

| Armitage<br>1/3                           | Monday                                                                                                                                                   | Tuesday                                                                                                                                                  | Wednesday                                                                                                                                | Thursday                                                                                                                                                        | Friday                                                                                                                                                |
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| <b>Main</b><br><b>£2.90</b>               | <b>Steak Pastry Slice</b><br>Individual steak slices oven baked and served with ruff puff potato bites & peas<br>(gl)(mk)(soy)                           | <b>Chicken Fried Rice</b><br>Simple but tasty chicken fried with egg fried rice, soy sauce and peas.<br>(gl)(soy)(eg)                                    | <b>Pulled Pork Pretzel Burger</b><br>Slow cooked, pulled and seasoned with BBQ sauce served in a pretzel un with corn on the cob<br>(gl) | <b>Sausage &amp; Mash</b><br>Butchers sausages served with creamy mashed potatoes and peas<br>(gl)(mk)(sd)                                                      | <b>Fish &amp; Chips</b><br>Battered fish fillets served with chips, beans, sweetcorn or mushy peas<br>(fsh) (gl)                                      |
| <b>Veggie &amp; Vegan</b><br><b>£2.90</b> | <b>Cheese &amp; Onion Pastry Slice</b><br>Individual cheese & onion pies oven baked and served with ruff puff potato bites & peas<br>(gl)(mk)(mst)(soy)  | <b>Quorn Fried Rice</b><br>Simple but tasty Quorn fried with egg fried rice, soy sauce and peas.<br>(gl)(soy)(eg)                                        | <b>Pulled BBQ Jackfruit</b><br>Pulled jackfruit seasoned with BBQ sauce served in a pretzel bun with corn on the cob<br>(gl)             | <b>Veggie Sausage &amp; Mash</b><br>Vegetarian sausages served with creamy mashed potatoes and peas<br>(gl)(mk)(sd)(soy)                                        | <b>Cauliflower Bites &amp; Chips</b><br>Crunchy and spicy cauliflower bites oven cooked and served with chips, beans or sweetcorn                     |
| <b>Grab &amp; Go</b><br><b>£2.90</b>      | <b>Tonato &amp; Mozzarella Pasta</b><br>Classic homemade tomato sauce mixed with penne pasta topped with cheese and served with garlic bread<br>(gl)(mk) | <b>Assorted Panini Bar</b><br>Oven baked panini rolls filled with a selection of fillings served with side salad & tortilla chips<br>(ask for allergies) | <b>Roasted Med Veg Pasta</b><br>Slow roasted vegetables in our homemade tomato sauce mixed with pasta, served with garlic bread<br>(gl)  | <b>Roasted Vegetable &amp; Goats Cheese Pasta</b><br>Slow roasted vegetables and creamy goats cheese mixed with our homemade tomato sauce and pasta<br>(gl)(mk) | <b>Southern Fried Chicken Goujons &amp; Chips</b><br>Southern spiced chicken goujons oven baked and served with chips, beans or sweetcorn<br>(gl)cel) |

| Armitage<br>2/3                           | Monday                                                                                                                       | Tuesday                                                                                                                                               | Wednesday                                                                                                                                                   | Thursday                                                                                                                                               | Friday                                                                                                                                                 |
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| <b>Main</b><br><b>£2.90</b>               | <b>Pepperoni Pizza</b><br>Pizza bases topped with our homemade pizza sauce and delicious toppings, sides & slaw<br>(gl)(mk)  | <b>Beef Chilli Nachos</b><br>A favourite at IGS of slightly spicy homemade beef chilli on top of crunchy nachos, cheese, sour cream & salsa<br>(mk)   | <b>Baby Back Ribs &amp; Slaw</b><br>Slow cooked ribs in a tangy BBQ sauce served with corn, salad and slaw                                                  | <b>Chicken Kofta Kati Roll</b><br>Spicy chicken mince mixed with rice served in a soft tortilla wrap alongside with slaw & vegetable cous cous<br>(gl) | <b>Fish &amp; Chips</b><br>Battered fish fillets served with chips, beans, sweetcorn or mushy peas<br>(fsh) (gl)                                       |
| <b>Veggie &amp; Vegan</b><br><b>£2.90</b> | <b>Margherita Pizza</b><br>Pizza bases topped with our homemade pizza sauce and delicious toppings, sides & slaw<br>(gl)(mk) | <b>Quorn Chilli Nachos</b><br>A favourite at IGS of slightly spicy homemade Quorn chilli on top of crunchy nachos, cheese, sour cream & salsa<br>(mk) | <b>Tomato &amp; Roasted Veg Pasta</b><br>Roasted mediterranean vegetables in our homemade tomato pasta, fusilli pasta and garlic bread<br>(gl)              | <b>Panner Kati Roll</b><br>Spicy halloumi mixed with rice served in a soft tortilla wrap alongside with slaw & vegetable cous cous<br>(gl)(mk)         | <b>Veggie Dippers &amp; Chips</b><br>Vegetable nuggets served with chips. Choose from beans or sweetcorn.<br>(gl) (v) (ve)                             |
| <b>Grab &amp; Go</b><br><b>£2.90</b>      | <b>Ham Pizza</b><br>Pizza bases topped with our homemade pizza sauce and delicious toppings, sides & slaw<br>(gl)(mk)        | <b>Maccaroni Cheese</b><br>A classic pasta dish macaroni pasta served in our homemade creamy cheese sauce & served with garlic bread<br>(gl)(mk)      | <b>CBL Baguettes</b><br>Roasted chicken slices, bacon and lettuce, mayo, & served in a wholemeal baguette, served with a side of tortilla chips<br>(gl)(eg) | <b>Creamy Paprika Chicken Pasta</b><br>Homemade creamy paprika sauce mixed with pasta twists oven baked and served with garlic bread<br>(gl)(mk)       | <b>Southern Fried Chicken Goujons &amp; Chips</b><br>Southern spiced chicken goujons oven baked and served with chips, beans or sweetcorn<br>(gl)(cel) |

