearance ideals and AI

Charities Week



Spring Term

Weeks 11-12: Mock exams



PBT 8-11: Learner Curriculum

PBT 5-7: Mental Health & Wellbeing



PBT 4: Next Steps launch

Autumn Term

PBT 1,2,3: Transition Activities & Leadership & Enrichment Fayre + applications

PSHE Term 1: Expectations in long term relationships: family, fertility, pregnancy, parenting & de-escalation

Year 11



Tutor Time: Weekly Bulletin, Shared Reading & Moral Maze

Belonging assemblies: Anti-Bullying, Black History & LGBTQ+ History Month & Remembrance

PBT 13,14: Taster Day launch assembly & Personal Devt Survey



Y12 Personal Development

The BIG Picture



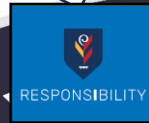
**Year
12**

PBT 1,3: Transition Activities & Leadership & Enrichment Fayre

PSHE Term 1: The IGS culture, making new friendships, social currency and attitudes, relationship values, self-image

Autumn Term

PBT 2 + 4-8: Learner Curriculum launch – transition into Y12

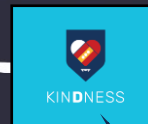


Tutor Time: Weekly Bulletin, TED Talks & Moral Maze, Super-curricular reading

PBT 9-12: Mental Health & Wellbeing



Belonging in the UK assemblies: Anti-Bullying, Black History and LGBTQ+ History Month & Remembrance



PBT 15: Charities Week

PBT 13,14: Charities week prep & Personal Devt Survey

Spring Term

PSHE Term 2: Relationship equality, challenging violence, sexual health, the impact of pornography, substance abuse, spiking,

PBT 16-19 Citizenship: Driving & Travel safety, voting & activism

PBT 20: Finances



PBT 31: Mental Health Awareness Week



PBT 32,35-36,38: Next Steps Week activities

Weeks 33,34: Mock exams

Challenge & Celebration Week



Transition to Year 13



PBT 27-30,37: Learner Curriculum: preparing for mocks + mock reflection

PSHE Term 3: My role in society, challenging discrimination, de-escalation strategies, critical thinking online

PBT 22-26: Next Steps curriculum launch



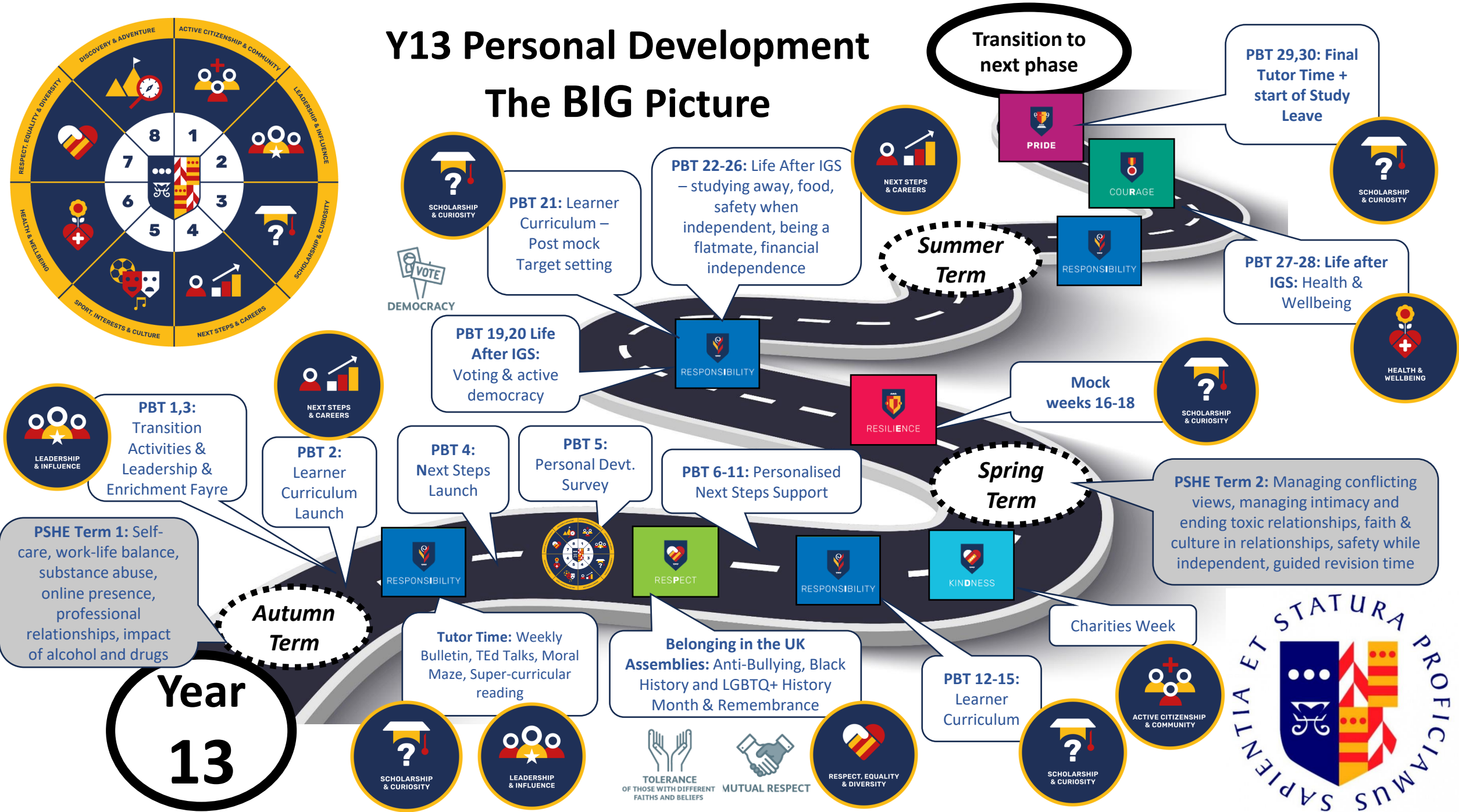
PBT 21: Learner Curriculum – Tutor folder checks



