

PE Extra-Curricular Timetable 2025-26

IGS Weekly Sports Practice					
DAY	SPORT	YEAR	STAFF	VENUE	Time
Mon	Hockey girls and boys	All year groups	AJK	Ben Rhydding Astro	3.15 -4.30
	Dance	Y7,8 & 9	LA	Gym	3.15- 4.15
	Football Boys	Y9	AC	3G	3.15- 4.30
	Netball	Y10,11,12 & 13	FEA/KHA	Sports hall/courts	3.15- 4.15
	Football Girls	Y8 & 9	JL/CS	3G/Astro	3:15-4:30
	Football Boys	Y11	SP	Field	3.15- 4.30
Tue	Netball	Y8 & 9	FEA/KHA	Sports Hall/courts	3.15- 4.15
	Football Girls	Y7	RME/LV	3G/Astro	3.15-4.30
	Football Boys	Y10 & 6 th Form	RCB	Field	3.15- 4.30
	Rugby	Y 7 and 8	ACF	IRUFC	3.15- 4.50
	Basketball	ALL YEARS	CS	SH/LUNCH TIME	12.30- 13.10
Wed	Badminton	All years	CS	Sports Hall	2.30 -4.00
	Football Boys	Year 8	JL	3G/Astro	2.30 -4.00
	Rugby	Year 11 and 6 th form	ACF	IRUFC	2.30- 4.30
	Dodgeball	All years	CS	Gym LUNCH TIME	12.55-13.30
Thu	Girls Football	Y10 & 11	LV/PSN	3G/Astro	3.15- 4.30
	Football Boys	Y7	AE	3G/Astro	3.15- 4.30
	Dance	Y9 & 10	Sports Leader	Gym	3.15- 4.15
	Netball	Y7	RE/SB	Sports Hall/courts	3.15- 4.15
	Rugby	Y9 & 10	ACF	IRUFC	3.15- 4.50
	Tackle club Rugby	Y7 & 8	ACF	LUNCH TIME (Gym)	12.30-13.15
	Cross Country	All Years	JF/AJK/AE	Moors LUNCH TIME (Gym)	12.30-13.15
Fri					