| Armitage<br>3/3                           | Monday                                                                                                                                                                                     | Tuesday                                                                                                                                                  | Wednesday                                                                                                                                                                      | Thursday                                                                                                                                                                                           | Friday                                                                                                                                                               |
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| <b>Main</b><br><b>£2.90</b>               | <b>Meatball Subs</b><br>Italian style meatballs served in a sub roll with a saide salad and slaw<br>(gl)(mk)                                                                               | <b>Chicken Biryani</b><br>Originated form south Asia, made from all fresh ingredients to make this delicate chicken & rice<br>(gl)(mk)(mst)(cel)(soy)    | <b>Chicken Tikka Balti</b><br>Try this packed full of flavour bhuna curry, with tomatoes, fresh ginger and garlic. Served with onion bhaji and rice<br>(gl)(mk)(mst)(cel)(soy) | <b>Chicken Yorkshire Burrito</b><br>Large Yorkshire puddings stuffed with chicken & stuffing oven baked served with potatoes and seasonal vegetables<br>(gl)(eg)(mk)(sd)                           | <b>Fish &amp; Chips</b><br>Battered fish served with chips, beans or sweetcorn topped off with our homemade tartare sauce.<br>(fsh) (eg) (gl)                        |
| <b>Veggie &amp; Vegan</b><br><b>£2.90</b> | <b>Veggie Meatball Subs</b><br>Italian style veggie meatballs served in a sub roll with a side salad and slaw<br>(gl)(soy)                                                                 | <b>Cauliflower Tikka Flatbread</b><br>Tikka spiced cauliflower kebabs served in a folded naan bread & spicy slaw<br>(gl)(mst)(eg)                        | <b>Dahl Balti</b><br>Try this packed full of flavour bhuna curry, with tomatoes, fresh ginger and garlic. Served with onion bhaji and rice<br>(gl)(mk)(mst)(cel)(soy)          | <b>Butternut Squash Yorkshire Burrito</b><br>Large Yorkshire puddings stuffed with roasted butternut squash & stuffing oven baked served with potatoes and seasonal vegetables<br>(gl)(eg)(mk)(sd) | <b>Halloumi Flatbread</b><br>Halloumi slices served in a warm flatbread served with chips, beans or sweetcorn<br>(gl)(mk)                                            |
| <b>Grab &amp; Go</b><br><b>£2.90</b>      | <b>Romani Deli Special</b><br>Flatbreads filled with slices of delicious salami, ham, cheese, gherkins and salad with a side of tortilla chips and sweetcorn relish salad<br>(gl)(mk)(mst) | <b>Assorted Panini Bar</b><br>Oven baked panini rolls filled with a selection of fillings served with side salad & tortilla chips<br>(ask for allergies) | <b>Chicken Tikka Flatbread</b><br>Tikka spiced chicken kababs served in folded naans and spicy slaw<br>(gl)(mst)(egg)                                                          | <b>Assorted Panini Bar</b><br>Oven baked panini rolls filled with a selection of fillings served with side salad & tortilla chips<br>(ask for allergies)                                           | <b>Southern Fried Chicken Flatbread</b><br>Southern spiced chicken goujons oven baked in a warm flatbread and served with chips, beans or sweetcorn<br>(gl)(cel)(mk) |

