

Post-16 1/3	Monday	Tuesday	Wednesday	Thursday	Friday
Main £3.00	Mediterranean Chicken Pasta Fresh basil and chicken chunks, in our home-made tomato sauce with Italian seasoning topped with mozzarella & served with garlic bread (gl)(mk)	Chilli Topped Nachos A favourite at IGS of slightly spicy homemade beef chilli on top of crunchy nachos, cheese, sour cream & salsa (mk)	Mac Loaded Fries French fries topped and loaded with burger bites, burger sauce ,cheese & an array of toppings (eg)(mst)(cel)(mk)	Greek Gyros Greek flavoured chicken, peppers and onions served with string fries in a folded naan bread. (gl)	Fish & Chips Battered fish fillets served with chips, beans or house salad. (fsh) (gl) Chicken Popcorn & Chips Spiced chicken bites server with chips, beans or sweetcorn (gl)(cel)(eg)
Veggie & Vegan £3.00	Mediterranean Vegetable Pasta Courgettes, peppers in our homemade tomato sauce with Italian seasoning topped with mozzarella & served with garlic bread (gl)(mk)	Quorn Chilli Nachos A favourite at IGS of slightly spicy homemade Quorn chilli on top of crunchy nachos , cheese, sour cream & salsa (mk)	Mac Loaded Veggie Fries French fries topped and loaded with meatless burger bites, burger sauce ,cheese & an array of toppings (eg)(mst)(cel)(mk)	Halloumi Gyros Greek flavoured halloumi, peppers and onions served with string fries in a folded naan bread. (gl)(mk)	Vegan Nuggets & Chips Vegan nuggets served with chips, beans or house salad. (gl) (v) (ve)
Build Your Own £3.00	Please See Specials Board	Please See Specials Board	Please See Specials Board	Please See Specials Board	Please See Specials Board



Post-16 2/3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main £3.00	Butchers Hot Dogs Butchers hotdogs served in a soft roll with criss-cuts fries and sweetcorn (gl)(sd)	"Taco Tuesday" Our take on tasty tacos! Filled with deliciously flavoured mince and a choice of toppings! (see board for allergies)	Chorizo Mac & Cheese A twist on mac & cheese with a spicy addition of chorizo pieces and garlic bread (mk)(gl)	Sticky Hot Honey Chicken Noodles Noodles served with chicken glazed with a sticky hot honey , red onion, bean sprouts, grated carrot and a spring roll. (gl)(soy)(sd)(cel)	Fish Butty & Chips Battered fish fillets served in a soft bap with chips, beans or house salad (fsh) (gl) Chicken Nuggets & Chips Spiced chicken nuggets served with chips, beans or sweetcorn
Veggie & Vegan £3.00	Veggie Hotdogs Vegetarian hotdogs served in a soft roll with criss- cuts fries and sweetcorn (gl)	" Taco Tuesday" Our take on tasty tacos! Filled with deliciously flavoured mince and a choice of toppings! (see board for allergies)	Mac & Cheese A twist on mac & cheese with a spicy addition of chorizo pieces and garlic bread (gl)(mk)	Hot Honey Noodles Noodles served with red onion, bean sprouts, grated carrot in a hot honey glaze and a spring roll. (gl)(soy)(sd)(cel)	Vegan Nuggets & Chips Vegan nuggets served with chips, beans or house salad (gl) (v) (ve)
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Post-16 3/3	Monday	Tuesday	Wednesday	Thursday	Friday
Main £3.00	Tandoori Chicken Kebab Tandoori flavoured chicken kebabs, served with Pitta bread & salad (gl)	Meatball Pasta Bake Italian style meatballs in our homemade tomato sauce served with garlic bread (gl)	Chinese Chicken Curry Chicken chunks poached in a Chinese curry sauce, with peas and served with fluffy rice (gl)(mst)	Chicken & Stuffing Baguettes Chicken fillets and freshly made stuffing inside a crunchy baguette with seasonal vegetables and gravy (gl)	Fish & Chips Battered fish fillets served with chips, beans or house salad (fsh) (gl) Chicken Goujons & Chips Spiced chicken goujons served with chips, beans or sweetcorn (gl)(cel)
Veggie & Vegan £3.00	Tandoori Halloumi Kebab Tandoori flavoured Halloumi kebabs, served with Pitta bread & salad (gl)(mk)	Veggie Meatball Pasta Bake Vegetable meatballs in our homemade tomato sauce served with garlic bread (gl)	Chinese Halloumi Curry Halloumi chunks poached in a Chinese curry sauce, with peas and served with fluffy rice (gl)(mst)(eg)	Cauliflower Bites & Stuffing Baguettes Cauliflower bites and freshly made stuffing inside a crunchy baguette with seasonal vegetables and gravy (gl)	Vegan Nuggets & Chips Vegan nuggets served with chips, beans or house salad (gl) (v) (ve)
Build Your Own £3.00	Please see specials board	Please see specials board	Please see specials board	Please see specials board	Please see specials board