Summer Term



Y13 Personal Development The BIG Picture



19. From experiences to outcomes...

Experience of...	Knowledge, skills and experiences in these core areas...
Active Citizenship & Community	will enable students to be engaged with the world outside school and supportive of others
Leadership and Influence	will enable students to make a positive difference to the lives of others
Scholarship and Curiosity	will empower students to ensure that their learning is deep, durable and self-sustaining
Next Steps & Careers	will empower students to make informed decisions about their future
Health & Wellbeing	will enable students to be kind to themselves and to empathise with others
Sports, Interests & Culture	will enable students to specialise in areas where they have unique talents and also to gain a wider range of enriching experiences
Respect, Equality & Diversity (RED)	will make students to be more compassionate, understanding and tolerant of others
Discovery & Adventure	will give students a deeper insight into the world around them



These experiences will enable students to ***grow in wisdom and stature*** over time

20. Living our values...

Personal
Best Values

Moorlands
Learning Trust



- By showing **respect** for themselves, each other and their environment...
- By having the **courage** to speak up and to ask for help when they need it...
- By taking **responsibility** for their learning and for their actions...
- By being **kind** to themselves and to those they encounter each day..
- By showing and developing **resilience** when they face adversity...
- By being **proud** of who they are and of what they achieve...

Our students
will achieve their **Personal Best**,
will grow in **wisdom** and **stature**,
and will become ever stronger as individuals, enriching our
community



21. Statements aligning Personal Development to the IGS values...

1. Active Citizenship & Community

Through active citizenship and service, we show **kindness** for others and by taking action we are taking **responsibility** for making a positive difference to others. Sometimes active citizenship demands **courage** as we are standing up for what we believe in, which also requires **resilience**.

2. Leadership & Influence

By taking on positions of leadership **responsibility** as iLeaders, through sport or the School Council we will develop skills which will enable us to have a positive influence on the world around us. Effective leaders show **respect** for others by listening carefully to different points of view and show **kindness** by acting fairly and consistently towards those that we lead. Great leaders show **courage** by speaking up for those that don't have a voice and **resilience** when trying to resolve conflict. Leaders are also **proud** of the community and people they serve.

3. Scholarship & Curiosity

On our learning journeys at IGS we will have the opportunity to become ever more **confident**, **resilient** and **proud** of ourselves as effective learners and scholars. Every learning journey is unique and includes a unique combination of subjects, skills, knowledge and experience. If we read more widely, we will be taking greater **responsibility** for our learning. Deep and durable learning requires **resilience**, but this will also enable us to feel **proud** of what we achieve precisely because the process of learning is not always easy.

4. Next Steps & Careers

As we start to consider our next steps and possible careers, we start to take increasing **responsibility** for our decisions and show **resilience** and **courage** in the face of uncertainty or when required to move outside our comfort zone. We should all have the opportunity to feel **proud** of the informed choices we make and proud of the rich and varied destinations we secure.

5. Sport, Interests & Culture

Through engaging with sport, art and culture and in a wide range of other interests (in or out of school) we will be able to develop skills and gain valuable knowledge and experience that combine in a way that is unique and personal to each of us. These experiences and skills will often require us to show **resilience** and **courage** and to take **responsibility** for getting involved. These experiences will feed our characters and enrich our understanding of the richness and complexity of human relations.

6. Health & Wellbeing

As we learn more about the factors influencing our health and wellbeing, we will reflect on the range of choices we have and on the choices we make. We will need to **respect** ourselves as well as others and be **kind** to ourselves as well as others. We never know what life will throw at us and we therefore know that at times we will all need to be **resilient** and to have the **courage** to carry on in the face of adversity and to ask for help. We will increasingly take responsibility for our own health and wellbeing, having been provided with the right information about how to make informed choices.

7. Respect, Equality & Diversity

Over the course of our time at IGS we will learn the fundamental value of **Respect**, Equality and Diversity (RED). We will take **responsibility** for the impact of our words and actions on others and will understand the power and importance of **kindness** in all our interactions. Sometimes it will take **courage** to stand up for what is right in the face of peer pressure or to reach out for help and sometimes it will require **resilience** and patience while things start to improve.

8. Discovery & Adventure

We want to develop the confidence to be adventurous and to seek out new experiences and this requires having the **courage** to take a step into the unknown. We will feel **proud** of going outside our comfort zone and of therefore having the opportunity to grow as a person. By opening ourselves up to new experiences we will have the opportunity to develop insight into other cultures and in doing so to **respect** other cultures and countries because we understand them better.

As we move up through the school our activities will form a *web of experience* which will make us unique and therefore uniquely placed to make a positive difference to our own lives and the lives of others. Our community will become ever stronger as a result.

THE PERSONAL DEVELOPMENT WEB

